

## Resultat Aluns Motor Cup delt 6 Strängnäs 2023-08-19

Plac	S-nr	Namn	Klubb	Klass	Varv 1	Varv 2	Varv 3	Varv 4	Varv	Totaltid
		<b>Dam</b>								
1	805	Hanna Lagher	Göta MS	Dam	0:34:00,307	0:35:03,512	0:36:27,450		3	1:45:31,269
2	580	Tuva Bernhardsson	SMK Södermanland	Dam	0:37:41,658	0:37:01,391	0:35:35,519		3	1:50:18,568
3	752	Nicole Canadas Söderb	Göta MS	Dam	0:40:04,574	0:38:47,750	0:38:08,511		3	1:57:00,835
4	809	Johanna Blom	Botkyrka MK	Dam	0:39:48,236	0:39:46,356	0:38:31,665		3	1:58:06,257
5	169	Tilda Gräsman	SMC	Dam	0:42:36,802	0:40:17,789	0:39:58,616		3	2:02:53,207
6	836	Linda Palm	SMK Södermanland	Dam	0:39:05,608	0:40:38,068	0:43:44,421		3	2:03:28,097
7	47	Cornelia Lindblad	SMK Södermanland	Dam	0:44:36,624	0:42:39,651	0:43:23,584		3	2:10:39,859
8	431	Linda Söderholm	Västerås MK	Dam	0:47:34,251	0:44:46,446	0:41:35,796		3	2:13:56,493
9	64	Sofia Axelsson	FMCK Falun	Dam	0:47:09,022	0:49:22,650	0:47:48,787		3	2:24:20,459
10	27	Elin Hernodh	FMCK Strängnäs	Dam	0:53:19,700	0:51:22,937	0:48:55,388		3	2:33:38,025
11	965	Mafalda Jansson	Östhammars MK	Dam	0:51:10,980	0:59:51,940	0:55:01,688		3	2:46:04,608
		<b>Elit</b>								
1	222	Richard Alun	SMK Södermanland	Elit	0:29:29,977	0:31:18,102	0:31:08,018	0:30:19,926	4	2:02:16,023
2	888	Kim Grandell	Ålands MK	Elit	0:30:36,685	0:32:05,117	0:32:26,851	0:31:43,265	4	2:06:51,918
3	102	Christopher Wiss	Botkyrka MK	Elit	0:30:20,104				1	0:30:20,104
		<b>Junior</b>								
1	616	Anton Karlsson	Katrineholms MCC	Junior	0:28:54,587	0:30:50,411	0:30:37,749	0:29:49,799	4	2:00:12,546
2	168	Melker Oscarsson	SMK Södermanland	Junior	0:30:03,064	0:30:52,871	0:31:24,748	0:29:57,147	4	2:02:17,830
3	301	Hugo Josefsson	Mälare MCK	Junior	0:29:52,911	0:31:00,244	0:31:49,549	0:30:56,365	4	2:03:39,069
4	206	Isak Samuelsson	MK Orion	Junior	0:30:35,642	0:31:40,174	0:31:56,295	0:31:28,323	4	2:05:40,434
5	181	Mattias Bosell	SMK Hedemora	Junior	0:30:35,783	0:32:02,175	0:31:45,806	0:31:38,117	4	2:06:01,881
6	75	Mattias Henriksson	MK Orion	Junior	0:31:09,390	0:32:29,186	0:31:44,129	0:32:04,008	4	2:07:26,713
7	104	Dennis Lundqvist	Botkyrka MK	Junior	0:31:52,692	0:33:01,920	0:32:50,231	0:31:46,876	4	2:09:31,719
8	332	Alexander Wedin	FMCK Strängnäs	Junior	0:32:02,463	0:33:16,620	0:31:53,866	0:32:55,088	4	2:10:08,037
9	230	Lucas Borg	Mälare MCK	Junior	0:32:12,801	0:32:51,677	0:33:26,367	0:32:24,763	4	2:10:55,608
10	42	Klas Ullerstam	Värmdö MK	Junior	0:32:40,897	0:33:49,036	0:33:36,607	0:32:32,309	4	2:12:38,849
11	335	Jack Harold	MK Orion	Junior	0:31:54,944	0:33:31,340	0:34:10,815	0:36:58,830	4	2:16:35,929
12	227	Andreas Göhle	FMCK Strängnäs	Junior	0:37:30,743	0:37:20,937	0:37:58,585	0:37:33,001	4	2:30:23,266
13	437	William Hillberg	AMF Årsunda	Junior	0:40:31,645	0:45:05,277			2	1:25:36,922
		<b>M 16-39</b>								
1	228	Markus Rönquist	Göta MS	M 16-39	0:31:30,740	0:33:06,009	0:32:59,963		3	1:37:36,712
2	161	Pär Andersson	Fagersta-Norberg EK	M 16-39	0:32:28,185	0:33:01,696	0:32:12,174		3	1:37:42,055
3	129	Axel Älvebrink	Östhammars MK	M 16-39	0:32:19,287	0:33:14,527	0:32:20,270		3	1:37:54,084
4	153	Victor Norström	MSK Skinnskatteberg	M 16-39	0:32:05,865	0:32:52,642	0:33:04,874		3	1:38:03,381

5	23	Linus Öberg	FMCK Strängnäs	M 16-39	0:32:01,463	0:34:00,327	0:32:24,333		3	1:38:26,123
6	991	Anders Wallenqvist	Göta MS	M 16-39	0:32:15,135	0:33:41,878	0:33:31,864		3	1:39:28,877
7	488	Robin Wicksell	Rasbo MK	M 16-39	0:32:54,843	0:33:46,498	0:33:11,889		3	1:39:53,230
8	294	Alexander Johansson	Östhammars MK	M 16-39	0:34:47,758	0:33:12,817	0:33:07,296		3	1:41:07,871
9	304	Emil Hurtig	Hedeby MCK	M 16-39	0:33:07,245	0:33:25,718	0:34:42,737		3	1:41:15,700
10	993	Kalle Lindén	Mälardalens EK	M 16-39	0:34:07,919	0:34:05,115	0:33:43,598		3	1:41:56,632
11	7	Robert Allen	Åsätra MK	M 16-39	0:34:34,814	0:34:08,800	0:33:41,303		3	1:42:24,917
12	26	Pontus Matilainen	FMCK Strängnäs	M 16-39	0:34:03,362	0:34:45,487	0:33:39,323		3	1:42:28,172
13	581	Jakob Rosander	Mälärö MCK	M 16-39	0:33:25,073	0:34:33,422	0:34:48,429		3	1:42:46,924
14	273	Daniel Qvarnström	SMK Södermanland	M 16-39	0:34:58,043	0:35:01,504	0:32:47,497		3	1:42:47,044
15	55	Simon Trygg	Botkyrka MK	M 16-39	0:34:05,075	0:35:25,185	0:34:22,040		3	1:43:52,300
16	522	Victor Joensuu	MSK Hammaren	M 16-39	0:34:42,164	0:34:52,858	0:34:23,729		3	1:43:58,751
17	341	Philip Lizell	Rättvik Boda MK	M 16-39	0:34:59,549	0:35:18,999	0:34:18,021		3	1:44:36,569
18	428	Niklas Bierfeldt	FMCK Strängnäs	M 16-39	0:35:00,327	0:35:23,276	0:34:32,979		3	1:44:56,582
19	553	Ludde Sehman	MCK 4 All	M 16-39	0:35:21,876	0:35:28,963	0:34:13,703		3	1:45:04,542
20	419	Theo Ferm Lundgren	Mälärö MCK	M 16-39	0:35:32,948	0:35:35,174	0:34:51,092		3	1:45:59,214
21	853	Kristian Griplind	Göta MS	M 16-39	0:35:47,185	0:35:22,472	0:35:04,027		3	1:46:13,684
22	245	Axel Gunnarsson	Östhammars MK	M 16-39	0:35:23,164	0:35:57,083	0:35:15,091		3	1:46:35,338
23	185	Martin Holmström	FMCK Stockholm	M 16-39	0:35:18,533	0:35:25,890	0:36:07,847		3	1:46:52,270
24	58	Andreas Boukaras	Uppsala MK	M 16-39	0:36:08,612	0:35:57,380	0:35:21,997		3	1:47:27,989
25	704	Erik Strand	Uppsala MCK	M 16-39	0:35:30,411	0:35:56,062	0:36:22,785		3	1:47:49,258
26	355	Alexander Karlsson	SMK Södermanland	M 16-39	0:36:16,263	0:36:27,333	0:35:15,355		3	1:47:58,951
27	238	Jonas Alm	Rasbo MK	M 16-39	0:36:50,421	0:35:53,841	0:35:37,731		3	1:48:21,993
28	28	Carl Dahlgren	SMK Kungsör	M 16-39	0:36:51,130	0:36:35,583	0:34:58,754		3	1:48:25,467
29	521	Dennis Simonetti	Botkyrka MK	M 16-39	0:32:58,687	0:33:41,751	0:41:52,503		3	1:48:32,941
30	467	Leo Martin	Göta MS	M 16-39	0:36:09,817	0:36:41,468	0:35:49,688		3	1:48:40,973
31	234	Hjalmar Lundin	Botkyrka MK	M 16-39	0:36:59,689	0:36:21,256	0:35:28,015		3	1:48:48,960
32	408	Per Johansson	SMK Södermanland	M 16-39	0:38:12,486	0:36:24,004	0:34:38,117		3	1:49:14,607
33	724	Christian Svensson	FMCK Strängnäs	M 16-39	0:37:06,058	0:37:20,295	0:36:02,308		3	1:50:28,661
34	481	Vincent Lavender	Hedeby MCK	M 16-39	0:37:07,970	0:37:25,476	0:35:55,773		3	1:50:29,219
35	643	Alexander Olsson	FMCK Stockholm	M 16-39	0:36:45,335	0:36:36,898	0:37:15,822		3	1:50:38,055
36	334	Joackim Molander	Göta MS	M 16-39	0:37:14,585	0:38:18,455	0:35:20,316		3	1:50:53,356
37	798	Andreas Thyr	Östhammars MK	M 16-39	0:36:42,045	0:37:35,983	0:37:03,444		3	1:51:21,472
38	393	Dick Svallbring	SMK Södermanland	M 16-39	0:37:12,017	0:38:20,695	0:40:14,888		3	1:55:47,600
39	150	Carl-Axel Vegraeus	FMCK Stockholm	M 16-39	0:38:32,922	0:39:13,066	0:38:07,176		3	1:55:53,164
40	192	Jimmy Forslund	Åbågen MCK	M 16-39	0:39:55,178	0:37:59,655	0:38:02,919		3	1:55:57,752
41	118	William Eriksson Ander	Åsätra MK	M 16-39	0:39:08,768	0:40:31,466	0:37:17,132		3	1:56:57,366
42	85	Joni Huczowski	Botkyrka MK	M 16-39	0:39:38,724	0:38:36,744	0:38:51,665		3	1:57:07,133
43	600	Szymon Szewczyk	Haninge MK	M 16-39	0:39:50,843	0:40:01,555	0:37:29,954		3	1:57:22,352

44	381	Linus Joensuu	MSK Hammaren	M 16-39	0:38:51,107	0:39:11,989	0:40:08,483		3	1:58:11,579
45	113	Robin Åkerblad	Botkyrka MK	M 16-39	0:40:14,265	0:39:54,483	0:38:48,164		3	1:58:56,912
46	19	Jonathan Eriksson Hafé	Danmarks Motorklubb	M 16-39	0:41:31,915	0:40:27,378	0:38:12,906		3	2:00:12,199
47	253	Viktor Dahlström	Botkyrka MK	M 16-39	0:41:49,124	0:40:51,883	0:38:40,590		3	2:01:21,597
48	490	Robin Vilhelmsson	SMK Östgöta MC-Fören	M 16-39	0:41:01,891	0:40:52,722	0:39:45,544		3	2:01:40,157
49	94	Erik Corell	Nyköpings MS	M 16-39	0:41:27,989	0:41:12,811	0:39:07,941		3	2:01:48,741
50	774	Johan Svahn	Botkyrka MK	M 16-39	0:40:44,748	0:40:38,798	0:40:49,443		3	2:02:12,989
51	785	Saku Huczowski	Botkyrka MK	M 16-39	0:41:07,406	0:40:37,801	0:41:18,438		3	2:03:03,645
52	401	Alexander Granelli	FMCK Strängnäs	M 16-39	0:39:05,374	0:45:47,463	0:40:15,674		3	2:05:08,511
53	240	Christian Morin	Mälardalens EK	M 16-39	0:41:54,151	0:40:41,515	0:42:37,960		3	2:05:13,626
54	342	Stefan Wesslén	FMCK Strängnäs	M 16-39	0:42:45,061	0:41:45,758	0:41:27,825		3	2:05:58,644
55	295	Mattias Ulander	MCK 4 All	M 16-39	0:42:51,601	0:41:20,103	0:41:55,864		3	2:06:07,568
56	252	Nicklas Carlsson	SMK Södermanland	M 16-39	0:46:55,484	0:44:04,391	0:42:30,039		3	2:13:29,914
57	638	Fredrik Toll	Danmarks Motorklubb	M 16-39	0:47:44,513	0:46:35,198	0:42:52,144		3	2:17:11,855
58	474	Mikael Lindman	Sala MSK	M 16-39	0:48:59,180	0:43:44,349	0:46:22,202		3	2:19:05,731
59	462	Jimmie Ljunggren	Åbågen MCK	M 16-39	0:53:39,060	0:53:36,958	0:51:19,874		3	2:38:35,892
60	513	Magnus Martinell	Sala MSK	M 16-39	0:38:29,355	0:38:19,466			2	1:16:48,821
61	524	Björn Andreasson	FMCK Strängnäs	M 16-39	0:36:47,470				1	0:36:47,470
62	789	Christofer Larsson	Örbyhus MCK	M 16-39	0:38:25,682				1	0:38:25,682
63	180	Thom Hawke	SMK Södermanland	M 16-39	0:39:24,175				1	0:39:24,175
64	48	Jesper Olofsson	SMK Märsta	M 16-39	0:48:45,085				1	0:48:45,085
65	445	Felix Bergman	Botkyrka MK	M 16-39	0:54:23,145				1	0:54:23,145
		<b>M 40-49</b>								
1	12	Peter Bysell	FMCK Strängnäs	M 40-49	0:30:34,046	0:31:11,809	0:31:05,438		3	1:32:51,293
2	492	Daniel Jansson	Sala MSK	M 40-49	0:33:07,675	0:33:16,221	0:32:11,988		3	1:38:35,884
3	411	Tobias Burman	Östhammars MK	M 40-49	0:32:26,179	0:33:54,903	0:33:16,793		3	1:39:37,875
4	620	Robert Eklund	Sala MSK	M 40-49	0:33:09,346	0:34:18,357	0:34:06,090		3	1:41:33,793
5	436	Morgan Vadel	Åbågen MCK	M 40-49	0:34:01,655	0:34:01,841	0:33:37,363		3	1:41:40,859
6	135	David Andersson	Botkyrka MK	M 40-49	0:33:24,003	0:34:35,495	0:34:01,046		3	1:42:00,544
7	449	Dennis Czerwiec	FMCK Strängnäs	M 40-49	0:33:52,403	0:34:40,348	0:33:58,867		3	1:42:31,618
8	590	Tomas Strandberg	Botkyrka MK	M 40-49	0:34:52,224	0:35:38,077	0:34:26,534		3	1:44:56,835
9	519	Fredrik Åkerfeldt	Uppsala MK	M 40-49	0:34:54,735	0:35:51,370	0:34:30,888		3	1:45:16,993
10	78	Anders Hedenstrand	FMCK Strängnäs	M 40-49	0:35:00,151	0:35:38,360	0:34:43,158		3	1:45:21,669
11	83	Henrik Lilja	Botkyrka MK	M 40-49	0:35:11,725	0:35:46,200	0:34:33,176		3	1:45:31,101
12	468	Tomas Eriksson	Örebro Enduroklubb	M 40-49	0:35:11,243	0:35:45,864	0:34:58,653		3	1:45:55,760
13	501	Fredrik Lindblad	SMK Södermanland	M 40-49	0:35:49,274	0:35:38,021	0:34:39,836		3	1:46:07,131
14	566	Magnus Ahlström	Värmdö MK	M 40-49	0:35:51,895	0:36:20,378	0:34:24,461		3	1:46:36,734
15	586	Dan Sjöman	Åsätra MK	M 40-49	0:37:23,054	0:35:59,673	0:34:51,377		3	1:48:14,104

16	564	Jimmy Andersson	FMCK Falun	M 40-49	0:37:12,321	0:36:06,211	0:35:16,959		3	1:48:35,491
17	727	Tony Eklund	Uppsala MK	M 40-49	0:37:46,697	0:36:29,120	0:34:52,119		3	1:49:07,936
18	188	Peter Sandberg	Åsätra MK	M 40-49	0:35:46,883	0:36:41,296	0:36:56,747		3	1:49:24,926
19	719	Peter Johansson	Woxnadalens MK	M 40-49	0:38:17,500	0:36:35,664	0:35:02,508		3	1:49:55,672
20	179	Magnus Persson	Örbyhus MCK	M 40-49	0:36:25,884	0:37:10,172	0:36:28,277		3	1:50:04,333
21	515	Robin Nässlin	SMK Gävle	M 40-49	0:38:11,838	0:37:08,740	0:36:01,623		3	1:51:22,201
22	60	Lars Olov Jonsson	Botkyrka MK	M 40-49	0:39:01,025	0:38:44,170	0:37:05,393		3	1:54:50,588
23	210	Mattias Jörgensen	Åsätra MK	M 40-49	0:39:13,771	0:40:04,864	0:36:29,658		3	1:55:48,293
24	514	Gustaf Arvidsson	Uppsala MK	M 40-49	0:38:56,400	0:38:57,405	0:38:07,356		3	1:56:01,161
25	276	Jon Johansson	Göta MS	M 40-49	0:43:07,546	0:38:38,525	0:38:15,670		3	2:00:01,741
26	702	Andrew Gratton	FMCK Stockholm	M 40-49	0:40:01,079	0:40:04,579	0:40:22,918		3	2:00:28,576
27	339	Fredrik Spång	SMK Södermanland	M 40-49	0:41:55,209	0:40:14,913	0:39:00,188		3	2:01:10,310
28	986	Mark Beveridge	Botkyrka MK	M 40-49	0:41:04,915	0:41:04,497	0:40:55,678		3	2:03:05,090
29	254	Fredrik Ehrenholm	Åsätra MK	M 40-49	0:42:00,463	0:41:55,500	0:39:43,156		3	2:03:39,119
30	597	Dan Nässlin	SMK Gävle	M 40-49	0:42:05,582	0:41:44,170	0:42:46,533		3	2:06:36,285
31	399	Joakim Nystedt	Gnesta MK	M 40-49	0:41:47,835	0:42:02,661	0:44:12,421		3	2:08:02,917
32	661	Dennis Johansson	Haninge MK	M 40-49	0:40:48,895	0:42:22,197	0:46:36,691		3	2:09:47,783
33	375	Fabian Kling	Botkyrka MK	M 40-49	0:37:57,934	0:37:36,985			2	1:15:34,919
34	260	Andreas Jonsson	Åsätra MK	M 40-49	0:34:32,950				1	0:34:32,950
35	403	Maciej Wilmowski	Haninge MK	M 40-49	0:41:09,756				1	0:41:09,756
		<b>M 50-59</b>								
1	567	Mikael Hed	FMCK Falun	M 50-59	0:31:59,971	0:30:45,512	0:29:47,662		3	1:32:33,145
2	712	Christoffer Moilanen	Göta MS	M 50-59	0:32:15,818	0:32:43,671	0:32:28,676		3	1:37:28,165
3	209	Örjan Brink	Mälardalens EK	M 50-59	0:32:16,290	0:33:37,361	0:33:14,990		3	1:39:08,641
4	455	Krister Engblom	Uppsala MK	M 50-59	0:33:29,944	0:34:27,995	0:34:49,056		3	1:42:46,995
5	36	Mikael Ohlson	Nynäshamns MCK	M 50-59	0:33:45,991	0:34:44,388	0:34:30,416		3	1:43:00,795
6	267	Carl-Ulric Wendin	Östhammars MK	M 50-59	0:33:43,814	0:34:36,865	0:35:08,025		3	1:43:28,704
7	913	Jan Karlsson	MK Orion	M 50-59	0:34:02,052	0:35:06,434	0:35:14,842		3	1:44:23,328
8	361	Roger Lindmark	Hedeby MCK	M 50-59	0:33:01,071	0:35:46,199	0:35:55,391		3	1:44:42,661
9	336	Cenneth Engstrand	Göta MS	M 50-59	0:34:46,444	0:35:27,459	0:34:30,403		3	1:44:44,306
10	542	Mattias Nyström	Arlanda MC	M 50-59	0:34:25,141	0:35:18,511	0:35:06,594		3	1:44:50,246
11	777	Peo Lutteman	Nord-Syd MK	M 50-59	0:34:56,398	0:34:58,389	0:35:27,934		3	1:45:22,721
12	205	Jonas Leidebrant	Göta MS	M 50-59	0:35:28,072	0:35:38,069	0:34:52,625		3	1:45:58,766
13	753	Jonas Green	Göta MS	M 50-59	0:35:29,724	0:35:29,102	0:36:06,337		3	1:47:05,163
14	576	Tom Stålebrant	Nyköpings MS	M 50-59	0:35:43,192	0:36:15,734	0:35:27,259		3	1:47:26,185
15	502	Fredrik Engdahl	FMCK Strängnäs	M 50-59	0:35:56,609	0:36:14,676	0:35:25,971		3	1:47:37,256
16	317	Lars-Erik Hult	Bollnäs MK	M 50-59	0:35:38,408	0:35:53,672	0:36:37,878		3	1:48:09,958
17	612	Richard Kitzberger	Upplands Väsby MK	M 50-59	0:37:03,292	0:36:29,715	0:35:06,429		3	1:48:39,436

18	424	Mikael Strand	Uppsala MCK	M 50-59	0:36:18,899	0:36:17,132	0:36:59,938		3	1:49:35,969
19	371	Klas Björk	Göta MS	M 50-59	0:36:00,611	0:36:27,373	0:37:23,825		3	1:49:51,809
20	557	Ronnie Hofberg	Sala MSK	M 50-59	0:36:03,507	0:37:56,818	0:36:21,588		3	1:50:21,913
21	414	Lars Hedenskog	Upplands Väsby MK	M 50-59	0:37:08,616	0:37:08,285	0:36:05,916		3	1:50:22,817
22	710	Christer Andersson	Östhammars MK	M 50-59	0:36:54,464	0:37:47,051	0:36:30,273		3	1:51:11,788
23	438	Peter Ferm Langmann	Mälare MCK	M 50-59	0:36:38,848	0:37:02,091	0:37:54,701		3	1:51:35,640
24	122	Stefan Roll	FMCK Stockholm	M 50-59	0:37:27,145	0:38:15,291	0:37:00,313		3	1:52:42,749
25	213	Ove Johansson	Åsätra MK	M 50-59	0:39:44,012	0:37:59,645	0:36:46,302		3	1:54:29,959
26	348	Anders Jakobsson	MX Wisby Motorklubb	M 50-59	0:37:30,646	0:38:42,160	0:38:27,669		3	1:54:40,475
27	725	Jacob Hultgren	FMCK Stockholm	M 50-59	0:37:42,221	0:38:52,192	0:38:54,334		3	1:55:28,747
28	688	Conny Kraiman	Haninge MK	M 50-59	0:39:33,263	0:38:47,201	0:37:12,312		3	1:55:32,776
29	716	Hans Eriksson	Örebro Enduroklubb	M 50-59	0:39:39,987	0:38:16,475	0:37:36,384		3	1:55:32,846
30	671	Kaj Gunnarsson	Östhammars MK	M 50-59	0:38:50,864	0:39:43,865	0:37:36,696		3	1:56:11,425
31	248	Linus Ullerstam	Värmdö MK	M 50-59	0:39:01,360	0:39:48,047	0:37:50,212		3	1:56:39,619
32	447	Thomas Norrman	Uppsala MK	M 50-59	0:38:54,343	0:39:41,219	0:38:09,522		3	1:56:45,084
33	318	Erik Forselius	Göta MS	M 50-59	0:37:56,178	0:39:07,008	0:39:59,845		3	1:57:03,031
34	172	Håkan Krusemark	Åsätra MK	M 50-59	0:41:35,008	0:39:27,144	0:36:31,237		3	1:57:33,389
35	963	Anders Mauritzon	FMCK Strängnäs	M 50-59	0:39:46,055	0:38:36,279	0:39:49,534		3	1:58:11,868
36	699	Stefan Hjelm	Åbågen MCK	M 50-59	0:39:10,420	0:38:54,753	0:40:39,649		3	1:58:44,822
37	681	Mikael Öberg	Göta MS	M 50-59	0:40:12,023	0:39:58,887	0:38:37,066		3	1:58:47,976
38	662	Johan Eklund	Upplands Väsby MK	M 50-59	0:38:46,296	0:40:37,370	0:40:38,035		3	2:00:01,701
39	226	Leif Göhle	FMCK Strängnäs	M 50-59	0:40:11,980	0:40:07,686	0:39:50,613		3	2:00:10,279
40	780	Roger Johansson	FMCK Stockholm	M 50-59	0:40:16,915	0:40:34,466	0:39:31,237		3	2:00:22,618
41	737	Peter Stjernström	SMK Södermanland	M 50-59	0:41:41,365	0:41:24,652	0:37:30,969		3	2:00:36,986
42	658	Anders Elm	Östhammars MK	M 50-59	0:39:38,657	0:40:31,765	0:41:01,365		3	2:01:11,787
43	266	Ronnie Femerström	SMK Kolmården	M 50-59	0:41:43,053	0:41:08,049	0:40:03,856		3	2:02:54,958
44	527	Torbjörn Ekström	Göta MS	M 50-59	0:41:10,438	0:43:16,601	0:40:21,123		3	2:04:48,162
45	772	Tom Karlsson	Göta MS	M 50-59	0:42:42,743	0:44:00,310	0:40:58,107		3	2:07:41,160
46	766	Göran Binett	SMK Södermanland	M 50-59	0:42:29,229	0:43:41,015	0:42:32,364		3	2:08:42,608
47	329	John Lindström	Östhammars MK	M 50-59	0:47:58,227	0:48:22,924	0:46:57,987		3	2:23:19,138
48	39	Christian Magnusson	MK Orion	M 50-59	0:50:20,163	0:48:42,378	0:47:44,433		3	2:26:46,974
49	328	Thomas Smedberg	SMK Södermanland	M 50-59	0:44:10,967	0:46:28,363			2	1:30:39,330
50	509	Tomas Pettersson	Göta MS	M 50-59	0:44:54,985				1	0:44:54,985
51	382	Thomas Klasson	SMK Vingåker	M 50-59	0:52:14,740				1	0:52:14,740
		<b>M 60-65</b>								
1	451	Björn Gottschalk	SMK Uppsala	M 60-65	0:37:44,827	0:37:51,580	0:36:36,968		3	1:52:13,375
2	143	Per Björk	Göta MS	M 60-65	0:37:38,470	0:37:52,562	0:37:51,092		3	1:53:22,124
3	763	Mårten Hultgren	FMCK Stockholm	M 60-65	0:38:31,409	0:38:02,976	0:38:15,707		3	1:54:50,092

4	797	Åke Törnqvist	AMF Södertälje	M 60-65	0:39:55,692	0:40:03,169	0:38:08,104		3	1:58:06,965
5	316	Christer Johansson	SMK Södermanland	M 60-65	0:41:23,190	0:41:59,212	0:39:51,822		3	2:03:14,224
6	256	Jan Andersson	SMK Vingåker	M 60-65	0:43:14,092	0:41:46,812	0:40:30,268		3	2:05:31,172
7	126	Torbjörn Andersson	MSK Skinnskatteberg	M 60-65	0:42:39,068	0:42:22,476	0:40:30,918		3	2:05:32,462
8	426	Claes Tell	FMCK Stockholm	M 60-65	0:44:52,166	0:41:26,283	0:41:03,207		3	2:07:21,656
9	771	Per Eklundh	Sala MSK	M 60-65	0:34:52,994	0:35:48,508	0:57:00,810		3	2:07:42,312
10	112	Kari Elfvengrén	Åsätra MK	M 60-65	0:48:06,901	0:48:14,036	0:45:42,457		3	2:22:03,394
11	686	Mikael Ahlberg	Botkyrka MK	M 60-65	0:41:41,455				1	0:41:41,455
		<b>M 65+</b>								
1	107	Rune Kumlin	Göta MS	M 65+	0:47:35,783	0:45:42,205	0:40:44,464		3	2:14:02,452
2	97	Per-Åke Rydeberg	FMCK Stockholm	M 65+	0:45:50,103	0:46:06,212	0:44:33,806		3	2:16:30,121
		<b>Senior</b>								
1	788	Emil Rönn	Uppsala MK	Senior	0:29:19,802	0:30:34,709	0:29:55,174	0:29:49,086	4	1:59:38,771
2	278	David Holmqvist	Örbyhus MCK	Senior	0:31:03,147	0:31:18,698	0:31:55,628	0:31:20,342	4	2:05:37,815
3	18	Joakim Weston	MK Orion	Senior	0:30:46,462	0:32:30,843	0:32:09,909	0:31:18,489	4	2:06:45,703
4	615	Dennis Lindkvist	MK Orion	Senior	0:30:39,153	0:31:44,834	0:32:40,741	0:32:10,160	4	2:07:14,888
5	190	Tobias Lindbom	Mälare MCK	Senior	0:32:15,853	0:32:49,731	0:32:22,969	0:31:44,588	4	2:09:13,141
6	765	Fredrik Bellqvist	Örbyhus MCK	Senior	0:31:44,216	0:32:55,818	0:32:10,861	0:33:40,658	4	2:10:31,553
7	148	Adrian Blomfeldt	Örbyhus MCK	Senior	0:32:27,745	0:33:02,006	0:33:02,009	0:32:57,414	4	2:11:29,174
8	132	Henrik Övragård	Örbyhus MCK	Senior	0:35:38,955	0:35:00,050	0:34:55,730	0:33:10,838	4	2:18:45,573
		<b>U E0</b>								
1	182	Alex Ahlén	FMCK Strängnäs	Ungdom E0	0:36:32,433	0:35:37,988	0:36:02,179		3	1:48:12,600
2	120	Emilian Edoff	Katrineholms MCC	Ungdom E0	0:41:46,231	0:42:21,703	0:39:28,979		3	2:03:36,913
3	489	Joel Ljungström	SMK Vingåker	Ungdom E0	0:40:48,688	0:44:06,094	0:40:51,985		3	2:05:46,767
4	346	Thor Wernersen	Katrineholms MCC	Ungdom E0	0:49:25,057	0:45:04,023	0:47:40,529		3	2:22:09,609
5	326	Edvin Gustafsson	Katrineholms MCC	Ungdom E0	0:41:33,151				1	0:41:33,151
		<b>U E1</b>								
1	485	Liam Ljungström	SMK Vingåker	Ungdom E1	0:30:11,218	0:31:50,637	0:32:12,654		3	1:34:14,509
2	906	Fritz Blomfeldt	Örbyhus MCK	Ungdom E1	0:32:52,494	0:32:51,070	0:32:42,218		3	1:38:25,782
3	322	Liam Qvist	Åbågen MCK	Ungdom E1	0:32:36,520	0:34:07,272	0:35:03,674		3	1:41:47,466
4	364	Anton Fellebro	Karlskoga EK	Ungdom E1	0:34:10,749	0:34:50,258	0:33:45,320		3	1:42:46,327
5	236	Max Ferm Lundgren	Mälare MCK	Ungdom E1	0:35:37,323	0:35:45,185	0:34:50,441		3	1:46:12,949
6	302	William Sanfridsson Lin	FMCK Strängnäs	Ungdom E1	0:38:06,642	0:37:58,846	0:37:04,252		3	1:53:09,740
7	224	Nils Norrman	Åbågen MCK	Ungdom E1	0:38:56,852	0:40:01,081	0:38:23,056		3	1:57:20,989
8	197	Viktor Öberg	FMCK Strängnäs	Ungdom E1	0:39:58,514	0:36:35,485	0:41:06,114		3	1:57:40,113
9	802	Linus Eriksson	Arlanda MC	Ungdom E1	0:40:23,522	0:39:09,505	0:38:09,771		3	1:57:42,798
10	158	Albin Brink	Mälardalens EK	Ungdom E1	0:38:59,478	0:40:23,461	0:41:11,524		3	2:00:34,463

11	108	Leon Mattsson	Östhammars MK	Ungdom E1	0:44:13,166	0:45:34,856	0:44:54,482		3	2:14:42,504
12	918	Loke Åkesson	Woxnadalens MK	Ungdom E1	0:49:08,464	0:46:10,249	0:46:52,316		3	2:22:11,029
13	270	Mathias Johansson	Åsätra MK	Ungdom E1	0:58:43,698	0:54:06,648	0:49:23,597		3	2:42:13,943
14	999	Frej Nystedt	Gnesta MK	Ungdom E1	0:39:35,169	0:39:25,449			2	1:19:00,618
15	323	Linus Smolsky	Botkyrka MK	Ungdom E1	0:34:30,081				1	0:34:30,081