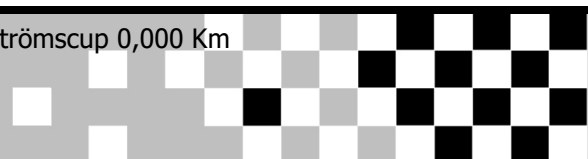


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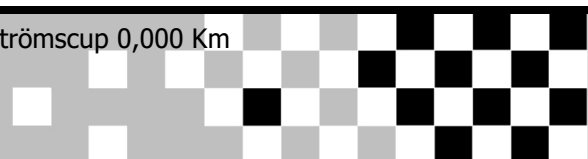
Pos	Nr.	Namn	Klass	Varv	Total Tid	Club	R1.	R2.
Dam								
1	727	Hanna Lagher	Dam	4	1:41:33.512	Göta MS	2 [49:33.245]	2 [52:00.267]
2	431	Linda Söderholm	Dam	2	1:22:22.541	Västerås MK	1 [40:47.036]	1 [41:35.505]
Elit								
1	42	Anton Lundgren	Elit	5	1:35:54.045	Haninge MK	2 [38:04.636]	3 [57:49.409]
2	54	Emil Johansson	Elit	5	1:38:12.332	Åsätra MK	2 [39:22.836]	3 [58:49.496]
3	102	Christopher Wiss	Elit	5	1:39:20.936	Botkyrka MK	2 [39:57.284]	3 [59:23.652]
4	366	Magnus Lindfors	Elit	5	1:39:36.001	Botkyrka MK	2 [39:55.581]	3 [59:40.420]
5	574	Jimmy Wicksell	Elit	5	1:40:40.110	Göta MS	2 [40:28.973]	3 [1:00:11.137]
6	95	Alexander Gunnerheim	Elit	5	1:41:25.233	Göta MS	2 [40:52.404]	3 [1:00:32.829]
7	132	Mattias Hägg	Elit	5	1:44:39.436	FMCK Strängnäs	2 [42:40.046]	3 [1:01:59.390]
8	688	Kim Grandell	Elit	5	1:52:33.347	Ålands MK	2 [44:13.397]	3 [1:08:19.950]
9	343	Richard Alun	Elit	4	1:19:43.142	SMK Södermanlän	2 [39:27.000]	2 [40:16.142]
10	153	Jonas Bergström	Elit	4	1:22:07.907	Göta MS	2 [41:25.761]	2 [40:42.146]
11	27	Jesper Johansson	Elit	2	39:28.382	Botkyrka MK	1 [19:49.629]	1 [19:38.753]
H 16-39								
1	177	Johan Wallin	H 16-39	4	1:26:35.356	Örbyhus MCK	2 [44:00.063]	2 [42:35.293]
2	292	Tobias Sörensson	H 16-39	4	1:27:10.372	Upplands Väsby IF	2 [44:03.263]	2 [43:07.109]
3	533	Kim Nilsson	H 16-39	4	1:27:41.423	Masarna SK	2 [44:51.277]	2 [42:50.146]
4	557	Fredrik Tobias Engström	H 16-39	4	1:28:03.792	Åsätra MK	2 [44:54.863]	2 [43:08.929]
5	203	Max Åsäker	H 16-39	4	1:28:45.435	SMK Hedemoraav	2 [44:44.362]	2 [44:01.073]
6	15	Christoffer Larsson	H 16-39	4	1:28:48.042	Arlanda MC	2 [44:33.859]	2 [44:14.183]
7	49	Robin Jansson	H 16-39	4	1:28:58.530	Örbyhus MCK	2 [44:46.988]	2 [44:11.542]
8	151	Alexander Svensson	H 16-39	4	1:29:05.065	Åsätra MK	2 [44:13.812]	2 [44:51.253]
9	387	Jacob Fredholm	H 16-39	4	1:29:47.539	Mälareö MCK	2 [45:15.426]	2 [44:32.113]
10	181	Pär Andersson	H 16-39	4	1:30:54.338	Fagersta-Norberg	2 [46:28.185]	2 [44:26.153]
11	232	Christian Larsson	H 16-39	4	1:32:16.554	Upplands Väsby IF	2 [46:06.532]	2 [46:10.022]
12	221	Hans Gunnar Emil Gustavson	H 16-39	4	1:32:42.516	Åsätra MK	2 [46:58.376]	2 [45:44.140]
13	277	Anders Wallenqvist	H 16-39	4	1:33:36.749	Uppsala MK	2 [47:50.591]	2 [45:46.158]
14	249	Jonathan Skansen	H 16-39	4	1:33:54.014	Botkyrka MK	2 [47:47.176]	2 [46:06.838]
15	932	Henrik Övragård	H 16-39	4	1:34:20.668	Göta MS	2 [48:34.902]	2 [45:45.766]
16	274	Joakim Åkesson	H 16-39	4	1:36:17.225	Arlanda MC	2 [49:15.416]	2 [47:01.809]
17	298	Kristoffer Gustafsson	H 16-39	4	1:36:37.357	Uppsala MK	2 [47:04.505]	2 [49:32.852]
18	285	Fredrik Thunman	H 16-39	4	1:36:41.179	Nyköpings MS	2 [49:02.647]	2 [47:38.532]
19	307	Lukasz Pultorak	H 16-39	4	1:36:44.219	Botkyrka MK	2 [47:55.524]	2 [48:48.695]
20	59	Sune Schwartz	H 16-39	4	1:36:50.179	Botkyrka MK	2 [49:38.515]	2 [47:11.664]
21	392	Fredrik Genander	H 16-39	4	1:38:34.688	Botkyrka MK	2 [50:37.662]	2 [47:57.026]
22	997	Robert Ånstrand	H 16-39	4	1:39:05.998	Uppsala MK	2 [50:27.330]	2 [48:38.668]
23	193	Klas Henriksson	H 16-39	4	1:44:20.865	Åsätra MK	2 [52:45.400]	2 [51:35.465]
24	265	Dario Krajinovic	H 16-39	4	1:44:32.440	FMCK Strängnäs	2 [52:26.519]	2 [52:05.921]
25	238	Jonas Alm	H 16-39	4	1:45:07.649	Rasbo MK	2 [52:11.559]	2 [52:56.090]
26	442	Fredrik Lindström	H 16-39	4	1:47:50.242	Mälardalens EK	2 [56:01.211]	2 [51:49.031]
27	279	Robin Söderlund	H 16-39	4	1:48:11.648	Göta MS	2 [55:13.627]	2 [52:58.021]
28	493	Patric Andersson	H 16-39	4	1:48:23.076	Sala MSK	2 [55:46.849]	2 [52:36.227]
29	147	Christer Dahlgqvist	H 16-39	4	1:49:02.666	Åsätra MK	2 [55:51.044]	2 [53:11.622]

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Pos	Nr.	Namn	Klass	Varv	Total Tid	Club	R1.	R2.
30	513	Magnus Martinell	H 16-39	4	1:55:15.229	Sala MSK	2 [59:57.990]	2 [55:17.239]
31	316	Niklas Fernqvist	H 16-39	4	2:12:23.356	Mälardalens EK	2 [1:07:32.108]	2 [1:04:51.248]
32	333	Andreas Karlsson	H 16-39	4	2:12:30.899	Uppsala MK	2 [1:07:23.172]	2 [1:05:07.727]
33	283	Tomas Mellberg	H 16-39	3	1:13:31.925	Nyköpings MS	2 [49:28.431]	1 [24:03.494]
34	556	Kristoffer Erlandsson	H 16-39	2	57:39.891	Botkyrka MK	2 [57:39.891]	-
35	85	Martin Holmström	H 16-39	1	26:57.721	FMCK Stockholm	1 [26:57.721]	-
DNF	245	Victor Packalen	H 16-39	0	0.000	SMK Södermanlän	0 [0.000]	-

H 40-49

1	542	Urban Mattias Nyström	H 40-49	4	1:29:48.820	Arlanda MC	2 [45:17.670]	2 [44:31.150]
2	567	Mikael Hed	H 40-49	4	1:31:58.030	FMCK Falun	2 [46:49.272]	2 [45:08.758]
3	427	Jonas Svensson	H 40-49	4	1:32:14.456	Östhammars MK	2 [46:17.310]	2 [45:57.146]
4	416	Jan Eriksson	H 40-49	4	1:33:21.249	Försvarsmaktens	2 [47:03.297]	2 [46:17.952]
5	189	Mattias Lööf	H 40-49	4	1:34:57.786	Rasbo MK	2 [49:24.534]	2 [45:33.252]
6	119	Fredrik Åkerfeldt	H 40-49	4	1:35:41.630	Uppsala MK	2 [49:22.722]	2 [46:18.908]
7	687	Kent Söderberg	H 40-49	4	1:36:03.263	Mälare MCK	2 [48:31.545]	2 [47:31.718]
8	990	Alexander Lundkvist	H 40-49	4	1:36:14.096	Nynäshamns MCK	2 [49:15.646]	2 [46:58.450]
9	551	Ronnie Hofberg	H 40-49	4	1:37:03.881	Sala MSK	2 [49:11.442]	2 [47:52.439]
10	786	Johan Falk	H 40-49	4	1:40:27.094	Åsätra MK	2 [50:48.308]	2 [49:38.786]
11	90	Niklas Källström	H 40-49	4	1:42:33.494	Uppsala MK	2 [53:26.165]	2 [49:07.329]
12	486	Gustaf Arvidsson	H 40-49	4	1:42:50.643	Uppsala MK	2 [52:20.870]	2 [50:29.773]
13	511	Gert Gustafsson	H 40-49	4	1:43:25.128	FMCK Stockholm	2 [52:59.019]	2 [50:26.109]
14	447	Thomas Norrman	H 40-49	4	1:47:30.361	MCK 4 All	2 [55:59.926]	2 [51:30.435]
15	821	Paul Wood	H 40-49	4	1:48:10.672	Fagersta-Norberg	2 [55:50.274]	2 [52:20.398]
16	139	Daniel Rålin	H 40-49	4	1:49:40.176	MX Stockholm MC	2 [56:58.009]	2 [52:42.167]
17	201	Mark Beveridge	H 40-49	4	2:04:19.858	Botkyrka MK	2 [1:05:17.015]	2 [59:02.843]
18	455	Stefan Sjöberg	H 40-49	4	2:07:52.185	Botkyrka MK	2 [1:04:35.701]	2 [1:03:16.484]
19	239	Björn Johansson	H 40-49	3	1:14:09.587	Botkyrka MK	2 [49:49.504]	1 [24:20.083]
20	855	Martin Rapp Klemets	H 40-49	1	24:20.897	Karlskoga MF	1 [24:20.897]	-
21	682	Roger Holmquist	H 40-49	1	41:36.318	MK Orion	1 [41:36.318]	-
DNF	321	Tomas Apelgårdh	H 40-49	0	0.000	Mälardalens EK	0 [0.000]	-
DNF	288	Niklas Ekwall Öhlin	H 40-49	0	0.000	Arlanda MC	0 [0.000]	-
DNF	570	Michel Fares Azar	H 40-49	0	0.000	Botkyrka MK	0 [0.000]	-

H 50-59

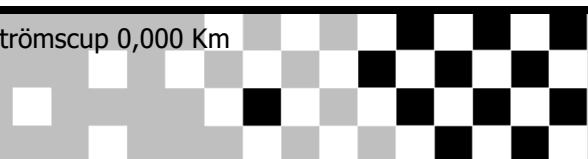
1	192	Örjan Brink	H 50-59	4	1:26:21.654	Göta MS	2 [42:35.642]	2 [43:46.012]
2	691	Kjell Rangdal	H 50-59	4	1:30:05.599	Botkyrka MK	2 [44:47.491]	2 [45:18.108]
3	218	Johan Werner	H 50-59	4	1:31:18.051	FMCK Stockholm	2 [45:33.604]	2 [45:44.447]
4	754	Göran Öberg	H 50-59	4	1:32:39.483	Botkyrka MK	2 [46:23.180]	2 [46:16.303]
5	742	Thomas Narding	H 50-59	4	1:32:47.799	Åsätra MK	2 [46:45.533]	2 [46:02.266]
6	213	Ove Johansson	H 50-59	4	1:33:12.080	Åsätra MK	2 [46:28.698]	2 [46:43.382]
7	763	Jan Karlsson	H 50-59	4	1:33:12.321	MK Orion	2 [46:45.393]	2 [46:26.928]
8	998	Thomas Steinwender	H 50-59	4	1:33:16.052	Åsätra MK	2 [46:10.283]	2 [47:05.769]
9	415	Michal Dymkowski	H 50-59	4	1:33:34.286	Botkyrka MK	2 [46:45.164]	2 [46:49.122]
10	205	Jonas Leidebrant	H 50-59	4	1:35:09.830	Göta MS	2 [47:40.464]	2 [47:29.366]
11	684	Magnus Forsling	H 50-59	4	1:36:23.401	FMCK Strängnäs	2 [47:27.967]	2 [48:55.434]
12	624	Göran Ingemar Segerlund	H 50-59	4	1:36:28.550	Botkyrka MK	2 [48:32.031]	2 [47:56.519]
13	82	Jonas Strand	H 50-59	4	1:37:20.095	Uppsala MCK	2 [49:00.081]	2 [48:20.014]

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Pos	Nr.	Namn	Klass	Varv	Total Tid	Club	R1.	R2.
14	726	Niklas Elofsson	H 50-59	4	1:37:30.193	Åsätra MK	2 [47:51.391]	2 [49:38.802]
15	121	Per Eklundh	H 50-59	4	1:37:50.251	Sala MSK	2 [47:57.925]	2 [49:52.326]
16	143	Per Björk	H 50-59	4	1:39:20.637	Göta MS	2 [49:21.822]	2 [49:58.815]
17	318	Erik Forselius	H 50-59	4	1:40:40.065	Göta MS	2 [50:12.793]	2 [50:27.272]
18	424	Mikael Strand	H 50-59	4	1:40:42.877	Uppsala MCK	2 [50:21.791]	2 [50:21.086]
19	4	Johan Hallberg	H 50-59	4	1:40:50.214	Göta MS	2 [48:19.486]	2 [52:30.728]
20	250	Niclas Fredholm	H 50-59	4	1:42:11.320	Mälärö MCK	2 [53:20.546]	2 [48:50.774]
21	290	Peter Engström	H 50-59	4	1:42:47.563	Åsätra MK	2 [51:04.507]	2 [51:43.056]
22	451	Björn Gottschalk	H 50-59	4	1:43:35.851	SMK Uppsala	2 [51:36.059]	2 [51:59.792]
23	68	Kenneth Lindroth	H 50-59	4	1:44:38.857	Värmdö MK	2 [53:22.068]	2 [51:16.789]
24	107	Johan Lagher	H 50-59	4	1:45:39.060	Göta MS	2 [52:59.620]	2 [52:39.440]
25	686	Mikael Ahlberg	H 50-59	4	1:45:51.922	Botkyrka MK	2 [53:09.898]	2 [52:42.024]
26	552	Joakim Ifver	H 50-59	4	1:46:38.906	FMCK Stockholm	2 [52:36.584]	2 [54:02.322]
27	784	Roger Johansson	H 50-59	4	1:48:51.198	FMCK Stockholm	2 [54:08.295]	2 [54:42.903]
28	452	Jan Lindroth	H 50-59	4	1:50:05.866	Åsätra MK	2 [54:44.347]	2 [55:21.519]
29	219	Hans Andersson	H 50-59	4	1:50:40.087	FMCK Stockholm	2 [54:22.245]	2 [56:17.842]
30	112	Kari Elfvengrén	H 50-59	4	1:51:41.677	Åsätra MK	2 [56:12.943]	2 [55:28.734]
31	527	Torbjörn Ekström	H 50-59	4	1:53:25.839	SMK Uppsala	2 [55:51.631]	2 [57:34.208]
32	344	Richard Tell	H 50-59	3	1:11:36.052	Värmdö MK	2 [47:33.792]	1 [24:02.260]
33	142	Ove Forselius	H 50-59	1	31:21.806	Göta MS	1 [31:21.806]	-

H 60-65

1	411	Rolle Berglund	H 60-65	4	1:42:57.474	Göta MS	2 [51:51.492]	2 [51:05.982]
2	767	Lars-Göran Westin	H 60-65	4	1:46:27.818	Uppsala MK	2 [53:29.726]	2 [52:58.092]
3	35	Dick Holmqvist	H 60-65	4	2:04:51.615	SMK Gävle	2 [1:04:35.174]	2 [1:00:16.441]

H 65+

1	225	Lars Scullman	H 65+	4	1:46:03.660	Åsätra MK	2 [52:52.804]	2 [53:10.856]
2	204	Per-Åke Rydeberg	H 65+	4	2:08:00.839	FMCK Stockholm	2 [1:04:35.985]	2 [1:03:24.854]
3	517	Leif Edvinsson	H 65+	4	2:27:08.922	Östhammars MK	2 [1:08:38.814]	2 [1:18:30.108]
4	135	Lars Helmer Söderlund	H 65+	3	1:42:00.778	Göta MS	2 [1:05:34.317]	1 [36:26.461]

Junior

1	349	Leo Aaltonen	Junior	5	1:38:25.089	Åsätra MK	2 [39:03.067]	3 [59:22.022]
2	7	Anton Edin	Junior	5	1:47:15.795	Östhammars MK	2 [42:10.929]	3 [1:05:04.866]
3	208	Tom Hamilton	Junior	5	1:56:25.817	Göta MS	2 [46:33.878]	3 [1:09:51.939]
4	94	Joakim Pettersson	Junior	2	44:22.785	Göta MS	2 [44:22.785]	0 [0.000]

Senior

1	86	Emil Rönn	Senior	5	1:44:06.308	Uppsala MK	2 [41:19.921]	3 [1:02:46.387]
2	765	Fredrik Bellqvist	Senior	5	1:50:33.394	Örbyhus MCK	2 [44:14.154]	3 [1:06:19.240]
3	413	Ludwig Lötman	Senior	5	1:53:46.670	Örbyhus MCK	2 [45:34.167]	3 [1:08:12.503]
4	124	Albin Forsling Ekblom	Senior	2	43:31.891	FMCK Strängnäs	2 [43:31.891]	-

Ungdom E0

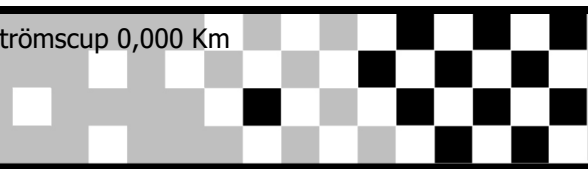
1	519	Isak Samuelsson	Ungdom E0	2	53:05.160	MK Orion	1 [26:55.813]	1 [26:09.347]
2	470	Anton Johansson	Ungdom E0	2	1:04:03.617	Botkyrka MK	1 [34:33.126]	1 [29:30.491]

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Pos	Nr.	Namn	Klass	Varv	Total Tid	Club	R1.	R2.
Ungdom E1								
1	286	Jimmy Bragge	Ungdom E1	4	1:29:18.918	Botkyrka MK	2 [45:01.097]	2 [44:17.821]
2	267	Oskar Färm Dymkowski	Ungdom E1	4	1:37:44.224	Botkyrka MK	2 [49:04.742]	2 [48:39.482]
3	254	Axel Öberg	Ungdom E1	4	1:43:20.531	Botkyrka MK	2 [51:54.258]	2 [51:26.273]
4	712	Alfons Grenfeldt	Ungdom E1	4	1:59:11.611	SAMS	2 [1:02:28.482]	2 [56:43.129]
5	410	Dennis Sjöberg Bremmer	Ungdom E1	2	1:10:22.851	Botkyrka MK	2 [1:10:22.851]	0 [0.000]