

# Karlströmcup 2016

KC Delt 6 Torstuna

Ny Bana 0,000 Km

KC 2016-08-13

Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
<b>Elit</b>								
1	10	Fredrik Johansson	Elit	5	1:24:48.801	2 [33:15.596]	3 [51:33.205]	Botkyrka MK
2	255	Jesper Johansson	Elit	5	1:26:49.295	2 [34:21.159]	3 [52:28.136]	Botkyrka MK
3	291	Richard Alun	Elit	5	1:29:50.997	2 [35:32.411]	3 [54:18.586]	Göta MS
4	919	Martin Granqvist	Elit	5	1:31:10.012	2 [35:44.079]	3 [55:25.933]	Botkyrka MK
5	60	Christoffer Wiss	Elit	5	1:32:19.516	2 [36:23.604]	3 [55:55.912]	Botkyrka MK
<b>Junior</b>								
1	51	Robin Wiss	Junior	5	1:30:47.442	2 [35:52.803]	3 [54:54.639]	Botkyrka MK
2	92	Rasmus Sjöberg	Junior	5	1:34:08.989	2 [37:22.643]	3 [56:46.346]	Göta MS
3	53	Tim Johansson	Junior	5	1:36:13.284	2 [37:30.330]	3 [58:42.954]	Åsätra MK
4	107	Fredrik Jarveby	Junior	5	1:39:10.274	2 [38:08.401]	3 [1:01:01.873]	SMK Vingåker
5	202	Joakim Prepula	Junior	5	1:40:12.996	2 [38:55.999]	3 [1:01:16.997]	SMK Ockelbo
6	649	Martin Grönslett	Junior	5	1:43:27.322	2 [40:55.327]	3 [1:02:31.995]	SMK Södermanland
7	393	Oskar Eriksson	Junior	5	1:43:29.918	2 [40:18.642]	3 [1:03:11.276]	Uppsala MK
8	980	Tobias Lindbom	Junior	5	1:44:41.092	2 [40:53.323]	3 [1:03:47.769]	Mälareö MCK
9	981	Anton Edin	Junior	4	1:25:48.453	2 [42:19.806]	2 [43:28.647]	Göta MS
<b>Motion 16-39</b>								
1	47	Peter Bysell	Motion 16-39	4	1:15:09.561	2 [37:46.609]	2 [37:22.952]	Göta MS
2	662	Thomas Gillsson	Motion 16-39	4	1:18:12.025	2 [40:00.502]	2 [38:11.523]	SMK Södermanland
3	989	Jan Nevala	Motion 16-39	4	1:18:36.700	2 [40:34.610]	2 [38:02.090]	Hedeby MCK
4	774	Anders Wallenqvist	Motion 16-39	4	1:22:46.367	2 [41:45.602]	2 [41:00.765]	Göta MS
5	630	Johan Wallin	Motion 16-39	4	1:23:29.420	2 [41:07.527]	2 [42:21.893]	Örbyhus MCK
6	432	Daniel Jansson	Motion 16-39	4	1:24:50.285	2 [43:07.458]	2 [41:42.827]	Västerås MK
7	280	Gustav Arvidsson	Motion 16-39	4	1:25:05.467	2 [42:20.434]	2 [42:45.033]	Uppsala MK
8	1236	Tommie Tonqvist	Motion 16-39	4	1:25:06.148	2 [41:27.366]	2 [43:38.782]	Åsätra MK
9	204	Adrian Blomfeldt	Motion 16-39	4	1:26:16.273	2 [42:51.393]	2 [43:24.880]	Örbyhus MCK
10	813	Urban Andersson	Motion 16-39	4	1:28:04.323	2 [43:54.324]	2 [44:09.999]	Kolsva MS
11	470	Niklas Ahlén	Motion 16-39	4	1:29:49.514	2 [44:14.532]	2 [45:34.982]	Mälareö MCK
12	977	Rickard Persson	Motion 16-39	4	1:29:59.048	2 [45:37.822]	2 [44:21.226]	Hogdals MK
13	567	Johan Knutsson	Motion 16-39	4	1:30:38.814	2 [46:07.475]	2 [44:31.339]	Örbyhus MCK
14	912	Kalle Lindén	Motion 16-39	4	1:31:53.057	2 [46:28.862]	2 [45:24.195]	Hogdals MK
15	468	Robin Jansson	Motion 16-39	4	1:32:21.722	2 [43:40.744]	2 [48:40.978]	Örbyhus MCK
16	437	Andreas Gustavsson	Motion 16-39	4	1:32:35.738	2 [44:37.443]	2 [47:58.295]	MSK Skinnskatteberg
17	175	Tomas Fagerlind	Motion 16-39	4	1:32:39.578	2 [46:16.362]	2 [46:23.216]	Göta MS
18	770	Fredrik Lindberg	Motion 16-39	4	1:32:46.909	2 [47:48.828]	2 [44:58.081]	Göta MS
19	574	Jimmy Tannegård	Motion 16-39	4	1:33:10.723	2 [47:10.563]	2 [46:00.160]	Botkyrka MK
20	78	Dick Taxén	Motion 16-39	4	1:35:00.259	2 [49:35.488]	2 [45:24.771]	Sala MSK
21	731	Jimmy Österberg	Motion 16-39	4	1:35:25.352	2 [46:04.581]	2 [49:20.771]	Nynäshamn MCK
22	43	Christian Söderholm	Motion 16-39	4	1:35:31.875	2 [47:56.273]	2 [47:35.602]	Sala MSK
23	1	Joakim Zetterberg	Motion 16-39	4	1:35:32.771	2 [47:50.080]	2 [47:42.691]	Göta MS
24	853	Kristian Måfors	Motion 16-39	4	1:36:02.994	2 [46:22.150]	2 [49:40.844]	Göta MS
25	1154	Vincent Lavender	Motion 16-39	4	1:37:04.502	2 [47:58.014]	2 [49:06.488]	Hedeby MCK
26	726	Filip Hanning	Motion 16-39	4	1:39:26.406	2 [50:50.991]	2 [48:35.415]	Göta MS
27	785	Anton Eriksson	Motion 16-39	4	1:40:05.985	2 [50:23.755]	2 [49:42.230]	Göta MS
28	462	Daniel Uddling	Motion 16-39	4	1:40:15.751	2 [47:47.093]	2 [52:28.658]	Göta MS

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Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
29	615	Dennis Jordell	Motion 16-39	4	1:40:34.838	2 [51:10.184]	2 [49:24.654]	Botkyrka MK
30	94	Rasmus Ädel	Motion 16-39	4	1:41:09.689	2 [53:18.942]	2 [47:50.747]	AMF Årsunda
31	214	Benny Väliste	Motion 16-39	4	1:41:12.974	2 [50:11.057]	2 [51:01.917]	Göta MS
32	591	Andreas Äblad	Motion 16-39	4	1:41:45.696	2 [52:28.725]	2 [49:16.971]	Västerås MK
33	1119	Daniel Andersson	Motion 16-39	4	1:43:01.841	2 [50:50.352]	2 [52:11.489]	Göta MS
34	700	Jimmy Oscarsson	Motion 16-39	4	1:46:11.346	2 [54:16.351]	2 [51:54.995]	Hogdals MK
35	780	Marcus Holmström	Motion 16-39	4	1:46:48.671	2 [54:40.076]	2 [52:08.595]	Täby MK
36	115	Martin Sjölin	Motion 16-39	4	1:47:04.666	2 [51:54.859]	2 [55:09.807]	Göta MS
37	589	Dan Eriksson	Motion 16-39	4	1:51:18.974	2 [42:55.223]	2 [1:08:23.751]	Åsätra MK
38	376	Patrik Fransén	Motion 16-39	4	1:53:18.956	2 [59:42.667]	2 [53:36.289]	Uppsala MK
39	820	Paul Wood	Motion 16-39	4	1:53:46.834	2 [54:37.754]	2 [59:09.080]	Fagersta Norberg EK
40	723	Mikael Grönlund	Motion 16-39	4	1:55:36.721	2 [1:04:05.140]	2 [51:31.581]	Gnesta MK
41	521	Stefan Karlsson	Motion 16-39	4	1:57:09.182	2 [1:02:11.721]	2 [54:57.461]	Östhammars MK
42	296	Simon Persson	Motion 16-39	4	2:04:55.217	2 [1:05:05.922]	2 [59:49.295]	Örbyhus MCK
43	149	Douglas Danfors	Motion 16-39	3	1:05:47.981	1 [21:45.775]	2 [44:02.206]	Hedebý MCK
44	17	Robin Berg	Motion 16-39	3	1:06:02.889	2 [44:17.981]	1 [21:44.908]	SMK Södermanland
45	787	Joel Eriksson	Motion 16-39	3	1:20:32.102	1 [33:15.025]	2 [47:17.077]	Göta MS
46	719	Martin Holmström	Motion 16-39	3	1:26:30.865	1 [28:08.585]	2 [58:22.280]	Täby MK
47	398	Dick Svallbring	Motion 16-39	3	1:33:09.547	2 [50:33.277]	1 [42:36.270]	SMK Södermanland
48	85	Markus Jansson	Motion 16-39	3	2:07:32.941	1 [37:30.478]	2 [1:30:02.463]	Åbågen MCK
49	384	Andreas Loponen	Motion 16-39	3	2:20:19.730	1 [49:51.379]	2 [1:30:28.351]	Täby MK
50	298	Kristoffer Gustafsson	Motion 16-39	2	46:21.990	1 [24:42.585]	1 [21:39.405]	Uppsala MK
51	387	Jacob Fredholm	Motion 16-39	2	52:51.694	2 [52:51.694]	0 []	Mälärö MCK
52	7	Dario Krajcinovic	Motion 16-39	2	53:45.729	2 [53:45.729]	0 []	SMK Södermanland
53	701	Robin Røjmarker	Motion 16-39	2	56:16.310	2 [56:16.310]	0 []	Uppsala MK
54	710	Linus Burman	Motion 16-39	1	35:23.617	1 [35:23.617]	0 []	Östhammars MK
DNF	730	Sebastian Karlsson	Motion 16-39	0	0.000	0 [0.000]	0 []	Västerås MK

## Motion 40-49

1	256	Örjan Brink	Motion 40-49	4	1:15:47.991	2 [38:13.903]	2 [37:34.088]	Göta MS
2	146	Jimmy Byzell	Motion 40-49	4	1:19:52.875	2 [39:56.285]	2 [39:56.590]	Göta MS
3	259	Per Jansson	Motion 40-49	4	1:23:21.518	2 [41:02.165]	2 [42:19.353]	Bollnäs MK
4	307	Christer Andersson	Motion 40-49	4	1:26:57.070	2 [43:22.886]	2 [43:34.184]	Göta MS
5	138	Mattias Eriksson	Motion 40-49	4	1:28:13.468	2 [43:52.867]	2 [44:20.601]	Örbyhus MCK
6	254	Mats Nilsson	Motion 40-49	4	1:29:13.509	2 [43:09.883]	2 [46:03.626]	FMCK Strängnäs
7	213	Ove Johansson	Motion 40-49	4	1:30:07.255	2 [45:25.985]	2 [44:41.270]	Åsätra MK
8	375	Fredrik Abrahamsson	Motion 40-49	4	1:30:34.496	2 [45:01.271]	2 [45:33.225]	Åsätra MK
9	691	Mikael Kivelä	Motion 40-49	4	1:30:59.937	2 [42:57.358]	2 [48:02.579]	Göta MS
10	197	Fredrik Westerlund	Motion 40-49	4	1:31:11.246	2 [44:04.470]	2 [47:06.776]	MK Orion
11	145	Ulf Wisell	Motion 40-49	4	1:32:01.574	2 [45:51.835]	2 [46:09.739]	MK Orion
12	103	Göran Höglund	Motion 40-49	4	1:32:34.634	2 [46:25.165]	2 [46:09.469]	Haninge MK
13	218	Johan Werner	Motion 40-49	4	1:32:37.789	2 [46:25.714]	2 [46:12.075]	FMCK Stockholm
14	828	Jimmy Nordh	Motion 40-49	4	1:32:49.677	2 [45:06.068]	2 [47:43.609]	MK Orion
15	68	Kenneth Lindroth	Motion 40-49	4	1:33:33.005	2 [46:03.429]	2 [47:29.576]	Botkyrka MK
16	61	Krister Hansson	Motion 40-49	4	1:34:52.664	2 [47:48.287]	2 [47:04.377]	Botkyrka MK
17	778	Peo Lutterman	Motion 40-49	4	1:34:54.858	2 [46:40.351]	2 [48:14.507]	Nord Syd MK
18	561	Per Westman	Motion 40-49	4	1:38:23.810	2 [49:16.987]	2 [49:06.823]	Göta MS
19	887	Kent Söderberg	Motion 40-49	4	1:38:37.733	2 [46:56.258]	2 [51:41.475]	Mälärö MCK

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Pos	Nr.	Namn	Klass	Varv	Total Tid	R1.	R2.	Club
20	370	Kjell Andersson	Motion 40-49	4	1:40:13.975	2 [48:19.297]	2 [51:54.678]	Östhammars MK
21	645	Mats Hugdahl	Motion 40-49	4	1:40:53.904	2 [51:55.211]	2 [48:58.693]	
22	212	Johan Nyman	Motion 40-49	4	1:47:09.553	2 [54:12.478]	2 [52:57.075]	Åsätra MK
23	452	Jan Lindroth	Motion 40-49	4	1:47:33.827	2 [53:57.271]	2 [53:36.556]	Åsätra MK
24	102	Daniel Othén	Motion 40-49	4	1:52:52.139	2 [57:02.972]	2 [55:49.167]	Göta MS
25	142	Ove Forselius	Motion 40-49	4	1:54:31.812	2 [58:17.620]	2 [56:14.192]	Göta MS
26	196	Henrik Wikström	Motion 40-49	4	1:55:38.934	2 [58:40.818]	2 [56:58.116]	FMCK Stockholm
27	122	Stefan Roll	Motion 40-49	3	1:17:51.884	2 [52:19.131]	1 [25:32.753]	Åsätra MK
28	672	Markus Salmela	Motion 40-49	3	1:27:38.714	2 [56:23.839]	1 [31:14.875]	Uppsala MCK
29	237	Johan Svensson	Motion 40-49	2	56:37.066	2 [56:37.066]	0 []	Göta MS
30	169	Henrick Wallin	Motion 40-49	2	1:13:48.765	1 [39:15.418]	1 [34:33.347]	Åbägen MCK
31	682	Roger Holmqvist	Motion 40-49	2	1:29:17.233	1 [48:19.234]	1 [40:57.999]	MK Orion
32	257	Jonas Hasselgren	Motion 40-49	1	26:09.046	1 [26:09.046]	0 []	SMK Södermanland
33	654	Örjan Jonsson	Motion 40-49	1	39:59.293	1 [39:59.293]	0 [0.000]	Mälardalens EK
34	363	Erik Linder	Motion 40-49	0	0.000	0 []	0 []	Göta MS
35	87	Mattias Ullenius	Motion 40-49	0	0.000	0 []	0 []	Åsätra MK

## Motion 50-65

1	476	Kjell Rangdal	Motion 50-65	4	1:19:41.109	2 [39:14.283]	2 [40:26.826]	Botkyrka MK
2	362	Per Eklundh	Motion 50-65	4	1:21:33.097	2 [39:50.702]	2 [41:42.395]	Sala MSK
3	200	Roland Eriksson	Motion 50-65	4	1:22:09.349	2 [39:57.084]	2 [42:12.265]	UVMK
4	317	Lars-Erik Hult	Motion 50-65	4	1:23:05.777	2 [41:38.526]	2 [41:27.251]	Bollnäs MK
5	332	Johan Norlin	Motion 50-65	4	1:23:50.253	2 [42:10.349]	2 [41:39.904]	Göta MS
6	4	Johan Hallberg	Motion 50-65	4	1:24:21.265	2 [40:58.108]	2 [43:23.157]	Göta MS
7	140	Niklas Elofsson	Motion 50-65	4	1:24:31.553	2 [41:55.971]	2 [42:35.582]	Åsätra MK
8	360	Johan Jansson	Motion 50-65	4	1:24:52.218	2 [42:12.786]	2 [42:39.432]	Örbyhus MCK
9	8	Christian Kronnäs	Motion 50-65	4	1:26:04.615	2 [42:22.885]	2 [43:41.730]	AMF Södertälje
10	250	Niclas Fredholm	Motion 50-65	4	1:26:17.346	2 [42:17.749]	2 [43:59.597]	Mälarö MCK
11	715	Leif Johansson	Motion 50-65	4	1:26:29.053	2 [42:41.508]	2 [43:47.545]	Uppsala MK
12	143	Per Björk	Motion 50-65	4	1:27:18.051	2 [44:16.638]	2 [43:01.413]	Göta MS
13	371	Klas Björk	Motion 50-65	4	1:28:39.035	2 [43:09.845]	2 [45:29.190]	Göta MS
14	504	Stefan Lindskog	Motion 50-65	4	1:29:14.302	2 [44:28.177]	2 [44:46.125]	FMCK Stockholm
15	163	Mårten Hultgren	Motion 50-65	4	1:31:32.595	2 [46:56.286]	2 [44:36.309]	FMCK Stockholm
16	419	Ulf Löfgren	Motion 50-65	4	1:33:21.314	2 [45:34.965]	2 [47:46.349]	Uppsala MK
17	126	Torbjörn Andersson	Motion 50-65	4	1:33:22.114	2 [45:33.370]	2 [47:48.744]	MSK Skinnskatteberg
18	318	Erik Fosselius	Motion 50-65	4	1:33:43.414	2 [46:51.079]	2 [46:52.335]	Göta MS
19	451	Björn Gottschalk	Motion 50-65	4	1:35:43.644	2 [45:46.417]	2 [49:57.227]	SMK Uppsala
20	424	Mikael Strand	Motion 50-65	4	1:37:56.274	2 [48:41.147]	2 [49:15.127]	Uppsala MCK
21	1001	Stefan Jarveby	Motion 50-65	4	1:43:44.272	2 [47:35.813]	2 [56:08.459]	KMCC
22	543	Åke Ljungström	Motion 50-65	4	1:58:15.731	2 [57:03.113]	2 [1:01:12.618]	Sala MSK
23	322	Ingemar Tholin	Motion 50-65	4	2:16:09.743	2 [1:04:46.339]	2 [1:11:23.404]	Göta MS
24	66	Stefan Knutsson	Motion 50-65	3	1:11:25.769	2 [46:08.518]	1 [25:17.251]	Göta MS
25	1488	Mats Andersson	Motion 50-65	3	1:13:52.408	2 [48:50.432]	1 [25:01.976]	Botkyrka MK
26	622	Leif Gunnarsson	Motion 50-65	3	1:29:53.237	2 [1:03:55.275]	1 [25:57.962]	Folkare Mk
27	269	Janne Eklöf	Motion 50-65	3	1:45:42.503	2 [1:05:24.491]	1 [40:18.012]	Haninge MK
28	389	Jan Ryngmo	Motion 50-65	3	2:26:52.888	2 [1:18:36.732]	1 [1:08:16.156]	Uppsala MCK
29	405	Joakim Storck	Motion 50-65	2	41:28.095	2 [41:28.095]	0 []	SMK Tierp
30	635	Pelle Westin	Motion 50-65	2	42:31.969	2 [42:31.969]	0 [0.000]	MK Nitro

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31	851	Jonas Lindell	Motion 50-65	2	45:54.268	2 [45:54.268]	0 []	Bengtstors MCC
32	963	Anders Mauritzon	Motion 50-65	2	54:50.119	2 [54:50.119]	0 []	FMCK Strängnäs
33	329	Björn Gauffin	Motion 50-65	2	55:57.213	2 [55:57.213]	0 []	FMCK Stockholm
Motion 65+								
1	599	Janne Ramstedt	Motion 65+	4	1:47:48.176	2 [52:48.944]	2 [54:59.232]	FME Sverige
2	383	Erik Elfström	Motion 65+	2	1:15:37.444	2 [1:15:37.444]	0 []	Botkyrka MK
3	500	Nils Johansson	Motion 65+	1	56:20.112	1 [56:20.112]	0 []	Åsätra MK
Senior								
1	206	Niklas Palm	Senior	5	1:39:22.406	2 [38:48.242]	3 [1:00:34.164]	Göta MS
2	70	Joel Håkansson	Senior	5	1:41:03.980	2 [38:06.613]	3 [1:02:57.367]	Åsätra MK
3	224	Markus Blom	Senior	5	1:41:07.179	2 [39:00.533]	3 [1:02:06.646]	SMK Ockelbo
4	773	Samuel Zetterberg	Senior	5	1:44:51.850	2 [40:30.579]	3 [1:04:21.271]	Göta MS
5	108	Jonas Wallén	Senior	5	1:45:12.478	2 [45:44.726]	3 [59:27.752]	FMCK Stockholm
6	270	Jan Karlsson	Senior	5	1:46:33.796	2 [41:09.157]	3 [1:05:24.639]	MK Orion
7	585	Jonas Leandersson	Senior	5	1:46:37.656	2 [46:21.720]	3 [1:00:15.936]	FMCK Stockholm
8	248	Magnus Eriksson	Senior	5	1:47:05.512	2 [40:28.268]	3 [1:06:37.244]	SMK Uppsala
9	128	Jonas Svensson	Senior	5	1:50:12.833	2 [40:02.438]	3 [1:10:10.395]	Göta MS
10	548	Magnus Jansson	Senior	5	1:51:32.330	2 [43:22.027]	3 [1:08:10.303]	Östhammars MK
11	998	Thomas Steinwender	Senior	5	1:54:40.752	2 [44:17.248]	3 [1:10:23.504]	Åsätra MK
12	811	Robin Gustafsson	Senior	4	1:23:03.568	2 [39:08.251]	2 [43:55.317]	Göta MS
13	199	Fredrik Tegman	Senior	2	43:13.900	2 [43:13.900]	0 [0.000]	FMCK Stockholm
14	188	Tom Andersson	Senior	1	19:00.514	1 [19:00.514]	0 []	Göta MS
Tjej								
1	415	Christina Flinge Björsner	Tjej	3	2:37:54.745	1 [1:06:25.830]	2 [1:31:28.915]	Täby MK
2	311	Emma Wennbom	Tjej	2	1:00:20.374	2 [1:00:20.374]	0 []	Göta MS
3	431	Linda Söderholm	Tjej	2	1:33:53.671	1 [52:31.347]	1 [41:22.324]	Västerås MK
4	507	Ida Didriksson	Tjej	1	27:44.185	1 [27:44.185]	0 []	SMK Södermanland
DNF	420	Camilla Blomberg	Tjej	0	0.000	0 [0.000]	0 []	Täby MK