

# Resultat Forsells Motor Cup delt 7 Eskilstuna 2025

Plac	S-nr	Namn	Klubb	Klass	Crossbanan SP 1					Skogen SP 2					Tot varv	Totalt
					Varv 1	Varv 2	Varv 3	Varv 4	Varv 5	Varv 1	Varv 2	Varv 3	Varv 4	Varv 5		
1	807	Hanna Lagher	Botkyrka MK	Dam	0:08:28,92	0:08:37,47	0:08:19,83	0:08:15,98		0:09:24,00	0:09:31,13	0:09:20,86	0:09:29,01		8	1:11:27,20
2	136	Tilda Gräsman	Botkyrka MK	Dam	0:10:28,48	0:09:30,71	0:09:27,36	0:09:23,09		0:10:42,24	0:10:38,57	0:10:14,88	0:10:28,97		8	1:20:54,30
3	821	Nicole Canadas Sö	Hedesunda CK	Dam	0:09:36,51	0:09:32,59	0:09:15,80	0:09:04,01		0:11:43,36	0:11:10,66	0:10:36,94	0:10:34,32		8	1:21:34,18
4	145	Frida Skog	FMCK Strängnå	Dam	0:09:51,19	0:09:55,04	0:09:47,23	0:09:46,93		0:12:30,67	0:12:15,51	0:11:17,38	0:11:45,39		8	1:27:09,34
5	59	Linnéa Jensmark	Solshesters MC	Dam	0:10:58,90	0:10:41,25	0:10:41,33	0:10:16,82		0:11:56,45	0:12:42,19	0:12:06,67	0:11:26,03		8	1:30:49,63
6	455	Felicia Larsson	SMK Södermanl	Dam	0:10:31,64	0:11:29,78	0:11:26,44	0:11:28,24		0:13:30,07	0:15:57,66	0:14:12,46	0:14:09,63		8	1:42:45,91
7	152	Maria Tor Nyqvist	SMK Vingåker	Dam	0:11:15,49	0:13:25,77	0:11:38,13	0:11:51,86		0:13:51,23	0:14:05,20	0:14:20,31	0:15:01,72		8	1:45:29,71
1	71	Jimmie Knutas	Vissefjärda EK	El	0:09:04,92	0:09:02,02	0:09:01,20	0:08:59,46		0:10:30,72	0:10:19,47	0:10:28,49	0:10:08,96		8	1:17:35,24
2	556	Håkan Westin	Bålsta Enduro K	El	0:09:22,73	0:09:16,84	0:09:08,06	0:08:55,44		0:10:44,46	0:10:28,71	0:10:04,09	0:09:54,65		8	1:17:54,98
3	688	Conny Kraiman	Haninge MK	El	0:09:11,94	0:09:20,72	0:09:20,36	0:09:16,91		0:10:11,26	0:10:26,92	0:10:37,76	0:10:32,88		8	1:18:58,74
4	833	Simon Nordin	FMCK Strängnå	El	0:08:54,89	0:09:12,16	0:09:00,69	0:08:48,19		0:11:11,40	0:12:18,24	0:10:55,44	0:10:48,04		8	1:21:09,05
5	767	William Westin	Bålsta Enduro K	El	0:21:37,81	0:09:09,73	0:09:06,53	0:08:52,37		0:10:20,78	0:10:05,54	0:09:52,45	0:09:38,52		8	1:28:43,72
6	32	Mikael Englund	AMF Södertälje	El	0:10:51,54	0:10:41,52	0:10:41,03			0:12:35,01	0:12:39,60	0:12:21,49		6	1:09:50,18	
1	244	Emil Rönn	Uppsala MK	Elit	0:07:47,14	0:07:45,15	0:07:43,44	0:07:42,48	0:07:40,42	0:08:33,77	0:08:39,18	0:08:34,00	0:08:31,92	0:08:35,17	10	1:21:32,66
1	332	Alexander Wedin	SMK Söderham	Junior	0:07:35,80	0:07:43,64	0:07:56,71	0:07:44,70	0:07:49,50	0:08:20,10	0:08:23,51	0:08:23,86	0:08:31,65	0:08:27,96	10	1:20:57,42
2	398	Felix Nyström	Åsätra MK	Junior	0:08:16,01	0:08:03,94	0:07:58,94	0:08:05,04	0:08:08,50	0:08:47,78	0:08:45,81	0:08:53,55	0:09:22,30	0:09:01,42	10	1:25:23,30
3	245	Axel Gunnarsson	Östhammars MK	Junior	0:08:23,25	0:08:19,58	0:08:18,87	0:08:12,72	0:08:14,35	0:09:29,17	0:09:13,40	0:09:13,36	0:09:18,10	0:09:13,24	10	1:27:56,03
4	336	Max Ferm Lundgren	Mälare MCK	Junior	0:08:28,81	0:08:24,16	0:08:17,27	0:08:19,42	0:08:11,82	0:09:27,80	0:09:23,80	0:09:25,60	0:09:32,63	0:09:32,38	10	1:29:03,69
5	41	Colin Lyckman	Mälardalens EK	Junior	0:08:28,01	0:08:29,26	0:08:22,55	0:08:21,27	0:08:29,09	0:09:25,69	0:09:35,27	0:09:16,39	0:09:20,10	0:09:22,49	10	1:29:10,12
6	652	August Grönlund	SMK Gävle	Junior	0:09:25,32	0:08:56,93	0:08:47,50	0:08:49,46	0:08:55,77	0:10:14,44	0:09:45,82	0:09:43,82	0:09:45,94	0:09:40,04	10	1:34:05,04
7	390	Erik Larsson	Östhammars MK	Junior	0:09:07,29	0:09:17,18	0:08:40,88	0:08:42,83	0:08:38,48	0:10:39,82	0:10:18,40	0:10:04,47	0:09:59,06	0:09:47,37	10	1:35:15,79
8	62	Klas Ullerstam	Åsätra MK	Junior	0:08:56,53					Ej Startat					1	0:08:56,53
1	198	Mattias Hägg	SMK Vingåker	M 16-39	0:07:48,48	0:07:48,87	0:07:40,37	0:07:33,81		0:08:33,93	0:08:34,46	0:08:21,62	0:08:20,99		8	1:04:42,53
2	178	Viktor Öberg	FMCK Strängnå	M 16-39	0:08:00,16	0:07:53,13	0:07:55,57	0:07:59,61		0:08:30,38	0:08:41,06	0:08:42,14	0:09:13,22		8	1:06:55,26
3	144	Rasmus Sjöberg	MK Orion	M 16-39	0:08:05,73	0:08:13,75	0:08:16,85	0:08:07,17		0:08:44,72	0:08:52,99	0:09:04,70	0:08:51,33		8	1:08:17,23
4	394	Jordan Lood	Göta MS	M 16-39	0:08:01,76	0:08:00,17	0:07:59,76	0:07:59,45		0:09:04,34	0:09:10,11	0:09:08,62	0:08:59,76		8	1:08:23,97
5	82	Rasmus Ytterberg	MK Orion	M 16-39	0:08:17,91	0:08:09,37	0:08:15,11	0:08:09,09		0:08:57,79	0:09:08,47	0:09:03,64	0:08:53,40		8	1:08:54,79
6	23	Linus Öberg	FMCK Strängnå	M 16-39	0:08:14,65	0:08:17,42	0:08:13,24	0:08:08,51		0:09:16,26	0:09:15,69	0:09:00,14	0:08:57,37		8	1:09:23,27
7	5	Daniel Henderson	SMK Södermanl	M 16-39	0:08:40,53	0:08:24,90	0:08:15,82	0:08:08,33		0:09:33,78	0:09:07,81	0:08:56,08	0:08:49,11		8	1:09:56,37
8	488	Robin Wicksell	Rasbo MK	M 16-39	0:08:09,40	0:08:15,44	0:08:11,50	0:08:07,21		0:09:20,15	0:09:17,68	0:09:24,09	0:09:30,02		8	1:10:15,50
9	75	Albin Ullerstam	Åsätra MK	M 16-39	0:08:21,07	0:08:33,12	0:08:18,98	0:08:17,57		0:09:10,38	0:09:07,82	0:09:09,90	0:09:32,91		8	1:10:31,75
10	490	Lukas Hakso	MSK Skinnskatte	M 16-39	0:08:32,26	0:08:34,01	0:08:33,96	0:08:13,06		0:09:38,66	0:09:30,02	0:09:27,16	0:09:24,96		8	1:11:54,10
11	811	Patric Jonsson	MSK Hammarer	M 16-39	0:08:23,67	0:08:30,98	0:08:19,79	0:08:22,15		0:09:46,56	0:09:39,47	0:09:26,67	0:09:29,83		8	1:11:59,11
12	169	Arvid Westman	Örbyhus MCK	M 16-39	0:08:44,53	0:08:40,81	0:08:42,61	0:08:33,67		0:09:49,96	0:09:38,51	0:09:34,21	0:09:41,01		8	1:13:25,31
13	256	Niklas Olofsson Bie	FMCK Strängnå	M 16-39	0:08:27,57	0:08:50,82	0:08:44,89	0:08:28,59		0:09:38,08	0:10:18,55	0:09:42,70	0:09:31,65		8	1:13:42,85
14	4	Jimmy Eriksson	FMCK Strängnå	M 16-39	0:08:44,35	0:08:50,86	0:08:44,03	0:08:43,93		0:10:05,16	0:09:50,07	0:09:58,10	0:09:54,95		8	1:14:51,46
15	238	Jonas Alm	FMCK Strängnå	M 16-39	0:08:43,22	0:08:54,83	0:08:52,46	0:08:51,88		0:09:57,32	0:10:00,58	0:09:54,18	0:10:02,16		8	1:15:16,64
16	85	Joni Huczowski	Botkyrka MK	M 16-39	0:09:03,26	0:08:47,98	0:08:41,31	0:08:47,54		0:10:28,39	0:10:13,98	0:10:09,08	0:10:21,66		8	1:16:33,20
17	30	Jesper Tigerhielm	FMCK Stockhol	M 16-39	0:09:02,52	0:08:56,63	0:08:56,71	0:09:03,98		0:10:20,90	0:10:10,60	0:10:01,67	0:10:13,82		8	1:16:46,82
18	180	Thom Hawke	SMK Södermanl	M 16-39	0:09:10,49	0:09:04,37	0:08:56,37	0:08:45,44		0:10:11,71	0:10:26,72	0:10:13,69	0:10:00,50		8	1:16:49,30
19	999	Piotr Klósek	Botkyrka MK	M 16-39	0:08:57,08	0:09:00,68	0:08:53,03	0:08:53,15		0:10:22,52	0:10:17,05	0:10:34,94	0:09:52,41		8	1:16:50,85
20	609	Emanuel Zottermar	Botkyrka MK	M 16-39	0:08:49,59	0:08:58,98	0:09:20,30	0:09:08,47		0:10:25,91	0:10:23,46	0:10:18,89	0:10:34,20		8	1:17:59,78
21	120	Jim Nilsson	FMCK Stockhol	M 16-39	0:09:05,84	0:09:28,09	0:09:26,67	0:09:14,91		0:10:19,30	0:10:16,77	0:10:22,22	0:10:19,02		8	1:18:32,82
22	157	Pierre Edstein	FMCK Strängnå	M 16-39	0:09:08,59	0:08:59,76	0:08:56,92	0:08:56,50		0:10:40,99	0:10:34,89	0:10:35,64	0:10:53,62		8	1:18:46,90
23	389	Eddie Wennbom	Östhammars MK	M 16-39	0:10:05,19	0:09:01,57	0:08:53,51	0:08:56,06		0:10:16,75	0:10:39,94	0:10:57,35	0:10:38,41		8	1:19:28,78

24	607	Oliver Heed	FMCK Falun	M 16-39	0:09:23,40	0:09:22,98	0:08:59,07	0:09:25,39		0:10:50,28	0:10:52,69	0:10:43,34	0:10:26,08		8	1:20:03,21
25	660	Viktor Hellberg	Östhammars MK	M 16-39	0:09:26,33	0:09:38,98	0:09:29,28	0:09:25,81		0:10:36,92	0:10:43,66	0:10:33,63	0:10:23,62		8	1:20:18,23
26	17	Tymoteusz Wilmow	Haninge MK	M 16-39	0:09:49,45	0:09:30,80	0:09:22,98	0:09:12,74		0:11:06,25	0:10:41,55	0:10:35,16	0:11:16,23		8	1:21:35,16
27	89	Robert Eriksson	MK Orion	M 16-39	0:09:50,52	0:09:54,92	0:09:53,51	0:09:50,50		0:10:33,04	0:10:29,37	0:10:41,58	0:10:22,71		8	1:21:36,14
28	567	Hjalmar Lundin	Botkyrka MK	M 16-39	0:08:36,54	0:08:41,63	0:08:36,58	0:18:45,44		0:09:38,70	0:09:27,50	0:09:33,62	0:09:20,10		8	1:22:40,11
29	626	Karl Malmström	Enköpings MK	M 16-39	0:09:44,80	0:09:52,23	0:09:31,32	0:09:33,37		0:12:11,32	0:11:12,84	0:10:54,38	0:10:57,56		8	1:23:57,83
30	325	Mathias Johansson	Åsätra MK	M 16-39	0:09:50,06	0:09:55,30	0:09:49,88	0:09:34,48		0:11:36,10	0:11:18,07	0:11:00,57	0:11:00,06		8	1:24:04,52
31	196	Clas Holmert	Haninge MK	M 16-39	0:09:46,96	0:09:55,76	0:09:36,16	0:09:20,00		0:11:42,88	0:11:41,50	0:12:29,51	0:10:36,75		8	1:25:09,51
32	147	Lauri Salander	Botkyrka MK	M 16-39	0:09:56,96	0:10:24,19	0:09:56,75	0:09:54,68		0:11:42,11	0:11:42,60	0:11:22,97	0:11:13,63		8	1:26:13,89
33	158	Nicklas Carlsson	SMK Södermanl	M 16-39	0:11:09,71	0:10:14,40	0:10:06,70	0:09:58,82		0:12:40,86	0:11:45,29	0:12:11,20	0:12:02,87		8	1:30:09,85
34	48	Jesper Olofsson	SMK Märsta	M 16-39	0:11:28,63	0:10:34,93	0:10:16,61	0:10:08,72		0:12:52,14	0:12:53,50	0:12:51,18	0:11:55,49		8	1:33:01,00
35	16	Daniel Pajak	Nyköpings MS	M 16-39	0:10:53,75	0:11:15,78	0:10:37,72	0:11:00,96		0:12:25,17	0:13:56,34	0:14:41,67	0:13:59,86		8	1:38:51,25
1	991	Martin Grankvist	Botkyrka MK	M 40-49	0:07:58,21	0:07:56,73	0:07:51,93	0:07:53,11		0:08:52,55	0:08:48,28	0:08:41,21	0:08:39,91		8	1:06:41,94
2	404	Tobias Burman	Östhammars MK	M 40-49	0:08:16,39	0:08:19,47	0:08:09,71	0:08:13,88		0:08:52,37	0:09:10,72	0:09:02,29	0:08:53,23		8	1:08:58,07
3	416	Tommy Engblom	Arlanda MC	M 40-49	0:08:17,42	0:08:18,21	0:08:14,00	0:08:05,29		0:09:15,04	0:09:25,28	0:09:12,10	0:08:58,86		8	1:09:46,20
4	205	Robin Berg	SMK Södermanl	M 40-49	0:08:04,67	0:08:15,99	0:08:14,96	0:08:12,57		0:09:20,13	0:09:29,32	0:09:06,59	0:09:10,20		8	1:09:54,43
5	492	Daniel Jansson	Sala MSK	M 40-49	0:08:29,53	0:08:24,28	0:08:17,95	0:08:18,40		0:09:10,28	0:09:06,94	0:09:05,15	0:09:05,04		8	1:09:57,58
6	366	Stefan Sundberg	SMK Gävle	M 40-49	0:08:28,63	0:08:15,32	0:08:19,64	0:08:20,65		0:09:05,94	0:09:31,87	0:09:24,13	0:09:21,14		8	1:10:47,31
7	565	Martin Holmström	FMCK Stockholm	M 40-49	0:08:27,56	0:08:33,37	0:08:34,38	0:08:20,22		0:09:10,35	0:09:29,97	0:09:16,43	0:09:16,96		8	1:11:09,24
8	260	Andreas Jonsson	Arlanda MC	M 40-49	0:08:28,01	0:08:18,73	0:08:21,81	0:08:23,25		0:09:33,39	0:09:29,94	0:09:28,70	0:09:25,56		8	1:11:29,39
9	410	Filip Berglund	Göta MS	M 40-49	0:08:26,20	0:08:34,43	0:08:33,53	0:08:29,73		0:09:31,70	0:09:31,26	0:09:38,06	0:09:34,26		8	1:12:19,18
10	234	Fabian Kling	Botkyrka MK	M 40-49	0:09:00,89	0:08:45,72	0:09:19,97	0:08:47,79		0:09:39,17	0:09:34,21	0:09:26,57	0:09:26,64		8	1:14:00,96
11	159	Andreas Nordh	Bollnäs MK	M 40-49	0:08:51,38	0:08:52,14	0:08:53,64	0:08:46,20		0:09:52,29	0:09:50,52	0:10:02,96	0:10:01,01		8	1:15:10,15
12	73	Johan Rystedt	Arlanda MC	M 40-49	0:08:49,16	0:08:48,77	0:08:54,52	0:08:47,76		0:10:00,74	0:10:11,63	0:09:54,18	0:09:56,12		8	1:15:22,89
13	434	Per Johansson	SMK Södermanl	M 40-49	0:08:53,77	0:08:53,25	0:08:48,35	0:08:53,64		0:10:04,90	0:09:55,46	0:10:01,00	0:10:06,03		8	1:15:36,40
14	156	Ruben Jonasson	Göta MS	M 40-49	0:09:00,58	0:09:03,35	0:09:00,88	0:08:57,18		0:10:05,33	0:10:08,25	0:10:01,37	0:09:50,68		8	1:16:07,61
15	1001	Johan Selander	FMCK Strängnä	M 40-49	0:09:12,10	0:08:50,19	0:08:52,86	0:08:53,88		0:10:28,82	0:10:08,31	0:10:00,32	0:10:06,64		8	1:16:33,13
16	899	Patrik Lundin	Åsätra MK	M 40-49	0:09:05,39	0:09:01,49	0:09:00,30	0:09:06,61		0:09:51,21	0:10:07,90	0:10:06,98	0:10:28,09		8	1:16:47,97
17	595	Jonas Karlsson	FMCK Stockholm	M 40-49	0:09:08,95	0:09:06,79	0:09:06,08	0:09:04,21		0:10:23,06	0:10:02,35	0:10:14,24	0:10:31,07		8	1:17:36,76
18	24	Björn Sjöblom	Nynäshamns MC	M 40-49	0:09:15,11	0:09:32,58	0:09:25,18	0:09:17,00		0:10:37,62	0:10:43,36	0:10:25,35	0:10:16,84		8	1:19:33,04
19	316	Niklas Borin	FMCK Söderma	M 40-49	0:09:35,83	0:09:27,87	0:09:08,65	0:09:04,27		0:11:11,11	0:10:47,98	0:10:19,51	0:10:05,39		8	1:19:40,61
20	515	Robin Nässlin	SMK Gävle	M 40-49	0:09:27,11	0:09:27,26	0:09:17,66	0:09:17,90		0:10:46,17	0:10:33,32	0:10:23,48	0:10:29,98		8	1:19:42,88
21	513	Magnus Martinell	Sala MSK	M 40-49	0:09:43,82	0:09:28,18	0:09:40,14	0:09:28,10		0:11:03,91	0:10:57,02	0:10:58,67	0:10:50,79		8	1:22:10,62
22	989	Andreas Qvarnström	Mälardalens EK	M 40-49	0:09:49,31	0:09:53,10	0:09:35,05	0:09:35,54		0:10:59,73	0:10:58,31	0:10:46,30	0:10:50,82		8	1:22:28,16
23	597	Dan Nässlin	SMK Gävle	M 40-49	0:09:52,25	0:10:00,58	0:09:58,53	0:09:37,72		0:11:47,49	0:11:32,92	0:11:16,91	0:11:02,60		8	1:25:09,00
24	461	Magnus Lyckman	Mälardalens EK	M 40-49	0:09:32,89	0:09:37,53	0:09:40,26	0:09:27,97		0:11:49,46	0:12:21,27	0:11:19,47	0:11:27,83		8	1:25:16,66
25	310	Niklas Källström	Uppsala MK	M 40-49	0:09:48,86	0:09:42,22	0:09:33,13	0:09:26,23		0:11:41,09	0:11:24,88	0:11:06,06	0:12:53,33		8	1:25:35,80
26	13	Maciej Wilmowski	Haninge MK	M 40-49	0:09:21,07	0:09:22,88	0:09:33,09	0:08:17,84		0:10:32,42	0:19:29,85	0:10:38,67	0:10:21,77		8	1:27:37,58
27	333	Sebastian Pajak	Nyköpings MS	M 40-49	0:10:01,80	0:10:01,11	0:10:05,18	0:10:19,83		0:12:37,09	0:12:56,26	0:12:54,77	0:11:52,95		8	1:30:48,97
28	295	Mattias Ulander	MCK 4 All	M 40-49	0:10:22,47	0:10:42,46	0:10:31,98	0:10:36,85		0:13:33,80	0:13:11,38	0:13:00,51	0:12:51,33		8	1:34:50,77
29	55	Tommie Eriksson	Åsätra MK	M 40-49	0:11:23,95	0:11:25,27	0:11:30,81	0:11:29,11		0:13:02,86	0:13:38,13	0:13:31,69	0:13:59,87		8	1:40:01,69
30	789	Christofer Larsson	Örbyhus MCK	M 40-49	0:09:07,71	0:09:08,02				0:10:15,08	0:10:08,02				4	0:38:39,00
1	657	Mikael Heed	FMCK Falun	M 50-54	0:08:14,98	0:08:15,31	0:08:02,03	0:07:57,47		0:08:49,86	0:08:54,90	0:08:55,72	0:08:36,40		8	1:07:46,66
2	640	Magnus Ahlström	Värmdö MK	M 50-54	0:08:22,47	0:08:16,48	0:08:12,74	0:08:06,53		0:09:23,37	0:09:13,90	0:08:56,84	0:09:12,92		8	1:09:45,24
3	546	Jonas Lundvall	MCK 4 All	M 50-54	0:08:42,90	0:08:57,24	0:08:42,21	0:08:25,64		0:09:37,22	0:09:51,73	0:09:27,69	0:09:31,85		8	1:13:16,48
4	590	Tomas Strandberg	Botkyrka MK	M 50-54	0:08:47,97	0:08:47,96	0:08:51,13	0:08:43,81		0:09:39,08	0:09:47,18	0:09:48,21	0:09:47,98		8	1:14:13,33
5	557	Ronnie Hofberg	Sala MSK	M 50-54	0:08:50,74	0:08:43,80	0:08:48,92	0:08:37,24		0:09:36,14	0:09:53,68	0:10:03,67	0:09:50,57		8	1:14:24,75
6	335	Magnus Nyqvist	SMK Vingåker	M 50-54	0:08:55,06	0:08:53,56	0:08:57,29	0:08:52,17		0:09:55,40	0:09:45,69	0:09:55,47	0:09:45,99		8	1:15:00,63

7	188	Peter Sandberg	Åsätra MK	M 50-54	0:08:59,85	0:09:06,15	0:08:52,30	0:09:13,19		0:10:02,99	0:09:52,80	0:09:55,60	0:10:07,49		8	1:16:10,37
8	91	Fredrik Spång	FMCK Strängnäs	M 50-54	0:09:13,51	0:09:06,55	0:09:04,30	0:08:47,41		0:10:23,54	0:10:34,97	0:10:33,95	0:10:22,93		8	1:18:07,16
9	50	Jonas Hasselgren	SMK Södermanl	M 50-54	0:09:34,12	0:09:02,98	0:09:04,30	0:08:59,48		0:10:46,97	0:10:24,07	0:10:16,24	0:10:18,90		8	1:18:27,05
10	311	Gert Gustafsson	FMCK Stockholm	M 50-54	0:09:29,39	0:09:31,01	0:09:28,69	0:09:27,99		0:10:35,45	0:10:17,11	0:10:07,40	0:10:32,25		8	1:19:29,29
11	438	Peter Ferm Langma	Mälare MCK	M 50-54	0:09:18,25	0:09:18,15	0:09:23,16	0:09:29,76		0:10:40,26	0:10:51,25	0:10:48,36	0:11:17,91		8	1:21:07,08
12	509	Tomas Pettersson	Sala MSK	M 50-54	0:09:47,55	0:09:31,24	0:09:23,87	0:09:26,41		0:11:07,08	0:10:55,68	0:10:47,72	0:10:51,11		8	1:21:50,66
13	160	Mikael Malmgren	Värmdö MK	M 50-54	0:10:00,52	0:10:28,33	0:10:12,02	0:10:06,03		0:12:14,32	0:12:27,45	0:12:04,83	0:11:29,48		8	1:29:02,99
14	375	Tobias Blomqvist	Västerås MK	M 50-54	0:10:15,19	0:10:16,69	0:10:30,35	0:10:21,30		0:12:19,11	0:12:33,52	0:12:38,99	0:12:01,12		8	1:30:56,24
15	204	Tobias Qvarnström	Arlanda MC	M 50-54	0:10:41,35	0:11:11,78	0:11:22,92	0:11:30,53		0:14:23,06	0:14:02,37	0:13:47,53	0:14:14,97		8	1:41:14,50
16	540	Stefan Gallon	MSK Skinnskatte	M 50-54	0:12:18,21	0:13:22,17				0:15:18,37	0:16:50,17				4	0:57:48,92
1	267	Carl-Ulric Wendin	Östhammars MK	M 55-59	0:08:17,08	0:08:21,09	0:08:21,70	0:08:15,15		0:09:15,96	0:09:21,27	0:09:14,70	0:09:14,88		8	1:10:21,84
2	218	Johan Werner	FMCK Stockholm	M 55-59	0:08:22,80	0:08:35,51	0:08:26,25	0:08:27,87		0:09:09,15	0:09:22,76	0:09:18,11	0:09:29,26		8	1:11:11,72
3	913	Jan Karlsson	MK Orion	M 55-59	0:08:38,48	0:08:44,65	0:08:40,66	0:08:36,07		0:09:37,42	0:09:42,71	0:09:51,92	0:09:40,66		8	1:13:32,58
4	684	Magnus Forsling	FMCK Strängnäs	M 55-59	0:08:41,29	0:08:42,28	0:08:41,48	0:08:42,51		0:10:00,94	0:09:52,88	0:10:00,61	0:10:18,72		8	1:15:00,70
5	666	Mats Andersson	Botkyrka MK	M 55-59	0:08:59,05	0:09:13,32	0:09:00,35	0:08:51,06		0:10:02,67	0:10:25,87	0:10:01,70	0:09:55,31		8	1:16:29,33
6	680	Acke Pettersson	SMK Södermanl	M 55-59	0:09:02,62	0:09:09,75	0:08:53,90	0:09:07,61		0:10:19,81	0:10:16,01	0:10:22,04	0:10:07,51		8	1:17:19,25
7	824	Tommy Löfgren	SMK Södermanl	M 55-59	0:08:45,18	0:08:55,70	0:08:54,42	0:09:00,25		0:10:14,64	0:10:21,26	0:10:26,89	0:10:48,43		8	1:17:26,76
8	122	Stefan Roll	FMCK Stockholm	M 55-59	0:08:59,01	0:09:10,52	0:09:00,17	0:08:59,98		0:10:22,65	0:10:23,85	0:10:20,70	0:10:10,10		8	1:17:26,98
9	213	Ove Johansson	Åsätra MK	M 55-59	0:09:23,78	0:09:17,80	0:09:15,47	0:09:11,87		0:10:26,36	0:10:23,65	0:10:05,74	0:10:13,49		8	1:18:18,15
10	771	Kaj Gunnarsson	Östhammars MK	M 55-59	0:09:17,91	0:09:20,46	0:09:10,77	0:09:06,73		0:10:33,77	0:10:39,10	0:10:23,56	0:10:19,96		8	1:18:52,25
11	725	Jacob Hultgren	FMCK Stockholm	M 55-59	0:09:00,59	0:09:11,94	0:09:16,05	0:09:05,99		0:10:44,18	0:11:00,75	0:10:40,36	0:10:35,21		8	1:19:35,08
12	166	Mikael Pettersson	FMCK Stockholm	M 55-59	0:09:23,02	0:09:27,98	0:09:10,09	0:09:13,23		0:11:02,51	0:10:59,18	0:10:38,96	0:10:30,60		8	1:20:25,56
13	780	Roger Johansson	FMCK Stockholm	M 55-59	0:09:30,39	0:09:37,28	0:09:23,03	0:09:29,02		0:10:50,56	0:10:41,29	0:10:36,37	0:10:48,37		8	1:20:56,31
14	68	Kenneth Lindroth	Värmdö MK	M 55-59	0:09:18,96	0:09:25,77	0:09:27,00	0:09:17,62		0:10:59,67	0:10:53,64	0:10:31,86	0:11:26,81		8	1:21:21,32
15	720	Jim Palmquist	Bollnäs MK	M 55-59	0:09:20,67	0:09:35,96	0:09:46,29	0:10:00,40		0:10:51,28	0:11:00,75	0:11:37,24	0:12:01,33		8	1:24:13,91
16	134	Magnus Pettersson	Sala MSK	M 55-59	0:09:41,86	0:09:12,65	0:09:22,01	0:09:23,93		0:11:43,86	0:11:05,83	0:11:58,10	0:12:46,56		8	1:25:14,81
17	452	Jan Lindroth	FMCK Stockholm	M 55-59	0:09:48,16	0:10:01,91	0:09:54,50	0:09:57,94		0:12:00,35	0:11:19,68	0:11:16,35	0:11:04,63		8	1:25:23,53
18	576	Pert Lamberg	Sala MSK	M 55-59	0:09:48,26	0:09:59,78	0:10:01,09	0:09:49,16		0:11:42,80	0:11:14,57	0:11:34,60	0:11:31,65		8	1:25:41,91
19	148	Gert Eriksson	SMK Märsta	M 55-59	0:09:52,53	0:09:59,39	0:10:10,53	0:10:27,27		0:13:25,20	0:12:00,07	0:11:43,30	0:11:43,87		8	1:29:22,15
20	756	Henrik Andersen	Östhammars MK	M 55-59	0:09:26,49	0:09:19,36	0:37:48,09	0:09:16,51		0:10:17,72	0:10:18,54	0:10:15,93	0:10:23,45		8	1:47:06,09
21	468	Roger Johansson	Åsätra MK	M 55-59	0:11:32,28	0:12:45,96	0:13:10,66	0:13:33,78		0:13:35,03	0:13:41,37	0:15:02,23	0:15:53,86		8	1:49:15,15
22	400	Kent Nyberg	SMK Gävle	M 55-59	0:08:28,29					Ej Startat					1	0:08:28,29
1	630	Leif Blomberg	Haninge MK	M 60-65	0:08:42,50	0:08:54,17	0:08:49,53	0:08:48,85		0:09:59,04	0:09:59,31	0:10:01,24	0:10:10,09		8	1:15:24,72
2	721	Per Eklundh	Sala MSK	M 60-65	0:09:05,79	0:09:11,57	0:09:09,81	0:09:05,43		0:10:14,56	0:10:13,08	0:10:14,91	0:10:14,43		8	1:17:29,59
3	763	Mårten Hultgren	FMCK Stockholm	M 60-65	0:09:18,38	0:09:18,42	0:09:26,73	0:09:22,13		0:10:36,44	0:11:01,97	0:10:46,58	0:10:40,89		8	1:20:31,55
4	552	Joakim Ifver	Värmdö MK	M 60-65	0:10:04,92	0:10:07,61	0:10:02,24	0:09:46,43		0:11:43,53	0:11:32,77	0:11:27,98	0:11:07,78		8	1:25:53,25
5	162	Johan Lagher	Mälardalens EK	M 60-65	0:10:03,89	0:10:20,73	0:10:19,88	0:10:20,78		0:11:46,98	0:12:07,61	0:12:44,76	0:12:07,29		8	1:29:51,93
6	351	Patrik Lindberg	Göta MS	M 60-65	0:10:51,11	0:11:07,46	0:11:04,94	0:10:48,87		0:12:52,34	0:12:25,91	0:12:36,87	0:12:42,11		8	1:34:29,61
1	107	Rune Kumlin	Göta MS	M 65+	0:09:19,23	0:09:30,53	0:09:30,19	0:09:43,97		0:11:08,38	0:10:56,99	0:11:16,20	0:11:13,07		8	1:22:38,56
2	126	Torbjörn Andersson	MSK Skinnskatte	M 65+	0:10:31,23	0:10:31,87	0:10:22,63	0:10:20,42		0:12:26,04	0:12:07,43	0:12:18,22	0:13:05,58		8	1:31:43,43
3	161	Peter Lindström	Göta MS	M 65+	0:10:34,85	0:10:44,23	0:10:52,75	0:10:42,46		0:13:04,74	0:14:09,32	0:13:38,08	0:13:30,42		8	1:37:16,85
4	470	Jan-Erik Johansson	AMF Södertälje	M 65+	0:10:36,20	0:10:30,30	0:10:49,51			0:12:42,76	0:13:03,01	0:13:06,05			6	1:10:47,83
1	72	Anton Edin	Östhammars MK	Senior	0:07:54,88	0:07:52,96	0:07:58,56	0:07:45,74	0:07:55,70	0:08:25,46	0:08:28,21	0:08:32,66	0:08:33,78	0:08:36,30	10	1:22:04,25
2	278	David Holmqvist	Örbyhus MCK	Senior	0:08:02,30	0:07:56,67	0:07:53,62	0:07:54,48	0:07:53,96	0:08:49,40	0:08:43,76	0:08:46,61	0:08:49,42	0:08:46,60	10	1:23:36,80
3	51	Fredrik Forsell	Arlanda MC	Senior	0:08:05,38	0:07:59,60	0:07:55,27	0:07:53,77	0:07:54,17	0:08:55,90	0:08:53,77	0:08:47,35	0:08:36,06	0:08:41,93	10	1:23:43,19
4	153	Victor Norström	MSK Skinnskatte	Senior	0:08:15,82	0:08:14,12	0:08:03,67	0:08:00,71	0:08:05,21	0:08:55,77	0:08:47,73	0:08:41,13	0:08:49,40	0:08:50,96	10	1:25:04,53
5	53	Tim Johansson	Åsätra MK	Senior	0:08:21,60	0:08:18,63	0:08:19,61	0:08:14,91	0:08:13,83	0:09:03,25	0:09:31,23	0:09:21,21	0:09:25,48	0:09:24,02	10	1:28:13,74
6	88	Henrik Övragård	Örbyhus MCK	Senior	0:08:32,39	0:08:29,76	0:08:25,93	0:08:29,13	0:08:25,13	0:09:30,49	0:09:25,32	0:09:28,71	0:09:43,18	0:09:18,03	10	1:29:48,07

7	1002	Linus Johansson	SMK Södermanl	Senior	0:08:20,70	0:08:25,08	0:08:23,28	0:08:23,51	0:08:17,10	0:09:35,76	0:09:39,16	0:09:31,10	0:09:42,19	0:09:43,49	10	1:30:01,38
8	432	Anders Persson	FME	Senior	0:08:48,77	0:08:48,95	0:08:43,53	0:08:35,19	0:08:35,16	0:10:06,94	0:09:42,49	0:09:51,67	0:09:38,86	0:09:43,80	10	1:32:35,37
1	616	Olle Andersson	Göta MS	Ungdom E0	0:13:52,33	0:21:55,13	0:12:26,89			0:21:25,93	0:22:30,08	0:19:37,72			6	1:51:48,08
1	566	Wiggo Wicksell	Uppsala MK	Ungdom E1	0:07:55,13	0:07:48,07	0:07:50,73	0:07:44,06		0:08:53,32	0:08:43,91	0:10:57,15	0:08:42,49		8	1:08:34,85
2	794	Tristan Bjelke	MK Orion	Ungdom E1	0:08:30,41	0:08:25,64	0:08:16,50	0:08:15,34		0:09:28,46	0:09:25,02	0:09:34,66	0:09:36,76		8	1:11:32,77
3	33	William Hedlund	SMK Kungsör	Ungdom E1	0:09:57,30	0:09:36,99	0:09:15,99	0:09:25,22		0:11:55,84	0:10:38,13	0:10:59,07	0:11:08,51		8	1:22:57,05
4	86	Troy Bjelke	MK Orion	Ungdom E1	0:11:22,69	0:11:33,58	0:11:15,28	0:10:46,31		0:14:19,50	0:14:30,24	0:13:04,77	0:12:21,70		8	1:39:14,08