

Karlströmcup 2016

KC Delt 4 Åsätra

Ny Bana 0,000 Km

KC 2016-05-28

Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
Elit								
1	255	Jesper Johansson	Elit	5	1:36:18.829	2 [38:50.755]	3 [57:28.074]	Botkyrka MK
2	919	Martin Granqvist	Elit	5	1:37:21.875	2 [39:12.660]	3 [58:09.215]	Botkyrka MK
3	60	Christoffer Wiss	Elit	5	1:38:19.562	2 [39:15.425]	3 [59:04.137]	Botkyrka MK
DNS	291	Richard Alun	Elit	0		0 []	0 []	Göta MS
Junior								
1	295	Dennis Putkuri	Junior	5	1:36:22.346	2 [38:48.417]	3 [57:33.929]	Folkare Mk
2	51	Robin Wiss	Junior	5	1:40:11.119	2 [39:59.995]	3 [1:00:11.124]	Botkyrka MK
3	278	David Holmqvist	Junior	5	1:50:32.911	2 [43:26.302]	3 [1:07:06.609]	Örbyhus MCK
4	92	Rasmus Sjöberg	Junior	5	1:50:59.043	2 [44:46.682]	3 [1:06:12.361]	Göta MS
5	980	Tobias Lindbom	Junior	5	1:51:16.051	2 [45:06.700]	3 [1:06:09.351]	Mälareö MCK
6	202	Joakim Prepula	Junior	5	1:54:30.844	2 [45:07.295]	3 [1:09:23.549]	SMK Ockelbo
7	54	Emil Johansson	Junior	4	1:20:17.759	2 [39:56.457]	2 [40:21.302]	Åsätra MK
8	55	Ludvig Putkuri	Junior	4	1:30:03.014	2 [42:51.544]	2 [47:11.470]	Folkare Mk
9	649	Martin Grönslett	Junior	3	1:04:38.021	2 [42:54.268]	1 [21:43.753]	SMK Södermanland
10	775	Robin Holmberg	Junior	2	1:02:35.575	1 [30:59.298]	1 [31:36.277]	MK Orion
Motion 16-39								
1	989	Jan Nevala	Motion 16-39	4	1:20:21.555	2 [39:23.937]	2 [40:57.618]	Hedeby MCK
2	47	Peter Bysell	Motion 16-39	4	1:24:19.702	2 [40:42.222]	2 [43:37.480]	Göta MS
3	774	Anders Wallenqvist	Motion 16-39	4	1:26:00.647	2 [43:15.521]	2 [42:45.126]	Göta MS
4	589	Dan Eriksson	Motion 16-39	4	1:27:22.315	2 [43:04.696]	2 [44:17.619]	Åsätra MK
5	470	Niklas Ahlén	Motion 16-39	4	1:27:30.103	2 [44:09.131]	2 [43:20.972]	Mälareö MCK
6	175	Tomas Fagerlind	Motion 16-39	4	1:27:31.839	2 [43:16.518]	2 [44:15.321]	Göta MS
7	1236	Tommie Tonqvist	Motion 16-39	4	1:27:57.789	2 [43:40.780]	2 [44:17.009]	Åsätra MK
8	437	Andreas Gustavsson	Motion 16-39	4	1:28:12.348	2 [44:32.041]	2 [43:40.307]	MSK Skinnskatteberg
9	273	Peter Ingvaldsson	Motion 16-39	4	1:28:21.481	2 [44:34.293]	2 [43:47.188]	Åsätra MK
10	630	Johan Wallin	Motion 16-39	4	1:28:38.205	2 [44:16.081]	2 [44:22.124]	Örbyhus MCK
11	432	Daniel Jansson	Motion 16-39	4	1:29:09.500	2 [44:34.302]	2 [44:35.198]	Västerås MK
12	468	Robin Jansson	Motion 16-39	4	1:32:07.795	2 [46:21.152]	2 [45:46.643]	Örbyhus MCK
13	265	Lars Jonsson	Motion 16-39	4	1:33:25.975	2 [45:58.722]	2 [47:27.253]	Botkyrka MK
14	567	Johan Knutsson	Motion 16-39	4	1:33:32.028	2 [47:01.895]	2 [46:30.133]	Örbyhus MCK
15	813	Urban Andersson	Motion 16-39	4	1:34:45.217	2 [47:26.165]	2 [47:19.052]	Kolsva MS
16	883	Joakim Gustavsson	Motion 16-39	4	1:36:18.696	2 [48:29.197]	2 [47:49.499]	Botkyrka MK
17	701	Robin Røjmarker	Motion 16-39	4	1:36:32.471	2 [49:04.323]	2 [47:28.148]	Uppsala MK
18	785	Anton Eriksson	Motion 16-39	4	1:37:23.610	2 [47:25.252]	2 [49:58.358]	Göta MS
19	1154	Vincent Lavender	Motion 16-39	4	1:38:07.172	2 [48:28.218]	2 [49:38.954]	Hedeby MCK
20	1	Joakim Zetterberg	Motion 16-39	4	1:38:09.265	2 [48:16.229]	2 [49:53.036]	Göta MS
21	115	Martin Sjellin	Motion 16-39	4	1:38:52.857	2 [47:39.955]	2 [51:12.902]	Göta MS
22	910	Roger Zällh	Motion 16-39	4	1:39:20.884	2 [50:35.632]	2 [48:45.252]	Botkyrka MK
23	615	Dennis Jordell	Motion 16-39	4	1:39:38.467	2 [50:10.226]	2 [49:28.241]	Botkyrka MK
24	792	Niklas Källström	Motion 16-39	4	1:40:05.202	2 [50:22.582]	2 [49:42.620]	Uppsala MK
25	780	Marcus Holmström	Motion 16-39	4	1:40:35.469	2 [49:18.716]	2 [51:16.753]	Täby MK
26	892	Anton Wahlström	Motion 16-39	4	1:41:14.065	2 [49:45.469]	2 [51:28.596]	Botkyrka MK
27	932	Henrik Övragård	Motion 16-39	4	1:43:18.573	2 [52:12.011]	2 [51:06.562]	SMK Uppsala
28	997	Tomas Eriksson	Motion 16-39	4	1:43:38.920	2 [51:47.646]	2 [51:51.274]	Täby MK

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Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
29	820	Paul Wood	Motion 16-39	4	1:45:48.314	2 [50:53.731]	2 [54:54.583]	Fagersta Norberg EK
30	186	Jesper Högdahl	Motion 16-39	4	1:46:12.523	2 [53:46.481]	2 [52:26.042]	Täby MK
31	521	Stefan Karlsson	Motion 16-39	4	1:48:15.393	2 [52:24.925]	2 [55:50.468]	Östhammars MK
32	723	Mikael Grönlund	Motion 16-39	4	1:48:18.253	2 [53:28.868]	2 [54:49.385]	Gnesta MK
33	510	Patrick Andersson	Motion 16-39	4	1:48:33.136	2 [52:59.355]	2 [55:33.781]	Uppsala MCK
34	349	Oscar Söderman	Motion 16-39	4	1:52:59.469	2 [56:12.978]	2 [56:46.491]	Arlanda MC
35	185	Jonas Jonzon	Motion 16-39	4	1:55:20.347	2 [57:48.069]	2 [57:32.278]	Uppsala MK
36	513	Magnus Martinell	Motion 16-39	4	1:59:50.715	2 [54:13.407]	2 [1:05:37.308]	Sala MSK
37	85	Markus Jansson	Motion 16-39	4	2:00:57.913	2 [59:56.323]	2 [1:01:01.590]	Åbågen MCK
38	583	Danne Hörner	Motion 16-39	3	1:30:29.926	2 [59:07.985]	1 [31:21.941]	Västerås MK
39	384	Andreas Lopenen	Motion 16-39	3	1:39:21.117	2 [1:02:25.721]	1 [36:55.396]	Täby MK
40	378	Ted Oscarsson	Motion 16-39	2	42:25.967	2 [42:25.967]	0 [0.000]	AMF Södertälje
41	262	Henrik Sivermalm	Motion 16-39	2	44:03.244	2 [44:03.244]	0 [0.000]	Åsätra MK
42	479	Kalle Jofs	Motion 16-39	2	50:57.518	2 [50:57.518]	0 []	Åsätra MK
43	726	Filip Hanning	Motion 16-39	2	51:48.068	2 [51:48.068]	0 [0.000]	Göta MS
44	787	Joel Eriksson	Motion 16-39	2	53:50.180	2 [53:50.180]	0 []	Göta MS
45	556	Per Oskarsson	Motion 16-39	2	57:21.455	2 [57:21.455]	0 []	Gnesta MK
46	283	Patrik Gustafsson	Motion 16-39	2	58:17.450	2 [58:17.450]	0 []	AMF Södertälje
47	1119	Daniel Andersson	Motion 16-39	2	1:03:04.437	1 [30:34.972]	1 [32:29.465]	Göta MS
48	547	Marcus Bouveng	Motion 16-39	2	1:06:30.886	2 [1:06:30.886]	0 []	Rasbo MK
49	303	Jeff Eriksson	Motion 16-39	1	24:46.084	1 [24:46.084]	0 []	Östhammars MK
50	540	Markus Andersson	Motion 16-39	1	30:06.498	1 [30:06.498]	0 []	Täby MK

Motion 40-49

1	346	Jonas Svensson	Motion 40-49	4	1:23:34.184	2 [41:44.019]	2 [41:50.165]	Östhammars MK
2	256	Örjan Brink	Motion 40-49	4	1:24:53.006	2 [42:13.989]	2 [42:39.017]	Göta MS
3	197	Fredrik Westerlund	Motion 40-49	4	1:29:02.057	2 [43:18.842]	2 [45:43.215]	MK Orion
4	497	Joakim Köping	Motion 40-49	4	1:29:33.546	2 [44:51.221]	2 [44:42.325]	FMCK Stockholm
5	138	Mattias Eriksson	Motion 40-49	4	1:29:40.007	2 [44:36.967]	2 [45:03.040]	Örbyhus MCK
6	213	Ove Johansson	Motion 40-49	4	1:30:13.289	2 [44:50.318]	2 [45:22.971]	Åsätra MK
7	561	Per Westman	Motion 40-49	4	1:30:30.132	2 [45:09.759]	2 [45:20.373]	Göta MS
8	218	Johan Werner	Motion 40-49	4	1:31:13.416	2 [45:14.666]	2 [45:58.750]	FMCK Stockholm
9	707	Peter Petersson	Motion 40-49	4	1:31:33.564	2 [45:34.456]	2 [45:59.108]	Åsätra MK
10	367	Lennart Söderström	Motion 40-49	4	1:32:49.283	2 [46:39.199]	2 [46:10.084]	MSK Skinnkatteberg
11	61	Krister Hansson	Motion 40-49	4	1:33:00.586	2 [46:55.849]	2 [46:04.737]	Botkyrka MK
12	887	Kent Söderberg	Motion 40-49	4	1:33:39.577	2 [46:17.010]	2 [47:22.567]	Mälare MCK
13	789	Mattias Lööf	Motion 40-49	4	1:33:58.474	2 [47:25.065]	2 [46:33.409]	Rasbo MK
14	529	Mats Karlsson	Motion 40-49	4	1:34:12.926	2 [46:47.494]	2 [47:25.432]	Uppsala MK
15	207	Stefan Hedström	Motion 40-49	4	1:34:14.899	2 [45:51.869]	2 [48:23.030]	Åsätra MK
16	358	Anders Elm	Motion 40-49	4	1:35:20.228	2 [47:29.271]	2 [47:50.957]	Östhammars MK
17	778	Peo Luttermann	Motion 40-49	4	1:35:29.598	2 [46:43.637]	2 [48:45.961]	Nord Syd MK
18	68	Kenneth Lindroth	Motion 40-49	4	1:36:42.591	2 [48:29.837]	2 [48:12.754]	Botkyrka MK
19	541	Jonas Thörn	Motion 40-49	4	1:38:50.393	2 [48:35.413]	2 [50:14.980]	Botkyrka MK
20	370	Kjell Andersson	Motion 40-49	4	1:38:54.160	2 [48:00.150]	2 [50:54.010]	Östhammars MK
21	444	Joakim Persson	Motion 40-49	4	1:38:58.046	2 [49:44.360]	2 [49:13.686]	Åsätra MK
22	645	Mats Hugdahl	Motion 40-49	4	1:40:24.165	2 [49:40.536]	2 [50:43.629]	
23	452	Jan Lindroth	Motion 40-49	4	1:41:12.006	2 [50:17.061]	2 [50:54.945]	Åsätra MK
24	103	Göran Höglund	Motion 40-49	4	1:41:45.803	2 [51:22.700]	2 [50:23.103]	Häninge MK

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Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
25	212	Johan Nyman	Motion 40-49	4	1:42:24.396	2 [50:36.553]	2 [51:47.843]	Åsätra MK
26	102	Daniel Othén	Motion 40-49	4	1:43:54.163	2 [52:09.223]	2 [51:44.940]	Göta MS
27	671	Conny Rask	Motion 40-49	4	1:45:43.143	2 [52:09.404]	2 [53:33.739]	SMK Södermanland
28	142	Ove Forselius	Motion 40-49	4	1:53:08.249	2 [54:48.223]	2 [58:20.026]	Göta MS
29	682	Roger Holmqvist	Motion 40-49	4	2:06:07.833	2 [59:35.317]	2 [1:06:32.516]	MK Orion
30	236	Johan Persson	Motion 40-49	3	1:14:44.138	2 [47:34.283]	1 [27:09.855]	Järva MK
31	654	Örjan Jonsson	Motion 40-49	3	1:31:40.787	2 [57:54.798]	1 [33:45.989]	Mälardalens EK
32	169	Henrick Wallin	Motion 40-49	3	1:36:29.399	2 [1:04:16.140]	1 [32:13.259]	Åbågen MCK
33	375	Fredrik Abrahamsson	Motion 40-49	2	45:16.670	2 [45:16.670]	0 [0.000]	Åsätra MK
34	243	Fredrik Törning	Motion 40-49	2	46:15.720	2 [46:15.720]	0 []	Åsätra MK
DNF	259	Per Jansson	Motion 40-49	0	0.000	0 [0.000]	0 []	Bollnäs MK

Motion 50-65

1	200	Roland Eriksson	Motion 50-65	4	1:22:39.183	2 [41:14.677]	2 [41:24.506]	UVMK
2	476	Kjell Rangdal	Motion 50-65	4	1:24:42.117	2 [41:49.142]	2 [42:52.975]	Botkyrka MK
3	317	Lars-Erik Hult	Motion 50-65	4	1:28:13.032	2 [44:15.017]	2 [43:58.015]	Bollnäs MK
4	285	Göran Wallén	Motion 50-65	4	1:28:17.778	2 [43:21.526]	2 [44:56.252]	Åsätra MK
5	489	Stefan Corander	Motion 50-65	4	1:28:23.606	2 [43:29.135]	2 [44:54.471]	FMCK Stockholm
6	140	Niklas Elofsson	Motion 50-65	4	1:29:16.268	2 [44:26.425]	2 [44:49.843]	Åsätra MK
7	503	Robert Nyberg	Motion 50-65	4	1:29:48.427	2 [45:14.201]	2 [44:34.226]	FMCK Stockholm
8	715	Leif Johansson	Motion 50-65	4	1:30:34.527	2 [45:12.025]	2 [45:22.502]	Uppsala MK
9	143	Per Björk	Motion 50-65	4	1:31:15.954	2 [45:19.118]	2 [45:56.836]	Göta MS
10	250	Niclas Fredholm	Motion 50-65	4	1:31:40.176	2 [45:24.925]	2 [46:15.251]	Mälare MCK
11	424	Mikael Strand	Motion 50-65	4	1:32:32.395	2 [45:56.459]	2 [46:35.936]	Uppsala MCK
12	1280	Herbert Delfs	Motion 50-65	4	1:33:33.006	2 [46:53.436]	2 [46:39.570]	Åsätra MK
13	1382	Tord Wigren	Motion 50-65	4	1:34:09.590	2 [47:00.721]	2 [47:08.869]	SMK Ockelbo
14	163	Mårten Hultgren	Motion 50-65	4	1:34:29.723	2 [47:16.615]	2 [47:13.108]	FMCK Stockholm
15	451	Björn Gottschalk	Motion 50-65	4	1:34:38.551	2 [47:06.155]	2 [47:32.396]	SMK Uppsala
16	133	Lars Carlsson	Motion 50-65	4	1:35:09.001	2 [47:43.746]	2 [47:25.255]	Botkyrka MK
17	504	Stefan Lindskog	Motion 50-65	4	1:35:20.059	2 [47:31.562]	2 [47:48.497]	FMCK Stockholm
18	917	Erik Kallin	Motion 50-65	4	1:36:56.027	2 [48:18.548]	2 [48:37.479]	Åsätra MK
19	522	Ulf Wahlund	Motion 50-65	4	1:37:59.514	2 [48:29.452]	2 [49:30.062]	MK Orion
20	827	Niklas Möller	Motion 50-65	4	1:38:04.697	2 [48:44.701]	2 [49:19.996]	Göta MS
21	423	Peter Stjernström	Motion 50-65	4	1:38:53.122	2 [49:14.816]	2 [49:38.306]	SMK Södermanland
22	318	Erik Foselius	Motion 50-65	4	1:39:44.979	2 [48:32.572]	2 [51:12.407]	Göta MS
23	486	Åke Törnqvist	Motion 50-65	4	1:39:58.325	2 [49:57.962]	2 [50:00.363]	AMF Södertälje
24	66	Stefan Knutsson	Motion 50-65	4	1:42:32.773	2 [49:59.165]	2 [52:33.608]	Göta MS
25	413	Peter Engström	Motion 50-65	4	1:43:19.049	2 [51:05.793]	2 [52:13.256]	Åsätra MK
26	911	Martin Sundqvist	Motion 50-65	4	1:44:02.746	2 [50:51.549]	2 [53:11.197]	Åsätra MK
27	543	Åke Ljungström	Motion 50-65	4	1:47:02.578	2 [53:01.153]	2 [54:01.425]	Sala MSK
28	426	Håkan Sjöman	Motion 50-65	4	1:51:53.176	2 [55:04.053]	2 [56:49.123]	Åsätra MK
29	389	Jan Ryngmo	Motion 50-65	4	2:33:31.271	2 [1:06:50.817]	2 [1:26:40.454]	Uppsala MCK
30	12	Johan Lager	Motion 50-65	3	1:10:36.942	2 [47:17.551]	1 [23:19.391]	Göta MS
31	269	Janne Eklöf	Motion 50-65	3	1:32:21.076	2 [1:00:17.847]	1 [32:03.229]	Haninge MK
32	757	Per Andersson	Motion 50-65	3	1:47:11.503	2 [1:12:09.102]	1 [35:02.401]	Östhammars MK
33	464	Torbjörn Ekenstam	Motion 50-65	3	1:47:33.099	1 [31:26.353]	2 [1:16:06.746]	FMCK Stockholm
34	4	Johan Hallberg	Motion 50-65	2	46:40.520	2 [46:40.520]	0 []	Göta MS
DNF	742	Thomas Narding	Motion 50-65	0	0.000	0 [0.000]	0 []	Åsätra MK

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Motion 65+								
1	599	Janne Ramstedt	Motion 65+	4	1:49:10.552	2 [53:30.291]	2 [55:40.261]	FME Sverige
2	721	Yngve Höglund	Motion 65+	3	1:47:53.958	2 [1:07:51.797]	1 [40:02.161]	Sala MSK
3	500	Nils Johansson	Motion 65+	1	44:20.892	1 [44:20.892]	0 []	Åsätra MK
Senior								
1	1121	Robert Forsell	Senior	5	1:37:36.484	2 [38:57.465]	3 [58:39.019]	Järva MK
2	293	Marcus Olsen	Senior	5	1:39:53.526	2 [39:15.276]	3 [1:00:38.250]	AMF Södertälje
3	210	Charlie Wiklund	Senior	5	1:41:58.024	2 [40:21.652]	3 [1:01:36.372]	SMK Ockelbo
4	534	Peter Ramström	Senior	5	1:43:41.309	2 [41:17.897]	3 [1:02:23.412]	
5	108	Jonas Wallén	Senior	5	1:44:25.338	2 [41:16.128]	3 [1:03:09.210]	FMCK Stockholm
6	722	Tobias Engström	Senior	5	1:45:52.424	2 [42:24.402]	3 [1:03:28.022]	Åsätra MK
7	199	Fredrik Tegman	Senior	5	1:47:33.599	2 [42:23.467]	3 [1:05:10.132]	FMCK Stockholm
8	304	Patrik Andersson	Senior	5	1:48:17.362	2 [43:20.792]	3 [1:04:56.570]	Östhammars MK
9	341	Guy Utter	Senior	5	1:50:13.421	2 [43:54.656]	3 [1:06:18.765]	FMCK Stockholm
10	773	Samuel Zetterberg	Senior	5	1:50:22.102	2 [44:36.083]	3 [1:05:46.019]	Göta MS
11	224	Markus Blom	Senior	5	1:50:52.069	2 [44:08.172]	3 [1:06:43.897]	SMK Ockelbo
12	811	Robin Gustafsson	Senior	5	1:50:56.253	2 [44:26.783]	3 [1:06:29.470]	Göta MS
13	270	Jan Karlsson	Senior	5	1:56:21.875	2 [45:25.280]	3 [1:10:56.595]	MK Orion
14	31	Johan Gadnert	Senior	5	1:57:58.005	2 [46:22.763]	3 [1:11:35.242]	Åsätra MK
15	924	Magnus Eriksson	Senior	4	1:26:11.480	2 [43:03.805]	2 [43:07.675]	Göta MS
16	998	Thomas Steinwender	Senior	4	1:33:08.224	2 [45:41.537]	2 [47:26.687]	Åsätra MK
17	206	Niklas Palm	Senior	1	20:31.646	1 [20:31.646]	0 []	Göta MS
Tjej								
1	311	Emma Wennbom	Tjej	4	1:45:01.956	2 [54:41.971]	2 [50:19.985]	Göta MS
2	511	Sofia Lindgren	Tjej	4	1:48:36.301	2 [57:06.888]	2 [51:29.413]	Åsätra MK
3	415	Christina Flinge Björsner	Tjej	4	2:36:29.094	2 [1:14:07.183]	2 [1:22:21.911]	Täby MK
4	420	Camilla Blomberg	Tjej	3	2:40:10.462	2 [1:55:06.005]	1 [45:04.457]	Täby MK