

## Resultat Karströmcup Knivsta 2020-08-08

Placering	S-nr	Namn	Klubb	Klass	Varv 1	Varv 2	Varv 3	Varv 4	Varv	Totaltid
1	727	Hanna Lagher	Göta MS	Dam	0:30:44,195	0:30:24,529	0:31:02,148		3	1:32:10,872
2	140	Hanna Rylander Ericson	MK Orion	Dam	0:52:36,699				1	0:52:36,699
1	43	Richard Alun	SMK Södermanland	Elit	0:26:10,523	0:26:46,039	0:26:36,123	0:27:06,236	4	1:46:38,921
2	574	Jimmy Wicksell	Göta MS	Elit	0:26:24,069	0:26:42,124	0:27:22,596	0:28:31,840	4	1:49:00,629
3	54	Emil Johansson	Åsätra MK	Elit	0:27:44,107	0:27:28,482	0:27:52,670	0:28:26,937	4	1:51:32,196
4	132	Mattias Hägg	FMCK Strängnäs	Elit	0:28:12,325	0:27:50,881	0:28:21,405	0:27:11,489	4	1:51:36,100
5	153	Jonas Bergström	Göta MS	Elit	0:27:17,408	0:27:55,676	0:28:00,859	0:28:26,064	4	1:51:40,007
6	56	Kim Hansson	SMK Hofors	Elit	0:27:25,286	0:28:09,914	0:28:12,759	0:28:16,722	4	1:52:04,681
7	341	Alexander Dahlén	Uppsala MCK	Elit	0:27:46,431	0:27:35,356	0:27:46,438	0:29:24,938	4	1:52:33,163
8	67	Felix Gunnerheim	Göta MS	Elit	0:28:14,170	0:28:04,309	0:28:30,452	0:28:28,050	4	1:53:16,981
9	366	Magnus Lindfors	Botkyrka MK	Elit	0:27:37,550	0:28:24,121	0:28:58,860	0:28:42,712	4	1:53:43,243
10	53	Tim Johansson	Åsätra MK	Elit	0:28:06,655	0:28:48,305	0:29:06,415	0:28:55,983	4	1:54:57,358
11	178	David Holmqvist	Örbyhus MCK	Elit	0:28:10,660	0:29:09,137	0:28:57,318	0:29:37,852	4	1:55:54,967
12	688	Kim Grandell	Ålands MK	Elit	0:28:27,982	0:29:21,759	0:30:41,215	0:30:58,699	4	1:59:29,655
13	55	Simon Trygg	FMCK Strängnäs	Elit	0:29:31,186	0:30:57,806	0:31:27,924	0:31:39,134	4	2:03:36,050
1	177	Johan Wallin	Örbyhus MCK	H 16-39	0:28:19,792	0:29:14,967	0:29:20,778		3	1:26:55,537
2	150	Malte Wickman	AMF Södertälje	H 16-39	0:28:39,363	0:29:19,452	0:29:53,106		3	1:27:51,921
3	477	Tobias Lövdin	Folkare MK	H 16-39	0:29:12,638	0:29:22,467	0:29:32,197		3	1:28:07,302
4	387	Jacob Fredholm	Mälare MCK	H 16-39	0:29:19,528	0:29:31,924	0:29:17,174		3	1:28:08,626
5	151	Alexander Svensson	Åsätra MK	H 16-39	0:29:21,841	0:29:42,035	0:29:35,023		3	1:28:38,899
6	360	Andreas Lindgren	Värmdö MK	H 16-39	0:29:10,908	0:29:53,854	0:29:41,424		3	1:28:46,186
7	915	Mikael Halonen	MK Orion	H 16-39	0:29:54,936	0:29:42,366	0:30:28,945		3	1:30:06,247
8	932	Henrik Övragård	Göta MS	H 16-39	0:30:02,993	0:30:18,028	0:31:08,941		3	1:31:29,962
9	238	Jonas Alm	Rasbo MK	H 16-39	0:30:05,933	0:30:45,766	0:30:43,565		3	1:31:35,264
10	15	Christoffer Larsson	Arlanda MC	H 16-39	0:30:38,228	0:30:16,225	0:30:48,878		3	1:31:43,331
11	203	Max Åsåker	SMK Hedemoraavdelning	H 16-39	0:30:21,065	0:30:50,323	0:31:01,089		3	1:32:12,477
12	85	Martin Holmström	FMCK Stockholm	H 16-39	0:30:01,985	0:30:43,397	0:32:30,225		3	1:33:15,607
13	146	Oscar Söderman	Arlanda MC	H 16-39	0:30:24,460	0:31:12,661	0:31:40,461		3	1:33:17,582
14	59	Sune Schwartz	Botkyrka MK	H 16-39	0:31:16,540	0:30:58,331	0:31:43,033		3	1:33:57,904
15	49	Robin Jansson	Örbyhus MCK	H 16-39	0:31:12,540	0:31:08,863	0:31:48,466		3	1:34:09,869
16	249	Jonathan Skansen	Botkyrka MK	H 16-39	0:31:30,443	0:30:50,793	0:31:50,304		3	1:34:11,540
17	48	Oskar Hultgren	Gotland Enduro Cross M	H 16-39	0:31:18,600	0:31:12,465	0:32:56,329		3	1:35:27,394

18	298	Kristoffer Gustafsson	Uppsala MK	H 16-39	0:31:24,483	0:31:40,029	0:32:41,322		3	1:35:45,834
19	917	Daniel Rivera	Åsätra MK	H 16-39	0:32:17,555	0:31:51,600	0:32:00,891		3	1:36:10,046
20	392	Fredrik Genander	Botkyrka MK	H 16-39	0:31:50,278	0:32:24,750	0:31:56,555		3	1:36:11,583
21	245	Victor Packalen	SMK Södermanland	H 16-39	0:31:48,978	0:32:22,378	0:32:16,343		3	1:36:27,699
22	145	David Karlsson	SMK Hedemoraavdelning	H 16-39	0:31:41,273	0:31:42,758	0:33:06,386		3	1:36:30,417
23	274	Joakim Åkesson	Arlanda MC	H 16-39	0:32:58,946	0:32:12,354	0:32:03,624		3	1:37:14,924
24	47	Johan Ask	FMCK Strängnäs	H 16-39	0:33:11,589	0:32:41,528	0:33:35,829		3	1:39:28,946
25	273	Jonathan ??	Nyköpings MS	H 16-39	0:32:47,913	0:32:31,160	0:34:16,312		3	1:39:35,385
26	75	Joakim Andersson	Botkyrka MK	H 16-39	0:32:16,577	0:33:09,429	0:34:18,548		3	1:39:44,554
27	997	Robert Ånstrand	Uppsala MK	H 16-39	0:32:48,424	0:33:15,877	0:34:30,997		3	1:40:35,298
28	701	Robin Røjmarker	Uppsala MK	H 16-39	0:34:11,280	0:33:54,359	0:33:16,449		3	1:41:22,088
29	22	Alexander Wedin	SMK Södermanland	H 16-39	0:34:26,499	0:34:02,910	0:34:35,414		3	1:43:04,823
30	395	Robin Mattisson	Mälardalens EK	H 16-39	0:34:42,569	0:34:01,546	0:34:32,420		3	1:43:16,535
31	556	Kristoffer Erlandsson	Botkyrka MK	H 16-39	0:33:46,882	0:34:38,498	0:35:35,703		3	1:44:01,083
32	441	Rasmus Ljungnér	FMCK Strängnäs	H 16-39	0:32:51,416	0:35:13,579	0:36:04,573		3	1:44:09,568
33	513	Magnus Martinell	Sala MSK	H 16-39	0:34:34,542	0:35:15,286	0:35:30,473		3	1:45:20,301
34	58	Andreas Boukaras	Uppsala MK	H 16-39	0:34:39,703	0:35:14,987	0:36:03,369		3	1:45:58,059
35	244	Fredrik Lindström	Mälardalens EK	H 16-39	0:35:22,697	0:35:28,314	0:35:09,409		3	1:46:00,420
36	193	Klas Henriksson	Åsätra MK	H 16-39	0:35:52,383	0:35:16,882	0:35:36,089		3	1:46:45,354
37	987	Tomas Eriksson	MK Orion	H 16-39	0:34:53,282	0:35:36,967	0:36:24,546		3	1:46:54,795
38	331	Robin Thornberg	Åsätra MK	H 16-39	0:33:15,620	0:35:15,500	0:39:32,662		3	1:48:03,782
39	747	Oscar Johansson	Göta MS	H 16-39	0:36:13,869	0:36:12,048	0:35:55,941		3	1:48:21,858
40	105	Frederic Leufstadius	Försvarsmaktens EK	H 16-39	0:35:48,140	0:38:29,449	0:37:56,530		3	1:52:14,119
41	493	Patric Andersson	Sala MSK	H 16-39	0:36:41,079	0:37:33,828	0:38:14,477		3	1:52:29,384
42	195	Alexander Hagelin	FMCK Stockholm	H 16-39	0:36:11,448	0:37:58,111	0:38:37,159		3	1:52:46,718
43	297	Erik Kärlin	SMC	H 16-39	0:35:30,853	0:38:24,564	0:39:03,087		3	1:52:58,504
44	333	Andreas Karlsson	Uppsala MK	H 16-39	0:40:57,108	0:43:06,324	0:43:18,117		3	2:07:21,549
45	316	Niklas Fernqvist	Mälardalens EK	H 16-39	0:43:01,273	0:50:43,938			2	1:33:45,211
46	45	Martin Carlsson	FMCK Strängnäs	H 16-39	0:56:00,025	0:52:29,079			2	1:48:29,104
47	39	Richard Andersson	Mälardalens EK	H 16-39	0:32:40,673				1	0:32:40,673
48	515	Joakim Ilfeldt Hedlund	Skutskärs MS	H 16-39	0:33:11,034				1	0:33:11,034
1	693	Martin Axén	MCK 4 All	H 40-49	0:27:37,184	0:28:45,496	0:28:34,333		3	1:24:57,013
2	446	Peter Bysell	FMCK Strängnäs	H 40-49	0:29:11,515	0:29:47,193	0:29:33,417		3	1:28:32,125
3	288	Niklas Ekwall Öhlin	Arlanda MC	H 40-49	0:28:51,880	0:29:17,688	0:30:23,169		3	1:28:32,737
4	5519	Filip Berglund	Göta MS	H 40-49	0:29:24,054	0:29:54,916	0:29:51,087		3	1:29:10,057

5	119	Fredrik Åkerfeldt	Uppsala MK	H 40-49	0:29:36,612	0:30:12,291	0:30:33,386		3	1:30:22,289
6	61	Krister Hansson	Botkyrka MK	H 40-49	0:29:48,571	0:30:10,379	0:30:43,709		3	1:30:42,659
7	542	Urban Mattias Nyström	Arlanda MC	H 40-49	0:30:03,744	0:31:01,177	0:31:19,352		3	1:32:24,273
8	189	Mattias Lööf	Rasbo MK	H 40-49	0:30:40,130	0:31:00,918	0:30:45,438		3	1:32:26,486
9	660	Roger Karlsson	Gotland Enduro Cross M	H 40-49	0:30:38,329	0:30:44,889	0:31:29,044		3	1:32:52,262
10	551	Ronnie Hofberg	Sala MSK	H 40-49	0:31:00,098	0:30:51,918	0:32:05,871		3	1:33:57,887
11	321	Tomas Apelgårdh	Mälardalens EK	H 40-49	0:30:27,335	0:30:54,684	0:33:07,354		3	1:34:29,373
12	416	Jan Eriksson	Försvarmaktens EK	H 40-49	0:31:03,192	0:31:50,477	0:31:49,166		3	1:34:42,835
13	445	Joakim Wanner	SMK Gävle	H 40-49	0:31:51,070	0:31:55,456	0:31:47,251		3	1:35:33,777
14	44	Samuel Bolin	FMCK Falun	H 40-49	0:31:24,391	0:32:16,141	0:32:51,695		3	1:36:32,227
15	458	Markus Halonen	MK Orion	H 40-49	0:31:00,543	0:32:07,691	0:33:39,455		3	1:36:47,689
16	855	Martin Rapp Klemets	Karlskoga MF	H 40-49	0:31:36,474	0:32:45,284	0:32:42,769		3	1:37:04,527
17	240	Lars Olov Jonsson	Botkyrka MK	H 40-49	0:32:05,707	0:32:07,467	0:32:52,449		3	1:37:05,623
18	669	Daniel Andersson	Göta MS	H 40-49	0:32:10,455	0:32:28,115	0:32:43,935		3	1:37:22,505
19	138	Mattias Eriksson	Örbyhus MCK	H 40-49	0:32:27,249	0:32:48,822	0:32:26,575		3	1:37:42,646
20	990	Alexander Lundkvist	Nynäshamns MCK	H 40-49	0:31:25,431	0:32:35,040	0:33:47,797		3	1:37:48,268
21	828	Karl Jimmy Nordh	Åsätra MK	H 40-49	0:31:49,776	0:32:30,196	0:33:39,917		3	1:37:59,889
22	300	Jonas Persson	Bollnäs MK	H 40-49	0:32:35,629	0:32:48,695	0:33:18,997		3	1:38:43,321
23	770	Fredrik Westerlund	MK Orion	H 40-49	0:32:09,633	0:33:20,377	0:34:23,282		3	1:39:53,292
24	351	Per Jansson	Bollnäs MK	H 40-49	0:32:59,310	0:33:08,738	0:34:29,565		3	1:40:37,613
25	570	Michel Fares Azar	Botkyrka MK	H 40-49	0:33:10,412	0:33:05,763	0:34:22,831		3	1:40:39,006
26	239	Björn Johansson	Botkyrka MK	H 40-49	0:32:52,976	0:33:35,746	0:34:12,639		3	1:40:41,361
27	447	Thomas Norrman	MCK 4 All	H 40-49	0:33:56,070	0:33:47,905	0:34:52,532		3	1:42:36,507
28	511	Gert Gustafsson	FMCK Stockholm	H 40-49	0:34:13,717	0:33:59,905	0:34:28,733		3	1:42:42,355
29	744	Mattias Hedman	Uppsala MK	H 40-49	0:34:04,722	0:33:57,621	0:34:54,226		3	1:42:56,569
30	24	Fredrik Törning	Åsätra MK	H 40-49	0:33:52,022	0:35:01,396	0:34:31,687		3	1:43:25,105
31	90	Niklas Källström	Uppsala MK	H 40-49	0:34:37,238	0:34:24,707	0:34:42,752		3	1:43:44,697
32	158	Lars-Albert Ahlström	FMCK Strängnäs	H 40-49	0:33:20,736	0:33:14,298	0:37:18,555		3	1:43:53,589
33	786	Johan Falk	Åsätra MK	H 40-49	0:34:22,128	0:35:07,522	0:35:44,472		3	1:45:14,122
34	139	Daniel Rålin	MX Stockholm MCK	H 40-49	0:35:26,292	0:35:45,875	0:35:54,765		3	1:47:06,932
35	210	Mattias Jörgensen	Åsätra MK	H 40-49	0:35:31,750	0:35:55,700	0:35:42,691		3	1:47:10,141
36	741	Emil Brodén	Sala MSK	H 40-49	0:36:39,077	0:36:33,436	0:36:52,326		3	1:50:04,839
37	5787	Carl Falk	Västerås MK	H 40-49	0:35:20,863	0:37:07,818	0:37:54,878		3	1:50:23,559
38	532	Jens Dinges	Uppsala MK	H 40-49	0:35:29,680	0:37:49,427	0:38:26,130		3	1:51:45,237
39	407	Anders Måfors	Göta MS	H 40-49	0:37:16,746	0:37:53,174	0:38:04,143		3	1:53:14,063

40	314	Magnus Willén	Sala MSK	H 40-49	0:29:59,451				1	0:29:59,451
41	534	Andreas Nordh	Bollnäs MK	H 40-49	0:32:38,641				1	0:32:38,641
1	192	Örjan Brink	Göta MS	H 50-59	0:26:54,085	0:27:58,620	0:28:20,131		3	1:23:12,836
2	706	Stefan Norström	Västerås MK	H 50-59	0:28:29,495	0:29:26,073	0:28:51,536		3	1:26:47,104
3	338	Mikael Björklund	Västerås MK	H 50-59	0:29:36,985	0:29:17,327	0:29:23,617		3	1:28:17,929
4	368	Christoffer Moilanen	Göta MS	H 50-59	0:29:26,646	0:30:01,132	0:29:38,399		3	1:29:06,177
5	691	Kjell Rangdal	Botkyrka MK	H 50-59	0:29:27,396	0:30:04,185	0:30:29,054		3	1:30:00,635
6	218	Johan Werner	FMCK Stockholm	H 50-59	0:29:27,697	0:30:59,091	0:31:45,233		3	1:32:12,021
7	359	Benny Bosell	SMK Hedemoraavdelning	H 50-59	0:30:17,430	0:31:01,850	0:31:23,179		3	1:32:42,459
8	122	Stefan Roll	Åsätra MK	H 50-59	0:31:14,343	0:31:33,851	0:32:20,692		3	1:35:08,886
9	763	Jan Karlsson	MK Orion	H 50-59	0:31:01,734	0:31:59,800	0:32:23,741		3	1:35:25,275
10	143	Per Björk	Göta MS	H 50-59	0:31:19,312	0:32:09,131	0:33:02,575		3	1:36:31,018
11	121	Per Göran Eklundh	Sala MSK	H 50-59	0:30:49,763	0:31:35,173	0:34:23,316		3	1:36:48,252
12	250	Niclas Fredholm	Mälare MCK	H 50-59	0:32:04,376	0:32:09,704	0:32:36,726		3	1:36:50,806
13	99	Morgan Davidsson	Mälardalens EK	H 50-59	0:32:03,984	0:32:37,732	0:32:11,998		3	1:36:53,714
14	960	Johan Jansson	Örbyhus MCK	H 50-59	0:32:15,200	0:32:16,258	0:33:15,659		3	1:37:47,117
15	318	Erik Forselius	Göta MS	H 50-59	0:32:20,428	0:32:36,921	0:34:03,400		3	1:39:00,749
16	666	Mats Andersson	Botkyrka MK	H 50-59	0:32:21,487	0:33:17,362	0:33:31,003		3	1:39:09,852
17	742	Thomas Narding	Åsätra MK	H 50-59	0:32:13,772	0:33:18,425	0:33:42,401		3	1:39:14,598
18	213	Ove Johansson	Åsätra MK	H 50-59	0:32:17,034	0:33:14,686	0:34:19,117		3	1:39:50,837
19	623	Göran Wallén	Åsätra MK	H 50-59	0:34:50,831	0:32:14,161	0:33:14,803		3	1:40:19,795
20	624	Göran Ingemar Segerlur	Botkyrka MK	H 50-59	0:32:13,804	0:34:16,625	0:33:55,845		3	1:40:26,274
21	82	Jonas Strand	Uppsala MCK	H 50-59	0:32:32,331	0:33:34,325	0:35:32,196		3	1:41:38,852
22	68	Kenneth Lindroth	Värmdö MK	H 50-59	0:33:10,070	0:34:56,364	0:34:28,383		3	1:42:34,817
23	173	Bo Lord	FMCK Strängnäs	H 50-59	0:33:37,269	0:33:54,149	0:35:18,978		3	1:42:50,396
24	726	Niklas Elofsson	Åsätra MK	H 50-59	0:33:47,280	0:34:52,447	0:34:34,894		3	1:43:14,621
25	424	Mikael Strand	Uppsala MCK	H 50-59	0:33:50,259	0:34:21,370	0:36:12,265		3	1:44:23,894
26	107	Johan Lagher	Göta MS	H 50-59	0:34:34,676	0:35:02,136	0:35:53,620		3	1:45:30,432
27	654	Örjan Jonsson	Mälardalens EK	H 50-59	0:35:07,657	0:36:11,125	0:35:41,355		3	1:47:00,137
28	784	Roger Johansson	FMCK Stockholm	H 50-59	0:35:23,353	0:37:13,733	0:36:30,861		3	1:49:07,947
29	271	Peter Ljungné	FMCK Strängnäs	H 50-59	0:37:08,355	0:36:25,886	0:36:59,213		3	1:50:33,454
30	219	Hans Andersson	FMCK Stockholm	H 50-59	0:35:57,512	0:37:11,301	0:37:57,657		3	1:51:06,470
31	170	Ola Svärd	SMK Ockelbo	H 50-59	0:36:35,949	0:37:42,375	0:37:47,152		3	1:52:05,476
32	561	Gert Lamberg	Sala MSK	H 50-59	0:36:35,587	0:39:04,065	0:39:18,504		3	1:54:58,156
33	919	Öivin Grönberg	MCK 4 All	H 50-59	0:47:57,234	0:51:13,837	0:48:07,542		3	2:27:18,613

34	451	Björn Gottschalk	SMK Uppsala	H 50-59	0:34:50,291	0:35:52,068			2	1:10:42,359
35	522	Per-Erik Blanck	Västerås MK	H 50-59	0:37:49,866	0:39:19,667			2	1:17:09,533
36	658	Anders Elm	Östhammars MK	H 50-59	0:32:59,539				1	0:32:59,539
37	112	Kari Elfvingrén	Åsätra MK	H 50-59	0:35:42,054				1	0:35:42,054
38	65	Magnus Uusitalo	Göta MS	H 50-59	0:44:30,496				1	0:44:30,496
1	767	Lars-Göran Westin	Uppsala MK	H 60-65	0:33:04,592	0:33:40,664	0:34:27,035		3	1:41:12,291
2	126	Torbjörn Andersson	MSK Skinnskatteberg	H 60-65	0:33:51,112	0:34:18,704	0:33:36,035		3	1:41:45,851
3	411	Rolle Berglund	Göta MS	H 60-65	0:34:27,881	0:34:56,621	0:35:56,644		3	1:45:21,146
4	234	Thomas Rosendal	SMK Gävle	H 60-65	0:35:27,321	0:37:30,580	0:38:32,366		3	1:51:30,267
5	389	Jan Ryngmo	Mälardalens EK	H 60-65	0:40:19,346	0:41:06,624	0:43:40,210		3	2:05:06,180
6	164	Peter Lindström	Upplands Väsby MK	H 60-65	0:47:36,101	0:50:28,981	0:47:57,571		3	2:26:02,653
1	517	Leif Edvinsson	Östhammars MK	H 65+	0:42:01,885	0:43:50,719	0:47:01,904		3	2:12:54,508
2	204	Per-Åke Rydeberg	FMCK Stockholm	H 65+	0:48:41,263	0:51:58,526			2	1:40:39,789
1	349	Leo Aaltonen	Åsätra MK	Junior	0:26:58,559	0:27:22,796	0:27:44,373	0:28:12,849	4	1:50:18,577
2	217	Anton Rosendal	SMK Gävle	Junior	0:27:36,718	0:27:54,497	0:28:03,240	0:28:15,811	4	1:51:50,266
3	378	Victor Lundin	SMK Tierp	Junior	0:28:27,973	0:28:14,139	0:28:08,252	0:28:45,110	4	1:53:35,474
4	94	Joakim Pettersson	Katrineholms MCC	Junior	0:27:58,821	0:28:45,652	0:28:41,097	0:29:06,961	4	1:54:32,531
5	375	Hampus Görl	Göta MS	Junior	0:29:14,160	0:29:26,100	0:29:10,119	0:29:04,648	4	1:56:55,027
6	882	Christoffer Bohlin	SMK Södermanland	Junior	0:29:16,704	0:30:17,304	0:30:23,210	0:30:10,108	4	2:00:07,326
7	340	Karl Eriksson	Sala MSK	Junior	0:29:19,226	0:30:41,975	0:30:31,206	0:31:03,166	4	2:01:35,573
8	980	Tobias Lindbom	Göta MS	Junior	0:29:36,709	0:30:30,129	0:30:47,599	0:31:11,156	4	2:02:05,593
9	348	Alfons Lindström	Sala MSK	Junior	0:29:25,486	0:33:54,629	0:30:12,927	0:31:18,397	4	2:04:51,439
10	167	Mattias Bosell	SMK Hedemoraavdelning	Junior	0:30:21,581	0:31:09,587	0:31:58,340	0:31:40,660	4	2:05:10,168
11	208	Tom Hamilton	Göta MS	Junior	0:32:10,085	0:32:13,014	0:30:53,984	0:31:28,588	4	2:06:45,671
12	275	Gustav Packalen	SMK Södermanland	Junior	0:33:47,350	0:42:07,508			2	1:15:54,858
1	530	Rickard Sedelius	Värmdö MK	Motion	0:30:33,021	0:30:25,647	0:30:22,378		3	1:31:21,046
1	86	Emil Rönn	Uppsala MK	Senior	0:27:49,121	0:27:55,297	0:27:39,505	0:28:18,847	4	1:51:42,770
2	272	Martin Grönnslett	SMK Södermanland	Senior	0:29:01,791	0:28:57,748	0:29:20,191	0:29:10,310	4	1:56:30,040
3	765	Fredrik Bellqvist	Örbyhus MCK	Senior	0:28:55,812	0:29:50,822	0:29:25,710	0:29:46,700	4	1:57:59,044
4	508	Jonas Wallén	Åsätra MK	Senior	0:28:54,430	0:29:56,328	0:30:16,462	0:30:16,780	4	1:59:24,000
5	705	Lars Lindell	Göta MS	Senior	0:29:03,486	0:29:36,144	0:30:52,947	0:30:32,062	4	2:00:04,639
6	184	Filip Glennhammar	FMCK Strängnäs	Senior	0:29:04,967	0:29:51,848	0:30:11,393	0:31:05,146	4	2:00:13,354
7	413	Ludwig Lötman	Örbyhus MCK	Senior	0:29:14,611	0:30:55,780	0:31:01,161	0:30:02,000	4	2:01:13,552
8	296	Simon Persson	Örbyhus MCK	Senior	0:30:41,914	0:30:18,756	0:31:01,629	0:31:10,821	4	2:03:13,120
9	610	Christer Andersson	Östhammars MK	Senior	0:32:35,709	0:33:05,677	0:33:04,211	0:33:49,834	4	2:12:35,431

10	124	Albin Forsling Ekblom	FMCK Strängnäs	Senior	0:28:45,733	0:30:22,891	0:31:55,719		3	1:31:04,343
11	115	Martin Sjelín	Uppsala MK	Senior	0:31:19,749				1	0:31:19,749
1	108	Theodor Franzén	Botkyrka MK	Ungdom E0	0:31:01,247	0:32:04,210			2	1:03:05,457
2	131	Rasmus Görl	Göta MS	Ungdom E0	0:31:09,190	0:32:15,503			2	1:03:24,693
3	155	William Hedström	Åsätra MK	Ungdom E0	0:33:33,460	0:33:08,534			2	1:06:41,994
4	648	Oliver Sedelius	Värmdö MK	Ungdom E0	0:35:14,444	0:34:27,001			2	1:09:41,000
5	525	Emil Westerlund	MK Orion	Ungdom E0	0:34:40,859	0:37:16,209			2	1:11:57,068
6	519	Isak Samuelsson	MK Orion	Ungdom E0	0:36:06,600	0:35:54,430			2	1:12:01,030
7	775	Mattias Henriksson	MK Orion	Ungdom E0	0:37:57,156	0:37:14,494			2	1:15:11,650
8	780	Enok Lundvall	MK Orion	Ungdom E0	0:38:52,337	0:37:55,863			2	1:16:48,200
9	23	Albin Brink	Arlanda MC	Ungdom E0	0:37:54,713	0:41:27,240			2	1:19:21,953
10	802	Linus Eriksson	Arlanda MC	Ungdom E0	0:42:15,305	0:41:57,506			2	1:24:12,811
11	1	Anton Källman	MK Orion	Ungdom E0	0:43:02,711	0:41:56,669			2	1:24:59,380
12	470	Anton Johansson	Botkyrka MK	Ungdom E0	0:43:28,697	0:41:51,277			2	1:25:19,974
1	270	Gustav Eriksson	Sala MSK	Ungdom E1	0:29:22,064	0:29:41,281	0:29:35,464		3	1:28:38,809
2	278	Oskar Willén	Sala MSK	Ungdom E1	0:29:45,083	0:30:58,559	0:30:01,089		3	1:30:44,731
3	220	Hugo Josefsson	Göta MS	Ungdom E1	0:30:40,921	0:30:32,347	0:31:33,875		3	1:32:47,143
4	286	Jimmy Bragge	Botkyrka MK	Ungdom E1	0:30:15,572	0:30:46,022	0:32:04,467		3	1:33:06,061