

Resultat Alun Motor Cup Delt 2 Hallstavik 2023-05-27

| Plac | S-nr | Namn | Klubb | Klass | Varv 1 | Varv 2 | Varv 3 | Varv 4 | Varv 5 | Varv 6 | Varv | Totaltid |
|------|------|--------------------------|------------------|--------|-------------|-------------|-------------|-------------|-------------|-------------|------|-------------|
| | | Dam | | | | | | | | | | |
| 1 | 805 | Hanna Lagher | Göta MS | Dam | 0:17:10,506 | 0:17:36,933 | 0:17:34,419 | 0:17:48,039 | 0:17:44,991 | | 5 | 1:27:54,888 |
| 2 | 818 | Emilia Windahl | Åbågen MCK | Dam | 0:17:32,575 | 0:18:11,928 | 0:18:25,840 | 0:18:41,138 | 0:18:51,339 | | 5 | 1:31:42,820 |
| 3 | 752 | Nicole Canadas Söderblom | Göta MS | Dam | 0:20:51,407 | 0:20:09,809 | 0:19:56,777 | 0:19:38,143 | 0:19:33,362 | | 5 | 1:40:09,498 |
| 4 | 836 | Linda Palm | SMK Södermanland | Dam | 0:21:12,654 | 0:22:48,113 | 0:22:10,341 | 0:23:02,386 | 0:22:06,602 | | 5 | 1:51:20,096 |
| 5 | 145 | Frida Skog | FMCK Strängnäs | Dam | 0:23:17,784 | 0:26:42,624 | 0:24:57,619 | 0:24:17,860 | 0:24:01,390 | | 5 | 2:03:17,277 |
| 6 | 47 | Cornelia Lindblad | SMK Södermanland | Dam | 0:22:34,609 | 0:20:53,655 | 0:23:35,313 | | | | 3 | 1:07:03,577 |
| 7 | 817 | Sophie West | FMCK Strängnäs | Dam | 0:36:38,298 | | | | | | 1 | 0:36:38,298 |
| 8 | 965 | Mafalda Jansson | Östhammars MK | Dam | 0:55:49,213 | | | | | | 1 | 0:55:49,213 |
| | | Elit | | | | | | | | | | |
| 1 | 45 | Adam Andersson | Örbyhus MCK | Elit | 0:14:28,802 | 0:14:26,907 | 0:14:23,708 | 0:14:32,580 | 0:14:29,653 | 0:14:36,341 | 6 | 1:26:57,991 |
| 2 | 95 | Alexander Gunnerheim | Göta MS | Elit | 0:14:40,416 | 0:14:38,389 | 0:14:51,556 | 0:14:57,735 | 0:14:49,584 | 0:14:35,622 | 6 | 1:28:33,302 |
| 3 | 67 | Felix Gunnerheim | Göta MS | Elit | 0:16:38,939 | 0:16:12,916 | 0:16:21,375 | 0:17:12,550 | 0:16:41,118 | 0:16:39,365 | 6 | 1:39:46,263 |
| 4 | 222 | Richard Alun | SMK Södermanland | Elit | 0:16:28,426 | 0:15:14,692 | 0:15:51,181 | 0:15:59,774 | | | 4 | 1:03:34,073 |
| 5 | 888 | Kim Grandell | Ålands MK | Elit | 0:16:22,053 | 0:17:21,814 | 0:17:16,916 | 0:32:50,423 | | | 4 | 1:23:51,206 |
| | | Junior | | | | | | | | | | |
| 1 | 335 | Jack Harold | MK Orion | Junior | 0:15:16,819 | 0:15:16,164 | 0:15:35,438 | 0:15:39,343 | 0:15:47,262 | 0:16:01,152 | 6 | 1:33:36,178 |
| 2 | 168 | Melker Oscarsson | SMK Södermanland | Junior | 0:15:52,484 | 0:15:35,518 | 0:15:54,357 | 0:15:43,906 | 0:15:40,093 | 0:15:45,785 | 6 | 1:34:32,143 |
| 3 | 181 | Mattias Bosell | SMK Hedemora | Junior | 0:16:13,511 | 0:15:44,877 | 0:15:50,962 | 0:15:25,609 | 0:15:35,032 | 0:15:43,521 | 6 | 1:34:33,512 |
| 4 | 386 | Jimmy Bragge | Botkyrka MK | Junior | 0:16:03,956 | 0:15:24,984 | 0:15:46,602 | 0:15:46,898 | 0:16:04,128 | 0:15:53,935 | 6 | 1:35:00,503 |
| 5 | 206 | Isak Samuelsson | MK Orion | Junior | 0:15:52,595 | 0:15:22,628 | 0:15:49,584 | 0:15:53,562 | 0:16:06,932 | 0:16:02,061 | 6 | 1:35:07,362 |
| 6 | 340 | Karl Eriksson | Sala MSK | Junior | 0:16:01,297 | 0:15:22,087 | 0:16:00,814 | 0:15:45,069 | 0:16:33,225 | 0:16:08,987 | 6 | 1:35:51,479 |
| 7 | 398 | Felix Nyström | Åsätra MK | Junior | 0:16:30,042 | 0:16:07,844 | 0:15:59,704 | 0:15:59,960 | 0:15:42,062 | 0:15:59,682 | 6 | 1:36:19,294 |
| 8 | 42 | Klas Ullerstam | Värmdö MK | Junior | 0:16:17,116 | 0:15:43,859 | 0:15:52,563 | 0:15:58,929 | 0:16:24,080 | 0:16:20,337 | 6 | 1:36:36,884 |
| 9 | 337 | William Eriksson | Västerås MK | Junior | 0:15:35,934 | 0:16:14,148 | 0:16:09,646 | 0:16:23,150 | 0:16:21,243 | 0:16:12,903 | 6 | 1:36:57,024 |
| 10 | 137 | Albin Karlsson | Östhammars MK | Junior | 0:16:19,632 | 0:16:01,223 | 0:15:57,531 | 0:16:22,713 | 0:16:37,870 | 0:16:25,953 | 6 | 1:37:44,922 |
| 11 | 397 | Jordan Lood | Göta MS | Junior | 0:16:09,205 | 0:16:01,495 | 0:16:25,567 | 0:16:26,963 | 0:16:12,482 | 0:17:13,151 | 6 | 1:38:28,863 |
| 12 | 104 | Dennis Lundqvist | Botkyrka MK | Junior | 0:16:46,669 | 0:16:22,347 | 0:16:47,044 | 0:16:32,312 | 0:16:20,102 | 0:16:21,677 | 6 | 1:39:10,151 |
| 13 | 75 | Mattias Henriksson | MK Orion | Junior | 0:16:58,879 | 0:16:17,406 | 0:16:20,681 | 0:16:41,545 | 0:16:37,192 | 0:16:40,261 | 6 | 1:39:35,964 |
| 14 | 178 | Emil Westerlund | MK Orion | Junior | 0:16:24,714 | 0:16:39,486 | 0:16:34,345 | 0:18:51,350 | 0:16:53,332 | 0:16:51,166 | 6 | 1:42:14,393 |
| 15 | 332 | Alexander Wedin | FMCK Strängnäs | Junior | 0:16:23,171 | 0:17:21,795 | 0:16:56,910 | 0:17:00,729 | 0:17:16,383 | 0:17:36,399 | 6 | 1:42:35,387 |
| 16 | 301 | Hugo Josefsson | Mälare MCK | Junior | 0:17:52,694 | 0:16:16,060 | 0:17:13,377 | 0:16:59,592 | 0:16:12,929 | 0:18:20,036 | 6 | 1:42:54,688 |
| 17 | 368 | Rasmus Görl | Göta MS | Junior | 0:17:36,570 | 0:17:17,504 | 0:17:02,262 | 0:16:50,648 | 0:17:09,542 | 0:17:13,396 | 6 | 1:43:09,922 |
| 18 | 25 | Henrik Hedlund | SMK Kungsör | Junior | 0:17:18,806 | 0:17:45,892 | 0:17:18,412 | 0:17:10,591 | 0:17:28,051 | 0:17:29,317 | 6 | 1:44:31,069 |
| 19 | 395 | Alexander Norén | SMK Gävle | Junior | 0:16:18,725 | 0:15:12,496 | 0:31:59,380 | 0:15:57,030 | 0:16:15,711 | 0:16:18,246 | 6 | 1:52:01,588 |
| 20 | 639 | Vilhelm Gadefors | Åsätra MK | Junior | 0:17:56,293 | 0:18:42,422 | 0:19:49,966 | 0:18:18,702 | | | 4 | 1:14:47,383 |

| Motion 16-39 | | | | | | | | | | | | |
|--------------|-----|----------------------------|---------------------|---------|-------------|-------------|-------------|-------------|-------------|--|---|-------------|
| 1 | 103 | Andreas Messing | MK Orion | M 16-39 | 0:14:50,794 | 0:15:29,934 | 0:15:44,009 | 0:15:54,446 | 0:15:53,553 | | 5 | 1:17:52,736 |
| 2 | 161 | Pär Andersson | Fagersta-Norberg EK | M 16-39 | 0:16:14,889 | 0:16:51,241 | 0:16:48,691 | 0:16:56,392 | 0:16:54,618 | | 5 | 1:23:45,831 |
| 3 | 450 | Hampus Söderblom | Hedesunda CK | M 16-39 | 0:16:58,398 | 0:17:12,783 | 0:16:49,065 | 0:16:38,978 | 0:16:17,107 | | 5 | 1:23:56,331 |
| 4 | 165 | Robin Jansson | Örbyhus MCK | M 16-39 | 0:17:21,566 | 0:16:29,684 | 0:16:49,470 | 0:17:00,354 | 0:16:58,921 | | 5 | 1:24:39,995 |
| 5 | 153 | Victor Norström | MSK Skinnskatteberg | M 16-39 | 0:16:31,943 | 0:17:12,811 | 0:17:00,784 | 0:16:50,500 | 0:17:07,728 | | 5 | 1:24:43,766 |
| 6 | 294 | Alexander Johansson | Östhammars MK | M 16-39 | 0:16:31,319 | 0:17:11,514 | 0:17:03,332 | 0:17:02,281 | 0:17:13,183 | | 5 | 1:25:01,629 |
| 7 | 488 | Robin Wicksell | Rasbo MK | M 16-39 | 0:17:34,875 | 0:17:08,294 | 0:17:05,523 | 0:16:56,021 | 0:16:38,140 | | 5 | 1:25:22,853 |
| 8 | 553 | Ludde Sehman | MCK 4 All | M 16-39 | 0:16:36,664 | 0:17:03,771 | 0:16:32,310 | 0:18:00,363 | 0:17:51,892 | | 5 | 1:26:05,000 |
| 9 | 245 | Axel Gunnarsson | Östhammars MK | M 16-39 | 0:16:52,913 | 0:17:03,062 | 0:17:16,502 | 0:17:15,375 | 0:17:45,730 | | 5 | 1:26:13,582 |
| 10 | 308 | Daniel Björk | Örbyhus MCK | M 16-39 | 0:16:34,755 | 0:16:55,305 | 0:16:53,978 | 0:18:58,444 | 0:16:56,218 | | 5 | 1:26:18,700 |
| 11 | 185 | Martin Holmström | FMCK Stockholm | M 16-39 | 0:16:47,976 | 0:17:32,094 | 0:17:30,870 | 0:18:01,112 | 0:17:58,414 | | 5 | 1:27:50,466 |
| 12 | 201 | Johan Forskil | Åbågen MCK | M 16-39 | 0:16:49,297 | 0:17:46,269 | 0:17:48,180 | 0:17:48,580 | 0:17:47,760 | | 5 | 1:28:00,086 |
| 13 | 26 | Pontus Matilainen | FMCK Strängnäs | M 16-39 | 0:16:38,064 | 0:18:21,021 | 0:18:21,519 | 0:18:12,027 | 0:17:59,514 | | 5 | 1:29:32,145 |
| 14 | 28 | Carl Dahlgren | SMK Kungsör | M 16-39 | 0:18:09,200 | 0:18:20,203 | 0:17:47,954 | 0:17:39,375 | 0:17:41,329 | | 5 | 1:29:38,061 |
| 15 | 7 | Robert Allen | Åsätra MK | M 16-39 | 0:17:37,986 | 0:17:45,008 | 0:17:53,111 | 0:18:35,557 | 0:18:34,645 | | 5 | 1:30:26,307 |
| 16 | 500 | Joel Granath | SMK Gävle | M 16-39 | 0:17:43,736 | 0:19:57,595 | 0:18:17,964 | 0:19:19,560 | 0:18:27,482 | | 5 | 1:33:46,337 |
| 17 | 513 | Magnus Martinell | Sala MSK | M 16-39 | 0:17:40,425 | 0:19:15,392 | 0:18:03,331 | 0:19:06,486 | 0:19:54,869 | | 5 | 1:34:00,503 |
| 18 | 408 | Per Johansson | SMK Södermanland | M 16-39 | 0:18:23,459 | 0:19:15,028 | 0:18:37,343 | 0:19:05,004 | 0:18:51,030 | | 5 | 1:34:11,864 |
| 19 | 467 | Leo Martin | Göta MS | M 16-39 | 0:18:35,231 | 0:18:23,067 | 0:18:54,628 | 0:19:11,863 | 0:19:09,673 | | 5 | 1:34:14,462 |
| 20 | 58 | Andreas Boukaras | Uppsala MK | M 16-39 | 0:18:31,904 | 0:18:42,485 | 0:19:55,081 | 0:18:40,445 | 0:18:29,838 | | 5 | 1:34:19,753 |
| 21 | 118 | William Eriksson | Åsätra MK | M 16-39 | 0:18:49,346 | 0:18:31,752 | 0:18:02,075 | 0:19:59,770 | 0:20:14,379 | | 5 | 1:35:37,322 |
| 22 | 31 | Christer Zelin | Östhammars MK | M 16-39 | 0:19:31,204 | 0:18:43,254 | 0:19:05,575 | 0:19:55,498 | 0:18:48,649 | | 5 | 1:36:04,180 |
| 23 | 234 | Hjalmar Lundin | Botkyrka MK | M 16-39 | 0:18:20,293 | 0:18:40,188 | 0:19:44,115 | 0:18:52,096 | 0:20:33,089 | | 5 | 1:36:09,781 |
| 24 | 189 | Elis Johansson | Åbågen MCK | M 16-39 | 0:18:58,313 | 0:19:15,937 | 0:19:28,290 | 0:19:37,139 | 0:20:04,519 | | 5 | 1:37:24,198 |
| 25 | 157 | Anton Larsson | SMK Tierp | M 16-39 | 0:18:58,011 | 0:19:09,531 | 0:19:31,610 | 0:19:41,508 | 0:20:26,610 | | 5 | 1:37:47,270 |
| 26 | 32 | Patric Jonsson | SMK Södermanland | M 16-39 | 0:19:01,444 | 0:21:20,415 | 0:19:20,298 | 0:18:52,990 | 0:19:50,131 | | 5 | 1:38:25,278 |
| 27 | 853 | Kristian Griplind | Göta MS | M 16-39 | 0:19:12,485 | 0:20:27,856 | 0:20:10,077 | 0:19:36,629 | 0:19:47,873 | | 5 | 1:39:14,920 |
| 28 | 989 | Jimmy Holmgren | Östhammars MK | M 16-39 | 0:19:47,287 | 0:20:18,911 | 0:20:14,934 | 0:20:07,045 | 0:19:52,026 | | 5 | 1:40:20,203 |
| 29 | 785 | Saku Huczowski | Botkyrka MK | M 16-39 | 0:18:46,406 | 0:19:00,184 | 0:19:27,908 | 0:21:17,429 | 0:21:51,948 | | 5 | 1:40:23,875 |
| 30 | 279 | Robin Söderlund | Göta MS | M 16-39 | 0:20:08,095 | 0:21:14,828 | 0:19:30,060 | 0:20:09,874 | 0:19:55,522 | | 5 | 1:40:58,379 |
| 31 | 113 | Robin Åkerblad | Botkyrka MK | M 16-39 | 0:19:35,194 | 0:21:10,683 | 0:20:11,415 | 0:20:45,395 | 0:19:20,187 | | 5 | 1:41:02,874 |
| 32 | 774 | Johan Svahn | Botkyrka MK | M 16-39 | 0:19:35,462 | 0:20:19,938 | 0:20:23,638 | 0:20:49,177 | 0:19:59,727 | | 5 | 1:41:07,942 |
| 33 | 457 | Fredrik Jansson | Rasbo MK | M 16-39 | 0:19:53,240 | 0:20:26,688 | 0:20:19,251 | 0:20:23,080 | 0:20:46,478 | | 5 | 1:41:48,737 |
| 34 | 732 | Christer Jimmy Nikla Larss | Rasbo MK | M 16-39 | 0:20:16,542 | 0:20:48,365 | 0:20:06,879 | 0:20:33,374 | 0:20:19,154 | | 5 | 1:42:04,314 |
| 35 | 363 | Hannes Liess | Åbågen MCK | M 16-39 | 0:20:22,047 | 0:20:20,684 | 0:21:32,446 | 0:20:05,452 | 0:20:03,159 | | 5 | 1:42:23,788 |
| 36 | 180 | Thom Hawke | SMK Södermanland | M 16-39 | 0:19:07,508 | 0:20:43,318 | 0:21:15,708 | 0:21:06,040 | 0:21:30,583 | | 5 | 1:43:43,157 |
| 37 | 429 | Victor Jinneby | Värmdö MK | M 16-39 | 0:21:13,505 | 0:21:19,927 | 0:20:54,324 | 0:20:49,634 | 0:20:16,326 | | 5 | 1:44:33,716 |
| 38 | 275 | Daniel Vishaj | Göta MS | M 16-39 | 0:21:03,847 | 0:23:11,415 | 0:21:22,243 | 0:24:29,196 | 0:20:18,347 | | 5 | 1:50:25,048 |
| 39 | 19 | Jonathan Eriksson Hafelt | Danmarks Motorklub | M 16-39 | 0:20:02,624 | 0:22:19,552 | 0:23:08,271 | 0:23:02,858 | 0:27:38,936 | | 5 | 1:56:12,241 |

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|----|-----|---------------------|---------------------|---------|-------------|-------------|-------------|-------------|-------------|--|---|-------------|
| 40 | 425 | Alexander Lund | MK Orion | M 16-39 | 0:22:28,029 | 0:23:38,619 | 0:24:17,386 | 0:23:55,638 | 0:23:43,957 | | 5 | 1:58:03,629 |
| 41 | 252 | Nicklas Carlsson | SMK Södermanland | M 16-39 | 0:23:11,779 | 0:22:35,957 | 0:24:01,129 | 0:25:13,471 | 0:24:06,490 | | 5 | 1:59:08,826 |
| 42 | 295 | Mattias Ulander | MCK 4 All | M 16-39 | 0:26:00,151 | 0:28:34,165 | 0:28:58,108 | 0:28:21,478 | 0:28:51,680 | | 5 | 2:20:46,000 |
| 43 | 312 | Oskar Hultgren | Gotland Enduro Cros | M 16-39 | 0:17:34,256 | 0:17:23,123 | 0:17:15,115 | 0:26:09,725 | | | 4 | 1:18:22,219 |
| 44 | 85 | Joni Huczkowski | Botkyrka MK | M 16-39 | 0:18:31,705 | 0:19:28,285 | 0:20:10,301 | | | | 3 | 0:58:10,291 |
| 45 | 987 | Tomas Eriksson | Arlanda MC | M 16-39 | 0:21:23,142 | 0:23:35,196 | 0:23:40,957 | | | | 3 | 1:08:39,295 |
| 46 | 366 | Stefan Sundberg | SMK Gävle | M 16-39 | 0:16:50,977 | | | | | | 1 | 0:16:50,977 |
| 47 | 198 | Rasmus Jansson | Rasbo MK | M 16-39 | 0:21:25,696 | | | | | | 1 | 0:21:25,696 |
| | | Motion 40-49 | | | | | | | | | | |
| 1 | 12 | Peter Bysell | FMCK Strängnäs | M 40-49 | 0:16:11,009 | 0:15:40,901 | 0:15:31,619 | 0:15:58,883 | 0:16:05,784 | | 5 | 1:19:28,196 |
| 2 | 492 | Daniel Jansson | Sala MSK | M 40-49 | 0:16:05,648 | 0:16:45,862 | 0:16:24,579 | 0:16:39,919 | 0:16:38,672 | | 5 | 1:22:34,680 |
| 3 | 411 | Tobias Burman | Östhammars MK | M 40-49 | 0:16:46,408 | 0:16:28,070 | 0:16:36,342 | 0:16:54,067 | 0:16:38,002 | | 5 | 1:23:22,889 |
| 4 | 519 | Fredrik Åkerfeldt | Uppsala MK | M 40-49 | 0:16:46,497 | 0:17:17,696 | 0:16:59,013 | 0:17:05,589 | 0:17:03,157 | | 5 | 1:25:11,952 |
| 5 | 592 | Peter Lundsten | FMCK Stockholm | M 40-49 | 0:17:44,298 | 0:16:55,165 | 0:17:13,194 | 0:17:32,878 | 0:17:25,953 | | 5 | 1:26:51,488 |
| 6 | 83 | Henrik Lilja | Botkyrka MK | M 40-49 | 0:16:58,435 | 0:17:38,485 | 0:17:27,836 | 0:17:28,103 | 0:17:51,426 | | 5 | 1:27:24,285 |
| 7 | 49 | Daniel Sjölander | Nynäshamns MCK | M 40-49 | 0:16:54,741 | 0:17:40,757 | 0:17:30,929 | 0:17:33,496 | 0:17:50,894 | | 5 | 1:27:30,817 |
| 8 | 590 | Tomas Strandberg | Botkyrka MK | M 40-49 | 0:17:04,068 | 0:17:43,594 | 0:17:58,425 | 0:17:42,797 | 0:18:04,920 | | 5 | 1:28:33,804 |
| 9 | 260 | Andreas Jonsson | Åsätra MK | M 40-49 | 0:17:06,074 | 0:17:49,579 | 0:18:16,818 | 0:17:50,619 | 0:17:32,372 | | 5 | 1:28:35,462 |
| 10 | 564 | Jimmy Andersson | FMCK Falun | M 40-49 | 0:17:16,711 | 0:17:45,400 | 0:18:02,736 | 0:17:36,124 | 0:17:55,992 | | 5 | 1:28:36,963 |
| 11 | 727 | Tony Eklund | Uppsala MK | M 40-49 | 0:17:21,472 | 0:17:45,743 | 0:17:51,572 | 0:17:50,236 | 0:17:57,685 | | 5 | 1:28:46,708 |
| 12 | 135 | David Andersson | Botkyrka MK | M 40-49 | 0:16:47,071 | 0:17:52,689 | 0:18:09,113 | 0:18:40,080 | 0:18:25,361 | | 5 | 1:29:54,314 |
| 13 | 210 | Mattias Jörgensen | Åsätra MK | M 40-49 | 0:19:14,839 | 0:18:20,097 | 0:17:53,715 | 0:18:30,631 | 0:18:09,389 | | 5 | 1:32:08,671 |
| 14 | 719 | Peter Johansson | Woxnadalens MK | M 40-49 | 0:18:11,187 | 0:18:19,608 | 0:18:45,102 | 0:18:31,212 | 0:18:25,383 | | 5 | 1:32:12,492 |
| 15 | 448 | Björn Johansson | Botkyrka MK | M 40-49 | 0:17:29,435 | 0:18:59,640 | 0:18:21,315 | 0:19:19,832 | 0:19:23,828 | | 5 | 1:33:34,050 |
| 16 | 494 | Markus Andersson | Göta MS | M 40-49 | 0:18:11,642 | 0:18:26,264 | 0:17:50,551 | 0:18:52,210 | 0:20:19,380 | | 5 | 1:33:40,047 |
| 17 | 917 | Daniel Rivera | Åsätra MK | M 40-49 | 0:18:11,716 | 0:19:24,727 | 0:18:59,306 | 0:19:07,363 | 0:18:27,376 | | 5 | 1:34:10,488 |
| 18 | 179 | Magnus Persson | Örbyhus MCK | M 40-49 | 0:18:19,531 | 0:19:14,593 | 0:19:01,427 | 0:19:23,800 | 0:19:16,230 | | 5 | 1:35:15,581 |
| 19 | 586 | Dan Sjöman | Åsätra MK | M 40-49 | 0:22:10,470 | 0:18:54,783 | 0:18:27,548 | 0:17:57,798 | 0:18:12,824 | | 5 | 1:35:43,423 |
| 20 | 30 | Rickard Carlsson | FMCK Stockholm | M 40-49 | 0:18:01,027 | 0:18:43,714 | 0:19:01,605 | 0:20:03,630 | 0:19:58,195 | | 5 | 1:35:48,171 |
| 21 | 78 | Anders Hedenstrand | FMCK Strängnäs | M 40-49 | 0:18:45,237 | 0:19:38,244 | 0:20:01,186 | 0:19:05,715 | 0:18:34,888 | | 5 | 1:36:05,270 |
| 22 | 287 | Marcus Holmström | FMCK Stockholm | M 40-49 | 0:18:54,802 | 0:19:37,510 | 0:19:35,342 | 0:19:50,940 | 0:19:55,427 | | 5 | 1:37:54,021 |
| 23 | 444 | Rikard Sehman | MCK 4 All | M 40-49 | 0:19:32,725 | 0:19:37,818 | 0:19:31,972 | 0:19:59,573 | 0:20:10,073 | | 5 | 1:38:52,161 |
| 24 | 515 | Robin Nässlin | SMK Gävle | M 40-49 | 0:19:20,046 | 0:20:15,533 | 0:19:52,662 | 0:20:06,485 | 0:19:56,994 | | 5 | 1:39:31,720 |
| 25 | 276 | Jon Johansson | Göta MS | M 40-49 | 0:19:54,579 | 0:19:52,993 | 0:20:13,593 | 0:20:17,090 | 0:19:25,679 | | 5 | 1:39:43,934 |
| 26 | 184 | Anders Olsson | Göta MS | M 40-49 | 0:20:48,930 | 0:20:34,997 | 0:21:01,409 | 0:21:45,257 | 0:20:26,105 | | 5 | 1:44:36,698 |
| 27 | 163 | Jonas Ladenfors | Göta MS | M 40-49 | 0:21:24,546 | 0:21:11,045 | 0:22:18,546 | 0:20:49,519 | 0:21:00,904 | | 5 | 1:46:44,560 |
| 28 | 56 | Niklas Källström | Uppsala MK | M 40-49 | 0:21:08,550 | 0:21:17,682 | 0:21:21,120 | 0:21:48,006 | 0:21:56,245 | | 5 | 1:47:31,603 |
| 29 | 588 | Fredrik Skalmark | Uppsala MK | M 40-49 | 0:22:46,052 | 0:25:09,436 | 0:26:00,825 | 0:26:25,825 | 0:26:19,174 | | 5 | 2:06:41,312 |
| 30 | 376 | Jens Dinges | Uppsala MK | M 40-49 | 0:21:08,968 | 0:21:25,666 | 0:23:24,998 | | | | 3 | 1:05:59,632 |
| 31 | 597 | Dan Nässlin | SMK Gävle | M 40-49 | 0:21:26,552 | 0:22:18,875 | 0:23:31,286 | | | | 3 | 1:07:16,713 |

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|----|-----|----------------------|-------------------|---------|-------------|-------------|-------------|-------------|-------------|--|---|-------------|
| 32 | 204 | Tobias Qvarnström | Arlanda MC | M 40-49 | 0:28:40,836 | 0:32:39,355 | | | | | 2 | 1:01:20,191 |
| | | Motion 50-59 | | | | | | | | | | |
| 1 | 567 | Mikael Hed | FMCK Falun | M 50-59 | 0:16:20,390 | 0:16:05,047 | 0:15:46,175 | 0:15:50,409 | 0:15:58,979 | | 5 | 1:20:01,000 |
| 2 | 713 | Roine Olsson | MK Orion | M 50-59 | 0:15:55,014 | 0:16:10,634 | 0:16:33,895 | 0:16:44,037 | 0:16:40,634 | | 5 | 1:22:04,214 |
| 3 | 721 | Görgen Ytterberg | MK Orion | M 50-59 | 0:16:07,968 | 0:16:16,744 | 0:16:38,164 | 0:16:50,839 | 0:17:06,404 | | 5 | 1:23:00,119 |
| 4 | 740 | Larsa Wärn | Göta MS | M 50-59 | 0:16:56,418 | 0:16:46,950 | 0:16:36,709 | 0:16:49,252 | 0:16:17,497 | | 5 | 1:23:26,826 |
| 5 | 400 | Kent Nyberg | SMK Gävle | M 50-59 | 0:16:43,166 | 0:16:27,306 | 0:16:36,357 | 0:16:47,878 | 0:17:06,651 | | 5 | 1:23:41,358 |
| 6 | 913 | Jan Karlsson | MK Orion | M 50-59 | 0:16:03,836 | 0:16:44,601 | 0:16:56,840 | 0:17:14,016 | 0:17:23,595 | | 5 | 1:24:22,888 |
| 7 | 691 | Kjell Rangdal | Värmdö MK | M 50-59 | 0:17:01,622 | 0:16:43,675 | 0:16:49,980 | 0:17:04,977 | 0:17:01,315 | | 5 | 1:24:41,569 |
| 8 | 209 | Örjan Brink | Mälardalens EK | M 50-59 | 0:17:05,613 | 0:16:56,803 | 0:16:55,338 | 0:17:25,104 | 0:17:17,889 | | 5 | 1:25:40,747 |
| 9 | 712 | Christoffer Moilanen | Göta MS | M 50-59 | 0:17:42,317 | 0:17:00,794 | 0:17:06,489 | 0:17:07,741 | 0:17:01,090 | | 5 | 1:25:58,431 |
| 10 | 36 | Mikael Ohlson | Nynäshamns MCK | M 50-59 | 0:17:08,462 | 0:17:18,111 | 0:17:17,406 | 0:17:21,730 | 0:17:33,813 | | 5 | 1:26:39,522 |
| 11 | 630 | Leif Blomberg | Haninge MK | M 50-59 | 0:16:58,241 | 0:17:25,878 | 0:17:53,006 | 0:17:49,028 | 0:17:48,086 | | 5 | 1:27:54,239 |
| 12 | 218 | Johan Werner | FMCK Stockholm | M 50-59 | 0:16:41,801 | 0:17:27,934 | 0:17:54,258 | 0:18:08,352 | 0:17:46,928 | | 5 | 1:27:59,273 |
| 13 | 624 | Göran Segerlung | Botkyrka MK | M 50-59 | 0:17:21,966 | 0:17:45,125 | 0:17:50,437 | 0:17:59,246 | 0:18:05,062 | | 5 | 1:29:01,836 |
| 14 | 213 | Ove Johansson | Åsätra MK | M 50-59 | 0:17:19,729 | 0:17:51,028 | 0:18:22,410 | 0:18:34,980 | 0:18:38,618 | | 5 | 1:30:46,765 |
| 15 | 828 | Jimmy Nordh | Åsätra MK | M 50-59 | 0:17:24,471 | 0:17:40,383 | 0:18:08,048 | 0:18:50,945 | 0:18:51,016 | | 5 | 1:30:54,863 |
| 16 | 458 | Markus Halonen | MK Orion | M 50-59 | 0:17:13,839 | 0:18:20,600 | 0:18:35,189 | 0:18:58,275 | 0:18:43,852 | | 5 | 1:31:51,755 |
| 17 | 248 | Linus Ullerstam | Värmdö MK | M 50-59 | 0:17:21,604 | 0:18:09,166 | 0:18:25,475 | 0:18:55,918 | 0:19:05,592 | | 5 | 1:31:57,755 |
| 18 | 317 | Lars-Erik Hult | Bollnäs MK | M 50-59 | 0:18:01,824 | 0:18:09,633 | 0:18:54,720 | 0:18:35,961 | 0:18:29,022 | | 5 | 1:32:11,160 |
| 19 | 688 | Conny Kraiman | Haninge MK | M 50-59 | 0:18:04,754 | 0:18:30,227 | 0:18:28,161 | 0:18:44,714 | 0:18:44,381 | | 5 | 1:32:32,237 |
| 20 | 726 | Henrik Andersen | Östhammars MK | M 50-59 | 0:18:30,328 | 0:19:08,770 | 0:19:01,255 | 0:18:57,083 | 0:18:49,881 | | 5 | 1:34:27,317 |
| 21 | 372 | Jan Larsson | SMK Tierp | M 50-59 | 0:18:25,551 | 0:19:12,657 | 0:18:52,152 | 0:19:02,803 | 0:19:04,225 | | 5 | 1:34:37,388 |
| 22 | 777 | Peo Lutteman | Nord-Syd MK | M 50-59 | 0:18:02,883 | 0:19:17,469 | 0:18:50,291 | 0:19:05,187 | 0:19:40,283 | | 5 | 1:34:56,113 |
| 23 | 138 | Mattias Eriksson | Örbyhus MCK | M 50-59 | 0:18:05,052 | 0:18:43,226 | 0:19:07,328 | 0:19:26,544 | 0:19:39,245 | | 5 | 1:35:01,395 |
| 24 | 62 | Niklas Allberg | SMK Hedemora | M 50-59 | 0:17:47,122 | 0:20:44,451 | 0:19:07,317 | 0:18:57,995 | 0:18:38,648 | | 5 | 1:35:15,533 |
| 25 | 371 | Klas Björk | Göta MS | M 50-59 | 0:18:43,938 | 0:18:58,474 | 0:19:17,642 | 0:19:26,400 | 0:19:45,488 | | 5 | 1:36:11,942 |
| 26 | 909 | Åke Timmerman | Åsätra MK | M 50-59 | 0:18:48,099 | 0:19:19,479 | 0:19:42,438 | 0:19:18,308 | 0:19:17,926 | | 5 | 1:36:26,250 |
| 27 | 336 | Genneth Engstrand | Göta MS | M 50-59 | 0:18:30,387 | 0:19:11,650 | 0:19:22,371 | 0:19:36,921 | 0:20:04,834 | | 5 | 1:36:46,163 |
| 28 | 561 | Per Westman | FMCK Stockholm | M 50-59 | 0:18:18,205 | 0:19:02,732 | 0:19:39,645 | 0:20:01,077 | 0:20:13,733 | | 5 | 1:37:15,392 |
| 29 | 414 | Lars Hedenskog | Upplands Väsby MK | M 50-59 | 0:18:49,012 | 0:20:14,464 | 0:19:57,982 | 0:20:48,797 | 0:19:29,099 | | 5 | 1:39:19,354 |
| 30 | 447 | Thomas Norrman | Uppsala MK | M 50-59 | 0:19:29,442 | 0:20:26,005 | 0:20:08,383 | 0:19:52,220 | 0:19:58,841 | | 5 | 1:39:54,891 |
| 31 | 671 | Kaj Gunnarsson | Östhammars MK | M 50-59 | 0:19:39,007 | 0:20:38,777 | 0:20:30,096 | 0:20:08,783 | 0:19:39,765 | | 5 | 1:40:36,428 |
| 32 | 551 | Joakim Ifver | Värmdö MK | M 50-59 | 0:19:35,039 | 0:20:17,825 | 0:20:19,162 | 0:20:18,938 | 0:20:17,489 | | 5 | 1:40:48,453 |
| 33 | 383 | Peter Piscator | Botkyrka MK | M 50-59 | 0:19:50,636 | 0:20:43,246 | 0:20:51,625 | 0:20:27,158 | 0:20:31,696 | | 5 | 1:42:24,361 |
| 34 | 452 | Jan Lindroth | Åsätra MK | M 50-59 | 0:19:58,614 | 0:20:42,022 | 0:20:50,020 | 0:21:04,383 | 0:20:57,265 | | 5 | 1:43:32,304 |
| 35 | 241 | Pontus Pape | Botkyrka MK | M 50-59 | 0:20:36,134 | 0:21:22,524 | 0:21:16,586 | 0:21:30,812 | 0:21:58,868 | | 5 | 1:46:44,924 |
| 36 | 714 | Anders Christiansson | Botkyrka MK | M 50-59 | 0:20:00,698 | 0:21:25,731 | 0:21:59,523 | 0:22:44,115 | 0:22:01,719 | | 5 | 1:48:11,786 |
| 37 | 527 | Torbjörn Ekström | Göta MS | M 50-59 | 0:20:19,461 | 0:22:58,358 | 0:21:51,805 | 0:22:12,626 | 0:21:24,930 | | 5 | 1:48:47,180 |
| 38 | 177 | Peter Ljungné | FMCK Strängnäs | M 50-59 | 0:21:16,381 | 0:22:24,872 | 0:22:45,673 | 0:23:19,129 | 0:23:13,390 | | 5 | 1:52:59,445 |

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|----|------|--------------------------|---------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|---|-------------|
| 39 | 738 | Stefan Erixon | Arlanda MC | M 50-59 | 0:19:28,147 | 0:20:05,520 | 0:19:54,748 | 0:20:15,226 | | | 4 | 1:19:43,641 |
| 40 | 543 | Åke Ljungström | Sala MSK | M 50-59 | 0:22:49,873 | 0:24:40,207 | 0:23:45,810 | 0:25:11,788 | | | 4 | 1:36:27,678 |
| 41 | 606 | Acke Pettersson | SMK Södermanland | M 50-59 | 0:20:28,545 | 0:22:27,809 | 0:21:39,876 | | | | 3 | 1:04:36,230 |
| 42 | 509 | Tomas Pettersson | Göta MS | M 50-59 | 0:20:35,980 | 0:23:04,531 | 0:23:24,379 | | | | 3 | 1:07:04,890 |
| 43 | 155 | Nicklas Almgren | Botkyrka MK | M 50-59 | 0:21:09,608 | 0:23:35,857 | 0:24:25,654 | | | | 3 | 1:09:11,119 |
| 44 | 34 | Magnus Pettersson | Sala MSK | M 50-59 | 0:23:17,435 | 0:21:55,214 | | | | | 2 | 0:45:12,649 |
| 45 | 656 | Jan Hamberg | MK Orion | M 50-59 | 0:17:43,886 | | | | | | 1 | 0:17:43,886 |
| 46 | 629 | Mikael Erik Sandgren | Upplands Väsby MK | M 50-59 | 0:19:34,723 | | | | | | 1 | 0:19:34,723 |
| | | Motion 60-65 | | | | | | | | | | |
| 1 | 771 | Per Eklundh | Sala MSK | M 60-65 | 0:16:53,639 | 0:17:59,653 | 0:18:10,214 | 0:18:28,555 | 0:18:53,408 | | 5 | 1:30:25,469 |
| 2 | 763 | Mårten Hultgren | FMCK Stockholm | M 60-65 | 0:17:42,458 | 0:18:53,069 | 0:18:57,702 | 0:19:13,035 | 0:19:00,192 | | 5 | 1:33:46,456 |
| 3 | 451 | Björn Gottschalk | SMK Uppsala | M 60-65 | 0:18:55,895 | 0:19:31,363 | 0:19:09,244 | 0:18:56,741 | 0:18:47,119 | | 5 | 1:35:20,362 |
| 4 | 143 | Per Björk | Göta MS | M 60-65 | 0:19:05,083 | 0:19:33,277 | 0:19:33,115 | 0:19:58,226 | 0:20:16,668 | | 5 | 1:38:26,369 |
| 5 | 518 | Michael Herholz | Åsätra MK | M 60-65 | 0:20:17,273 | 0:20:21,286 | 0:20:34,538 | 0:20:40,178 | 0:20:58,867 | | 5 | 1:42:52,142 |
| | | Motion 65+ | | | | | | | | | | |
| 1 | 720 | Rolle Berglund | FMCK Strängnäs | M 65+ | 0:20:24,464 | 0:21:14,820 | 0:21:22,545 | 0:21:00,723 | 0:21:45,582 | | 5 | 1:45:48,134 |
| 2 | 517 | Leif Edvinsson | Östhammars MK | M 65+ | 0:22:32,110 | 0:22:49,030 | 0:22:27,625 | 0:24:14,864 | 0:23:33,555 | | 5 | 1:55:37,184 |
| 3 | 97 | Per-Åke Rydeberg | FMCK Stockholm | M 65+ | 0:24:45,607 | 0:25:31,715 | 0:26:02,188 | 0:28:26,558 | 0:26:06,630 | | 5 | 2:10:52,698 |
| 4 | 1135 | Lars Söderlund | Göta MS | M 65+ | 0:24:02,931 | 0:27:16,166 | | | | | 2 | 0:51:19,097 |
| | | Senior | | | | | | | | | | |
| 1 | 130 | Emil Ytterberg | MK Orion | Senior | 0:14:13,588 | 0:14:39,493 | 0:15:00,364 | 0:15:08,475 | 0:15:04,239 | 0:15:06,310 | 6 | 1:29:12,469 |
| 2 | 208 | Olle Löthman | Östhammars MK | Senior | 0:15:33,026 | 0:15:21,731 | 0:14:57,014 | 0:15:16,631 | 0:15:27,310 | 0:15:53,281 | 6 | 1:32:28,993 |
| 3 | 278 | David Holmqvist | Örbyhus MCK | Senior | 0:15:05,761 | 0:15:24,943 | 0:15:31,881 | 0:15:32,769 | 0:15:26,329 | 0:15:36,231 | 6 | 1:32:37,914 |
| 4 | 174 | Jonte Fornander | Haninge MK | Senior | 0:15:34,421 | 0:15:04,902 | 0:15:30,014 | 0:15:44,234 | 0:15:44,027 | 0:16:10,317 | 6 | 1:33:47,915 |
| 5 | 615 | Dennis Lindqvist | MK Orion | Senior | 0:15:57,684 | 0:16:00,875 | 0:16:12,135 | 0:16:02,912 | 0:16:15,457 | 0:16:12,803 | 6 | 1:36:41,866 |
| 6 | 415 | Mikael Halonen | MK Orion | Senior | 0:15:34,912 | 0:15:52,264 | 0:16:22,084 | 0:16:14,498 | 0:16:18,192 | 0:16:23,271 | 6 | 1:36:45,221 |
| 7 | 765 | Fredrik Bellqvist | Örbyhus MCK | Senior | 0:16:24,684 | 0:16:03,647 | 0:16:19,553 | 0:16:23,318 | 0:16:18,202 | 0:16:29,599 | 6 | 1:37:59,003 |
| 8 | 72 | Anton Edin | Östhammars MK | Senior | 0:16:16,938 | 0:16:14,860 | 0:16:19,345 | 0:16:42,545 | 0:17:03,431 | 0:16:57,168 | 6 | 1:39:34,287 |
| 9 | 109 | Emil Lindberg | Fagersta-Norberg EK | Senior | 0:17:25,731 | 0:18:04,667 | 0:17:47,927 | 0:18:05,504 | 0:18:21,446 | 0:19:21,215 | 6 | 1:49:06,490 |
| 10 | 123 | Roland Ekberg | Gnesta MK | Senior | 0:18:17,514 | 0:18:25,110 | 0:18:34,423 | 0:19:52,427 | 0:18:59,334 | 0:19:14,261 | 6 | 1:53:23,069 |
| 11 | 454 | Fredrik Lindström | Örbyhus MCK | Senior | 0:19:30,363 | 0:20:44,336 | 0:20:35,013 | 0:20:28,971 | 0:19:59,267 | 0:19:29,762 | 6 | 2:00:47,712 |
| 12 | 148 | Adrian Blomfeldt | Örbyhus MCK | Senior | 0:16:52,914 | 0:16:45,142 | 0:16:36,735 | 0:16:39,044 | 0:17:43,465 | | 5 | 1:24:37,300 |
| 13 | 610 | Per Lifvendahl | MK Orion | Senior | 0:15:09,131 | 0:15:16,776 | 0:16:00,250 | | | | 3 | 0:46:26,157 |
| 14 | 998 | Thomas Steinwender | FMCK Stockholm | Senior | 0:18:35,576 | 0:19:34,450 | | | | | 2 | 0:38:10,026 |
| | | Ungdom E0 | | | | | | | | | | |
| 1 | 195 | Sebastian Erixon Rosenqv | Arlanda MC | Ungdom E0 | 0:19:22,045 | 0:19:55,797 | 0:20:04,670 | 0:20:44,921 | | | 4 | 1:20:07,433 |
| 2 | 326 | Edvin Gustafsson | Katrineholms MCC | Ungdom E0 | 0:18:38,125 | 0:20:50,283 | 0:21:51,524 | 0:23:07,081 | | | 4 | 1:24:27,013 |
| 3 | 120 | Emilian Edoff | Katrineholms MCC | Ungdom E0 | 0:20:43,544 | 0:21:07,599 | 0:21:58,234 | 0:21:23,330 | | | 4 | 1:25:12,707 |
| 4 | 346 | Thor Wernersen | Katrineholms MCC | Ungdom E0 | 0:24:12,902 | 0:25:58,374 | 0:23:51,548 | 0:24:24,024 | | | 4 | 1:38:26,848 |

| Ungdom E1 | | | | | | | | | | | | |
|-----------|-----|-----------------|----------------|-----------|-------------|-------------|-------------|-------------|-------------|--|---|-------------|
| 1 | 211 | Anton Johansson | Botkyrka MK | Ungdom E1 | 0:16:49,789 | 0:16:31,977 | 0:17:04,816 | 0:17:03,580 | 0:16:53,977 | | 5 | 1:24:24,139 |
| 2 | 906 | Fritz Blomfeldt | Örbyhus MCK | Ungdom E1 | 0:16:51,949 | 0:17:19,260 | 0:17:05,681 | 0:17:17,450 | 0:17:17,178 | | 5 | 1:25:51,518 |
| 3 | 802 | Linus Eriksson | Arlanda MC | Ungdom E1 | 0:19:26,274 | 0:19:38,951 | 0:19:45,911 | 0:21:26,506 | 0:21:03,004 | | 5 | 1:41:20,646 |
| 4 | 158 | Albin Brink | Mälardalens EK | Ungdom E1 | 0:19:17,621 | 0:21:21,522 | 0:23:28,072 | 0:22:32,956 | 0:22:29,373 | | 5 | 1:49:09,544 |
| 5 | 918 | Loke Åkesson | Woxnadalens MK | Ungdom E1 | 0:26:06,635 | 0:28:35,256 | 0:29:36,573 | | | | 3 | 1:24:18,464 |
| 6 | 108 | Leon Mattsson | Östhammars MK | Ungdom E1 | 0:21:17,184 | | | | | | 1 | 0:21:17,184 |